

Roman Catholic Diocese of Rochester
MONROE COUNTY
CYO BASKETBALL RULES
7th – 12th Grade
2013-2014 Season

1. Philosophy

- 1.1. 7th -12th grade (7/8 and 9-12) CYO basketball is intended to provide young athletes with an opportunity to have fun, improve their basketball skills and play the game in an environment that promotes Catholic values and sportsmanship. It provides for the development of young people's spiritual, emotional, social and physical potential.
- 1.2. Young athletes who play CYO basketball at this level are playing for both the love of the game and to experience a fair competition in a safe and holy environment. Coaches and Assistant Coaches should always put the experience of the players first in their instruction and coaching. In this league, games will be officiated by two diocesan paid referees.
- 1.3. Coaches and referees should have a conversation prior to the game to clarify understanding of these rules.

2. Equipment

- 2.1. Regulation equipment is used. A regulation sized ball is required.

3. Officials

- 3.1. All games will be provided two referees assigned by the Diocese of Rochester CYO. Only these two officials are allowed on the court. Parishes and schools will not provide their own referee to assist.

4. Player Eligibility

- 4.1. CYO Athletics teams do not hold tryout nor do they cut players. As a ministry of the Church, CYO Athletics should be open to all age appropriate parishioners and students of Seton/Siena who wish to play. All team members will play in every scheduled game.
 - 4.1.1. For 7/8 CYO Teams
 - 4.1.1.1. Players at the 7/8 grade level who are enrolled in a Catholic school that offers CYO basketball may elect to play basketball for either their parish team or their school team. No player can play for more than one CYO team.
 - 4.1.1.2. 7/8 girls and 7/8 boys who currently play modified B basketball at school can retain eligibility to play CYO basketball.
 - 4.1.1.3. 7/8 girls and 7/8 boys who currently play modified A basketball for their school are ineligible to play for any CYO 7/8 team.
 - 4.1.1.4. 7/8 girls who play Freshman basketball at Mercy are ineligible to play on a CYO team.
 - 4.1.1.5. Any player who is 15 years of age before July 1, 2013 is ineligible. Verification of birthdate is required using either a birth or baptismal certificate.
 - 4.1.1.6. Any player enrolled in grades 9-12 is ineligible to play 7/8 CYO basketball.
 - 4.1.1.7. Any player who plays for any public or private high school team, whether or not a league sanctions the team, is ineligible to play on a CYO team.

4.1.1.8. 7th and 8th graders may only play CYO 7/8 ball for two years. EXCEPTION: If a boy/girl began playing 7/8 ball while in 6th grade, they may play for a third year.

4.1.2. For 9/12 CYO Teams

4.1.2.1. Eligibility rules for high school players will be governed by the Section V eligibility rules and NYS Public High School Athletic Association rules except for the following exceptions/additions:

4.1.2.1.1. Players must be enrolled in grades 9-12 and must be carrying at least four academic subjects.

4.1.2.1.2. For the purpose of determining eligibility for 9th graders, the date of enrolling for three or more 9th grade units is considered the date of entry into 9th grade.

4.1.2.1.3. No player may participate if he/she has reached his/her 19th birthday before July 1, 2013. Verification of birthdate is required using either a birth or baptismal certificate.

4.1.2.1.4. A player may only be eligible to play 4 seasons of CYO basketball.

4.1.2.1.5. Any player who is on a public or private high school team, whether or not a league sanctions the team, is not eligible to play CYO basketball in any county of the diocese.

5. Team Makeup

5.1. Teams will have a minimum of 10 players and a maximum of 14 players. Diocesan CYO Administration reserves the right to question any roster submitted for registration.

6. Team Eligibility

6.1. Players must be registered members of sponsoring parish/Seton/Siena for at least one year unless the player has had a physical address change within the last year.

6.2. Teams must register players from their own parish/Seton/Siena first.

6.3. No player may be cut from a parish/Seton/Siena team to accommodate a Catholic non- parishioner/student.

6.4. A minimum of 66% (2/3) of each team roster must be composed of registered parishioners/students from the sponsoring parish/cluster/Seton/Siena. If a roster cannot be filled in this way, Catholic non- parishioners who live within the parish boundaries may be offered a chance to play. Rosters must include information about the "sending" parish.

6.5. Teams may not register players from another parish/Seton/Siena with a CYO team without the express consent of both Athletic Directors and the Diocesan CYO Administrator.

6.5.1. NOTE: Any violation of team or player eligibility rules may result in suspension of the player/coach/and/or team from further CYO play for part of the remaining season and/or into the next season.

7. Schedules

7.1. The CYO league schedules 12 games per team, usually divided into 5 home games and 5 away games.

7.2. Individual teams may choose to participate in tournaments hosted by outside schools, parishes or organizations. No team may participate in more than a total of 30 games each season.

- 7.3. Participation in CYO athletics must never interfere with players' academic responsibilities or with participation in parish religious education or youth ministry activities. Coaches are expected to be attentive to this standard.
- 7.4. All CYO Athletics games must start at or after 1:00 p.m. on Sundays.

