

Family Faith at Home



Alleluia! Christ is Risen!

On behalf of the entire staff of the Department of Youth Faith Formation, we pray for a blessed and holy Easter!



Easter Sunday: The Resurrection of the Lord

Mass Readings:

Acts 10: 34a, 37-43

Psalms 118: 1-2, 16-17, 22-23

Colossians 3: 1-4

Easter Sequence

John 20: 1-9

Readings can also be found at the United States Conference of Catholic Bishops.

Discuss

After reading the Sunday readings, discuss as a family:

1. In the first reading, Peter preaches a message that speaks of some of the central points we believe as Christians. Imagine you were in the crowd. Would you have believed Peter? If you say, “maybe,” would you be willing to find out more about this man who did such remarkable things? Are you willing now?
2. Who did Peter say Jesus is? What did Jesus tell his Apostles to do?
3. In the Responsorial Psalm we hear, “This is the day the Lord has made. Let us rejoice and be glad.” This is a good prayer to start your day before getting out of bed. When else might you say these words?

4. The Gospel tells us, “they did not yet understand the Scripture that he had to rise from the dead.” Why do you think it was so hard for them to understand even though they had been with him for three years and heard and witnessed all he said and did? Who do you think came to help them understand? Who helps us understand?

Share

During the Mass on Easter Sunday, we pray the words of the Sequence. There are presently five sequences for the Mass during the liturgical year. We sing or pray a sequence on the feasts of Easter, Pentecost, Corpus Christi, All Souls Day and the Stabat Mater (Sorrowful Mother) for Our Lady of Sorrows. The sequence is part of the Liturgy of the Word and is sung or prayed before the Alleluia. Have you missed the Alleluia? We have not raised our voices in this proclamation of praise all during the Lenten season. This solemn time focuses us on Jesus’ Passion as we prepare to celebrate the Resurrection. During this time we prepare with special prayers like the Stations of the Cross, with almsgiving and contrition. On Easter Sunday we again, with joy, proclaim, “He is Risen. He is alive! Alleluia!”

Watch

For families with small children, [watch this video](#).
For families with older children, [watch this video](#).

Pray

Easter Sunday Table Blessing

Creator God and Lord of Life, You call forth from the darkness of sin and death all those who love You. We rejoice, on this Easter Sunday, in the Resurrection of our Lord, Jesus Christ. Visit our home and this table with Your bright blessing of peace and life. We ask this in the name of Jesus, our Risen Lord. Amen.

Do

Color Easter eggs! The hard shell of an egg would never lead anyone to think there is life inside! The shell of the egg is just like the tomb where Jesus was placed when he died. We might never think that life would emerge from that hard and dark place. But it did! From the egg comes the new life of the chick. From the tomb comes the new life of Jesus. The Easter egg is a symbol of new life. The many beautiful colors of the egg represent the glorious colors of spring in bloom – new life emerging from the hardened earth and the barren trees. Even nature sings of Resurrection!