8. RULES

- 8.1. Code of Conduct
 - 8.1.1. Coaches, players and parents are required to sign a Code of Conduct. Behavior contrary to the Code and/or unsportsmanlike conduct may result in Technical Fouls or disciplinary action. Trash talking and rough play on court may result in removal from the game and/or suspension of the game by officials. The Diocesan CYO Administrator and the Director of the Department of Evangelization and Catechesis, in consultation with the CYO Advisory Committee, will make binding determinations of penalties/suspensions for repeated misconduct by players, coaches, teams or fans.
- 8.2. National High School Federal Basketball (NHSFB) rules
 - 8.2.1. In the Diocese of Rochester, CYO teams will follow the NHSFB rules with the following exceptions for this grade level:
 - 8.2.1.1. All members of a high school team **MUST** play at least four minutes per half.
 - 8.2.1.2. Any player who receives a Technical Foul, will sit out the next two quarters. (For example a player is given a Technical in the last minutes of the 4th quarter would miss the first ½ of his or her next scheduled game.) All Technical Fouls will be reported to the official assigner who reports to the Diocesan CYO Administrator.

9. Protests

- 9.1. Teams may only protest eligibility and interpretation of rules. Judgment calls are not a reason for protest.
- 9.2. All protests must be signed by the Athletic Director and/or the Pastor/Pastoral Administrator or Parochial Vicar.
- 9.3. Game protests must be received at the diocesan CYO office within two business days of the date of the game being protested.
- 9.4. Game protests must be initiated at the time of the infraction by notifying the referee who will mark both scorebooks.
- 9.5. No eligibility protests can be submitted after January 1, 2014.
- 9.6. Protest letters must contain as much proof as possible pertaining to the alleged infraction of the rules. Protests should be submitted along with a money order in the amount of \$25.00, made payable to the Diocese of Rochester. This bond will be returned if the protest is sustainable.
- 9.7. Decisions regarding protests are made by the Diocesan CYO Administrator and the Department of Evangelization and Catechesis with advice from the CYO Advisory Committee.

10. Team Assignment

- 10.1. Diocese of Rochester CYO reserves the right to reassign teams to a different division depending on ability.
- 10.2. Failure to abide by these rules may result in games forfeited or suspension from CYO.
 - 10.2.1. These decisions are the sole responsibility of the Diocesan CYO Administrator and the Department of Evangelization and Catechesis.

These decisions are binding. Teams that are suspended will not receive refunds for any part of the season.

11. Gym Time

- 11.1. All parishes are expected to offer enough gym time to schedule all home games on the home court.
- 11.2. If a parish is unable to offer sufficient home time for each team, some teams may have all home games scheduled at another facility.

12. COACHES: Qualifications/Responsibilities/Supervision

- 12.1. Qualifications
 - 12.1.1. The registered coach of a team must be at least 21 years of age.
 - 12.1.2. All Coaches and Assistant Coaches must be credentialed by the Diocesan Department of Evangelization and Catechesis and wear their credentials for all games and practices. This includes having a current background check.
 - 12.1.3. Coaches must exemplify the behavior of a committed Christian adult and witness to the philosophy of Youth Ministry by:
 - 12.1.4. Recognizing the purpose of CYO Athletics is to promote the spiritual, emotional, intellectual, social and physical well-being of each player.
 - 12.1.5. Offering opportunities for players to live out their faith by participating in celebration of the Eucharist, prayer and service.
 - 12.1.6. Emphasizing the ideals of ethical conduct, sportsmanship and fair play.
 - 12.1.7. Encouraging leadership, initiative and good judgment by all players.
 - 12.1.8. Remembering that an athletic contest is only a game and that most school aged players play for fun.
 - 12.1.9. Encouraging friendly and respectful attitudes and behaviors between visitors and host.
- 12.2. Responsibilities
 - 12.2.1. The coach is responsible for:
 - 12.2.2. The conduct of his/her players at all times including games, practices and team travel.
 - 12.2.3. Explaining the spirit, philosophy and rules of CYO basketball to all parents and fans.
 - 12.2.4. Repeated poor behavior of fans.
 - 12.2.5. The final score of the game.
 - 12.2.6. If a team is ahead by a comfortable lead, CYO coaches are expected to substitute bench players, stop pressing, stop fast breaks, slow down defense, etc.
 - 12.2.7. If a team runs up scores by a large margin, the Diocesan CYO Administrator may take action to penalize the team. This can include moving the team to a higher division or suspending the team for some or all of the season.
 - 12.2.8. Timely submission of entry forms, fees, and complete and accurate team rosters.
 - 12.2.9. Giving all forms for the team to their Athletic Director before the start of the season and for keeping the material updated throughout the season, including permission slips and signed Codes of Conduct.
 - 12.2.10. Submitting the score to the CYO office by 9:00 a.m. the morning after the game. Please include the coach's name, the team played, the division, what age/gender group and the score of both teams.
 - 12.2.11. Adhering to the rule of no practices or games scheduled before 1:00 p.m. on Sundays.

- 12.2.12. Supervising pickup of players by the adults who are authorized to pick them up. Players can never be left alone to wait for “rides” or pickup at the end of games or practices.
- 12.3. Supervision
 - 12.3.1. There must be two people age 21 or over present for all games and practices. If these adults are not Coaches or Assistant Coaches, they must be compliant with diocesan standards for volunteers working with school aged children.
 - 12.3.2. The Coach or an adult as described above must be with the team at all times.

13. Transportation

- 13.1. It is the policy and practice of the Diocese of Rochester that parents/guardians are responsible for arranging transportation for their children to and from parish/school sponsored events.
- 13.2. If a Coach does arrange and/or provide transportation to and from events for players on his/her team, he/she is bound by the diocesan transportation policy and must have an annual DMV check and meet minimum standards for insurance and safety.

14. Tournaments

- 14.1. CYO sponsors two tournaments, the Monroe County Tournament and the Bishop’s Tournament.