


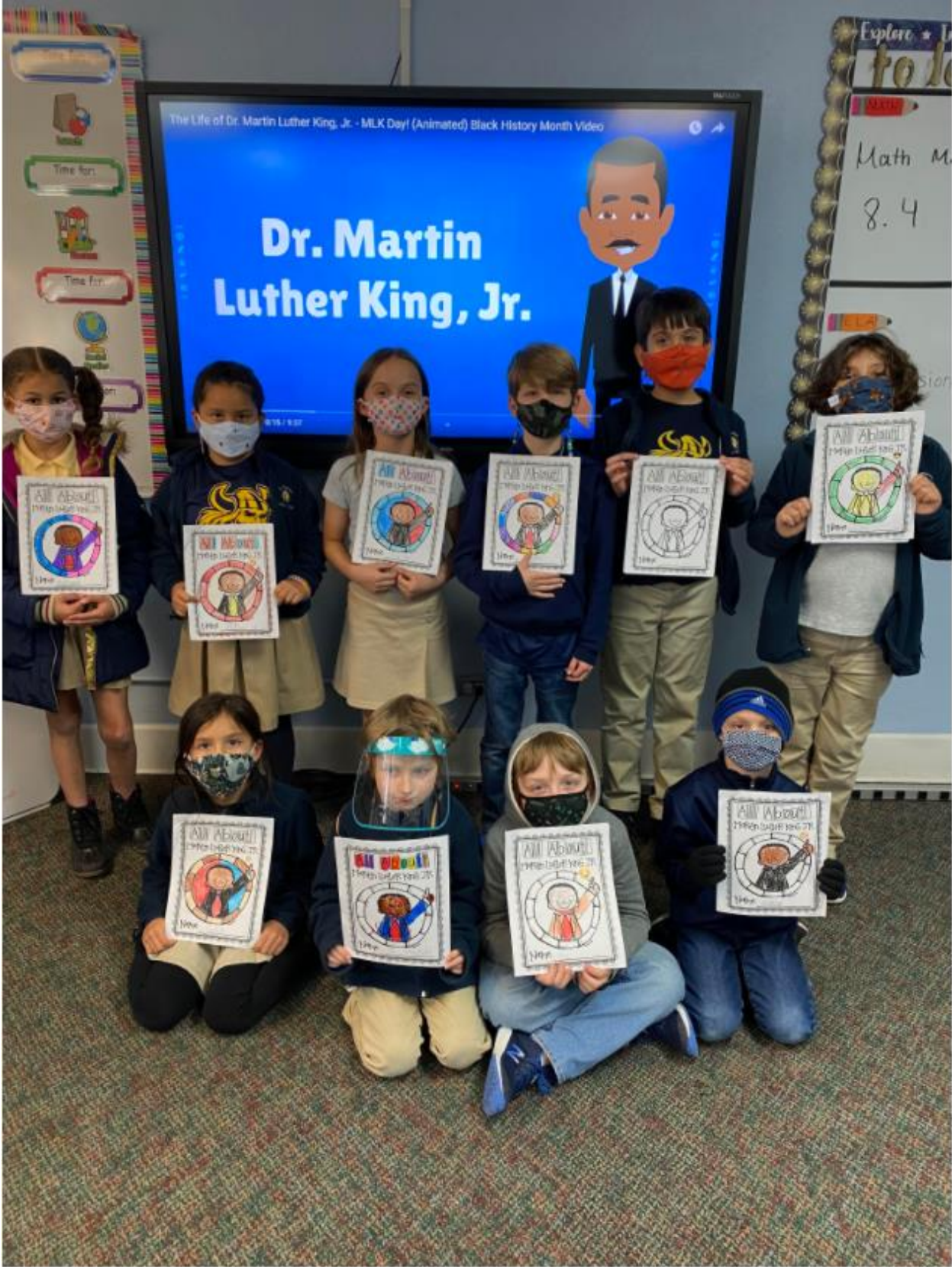
Peek of the Week

Fund the Mission of **St. Theresa** 

Jan. 18-22, 2021



St. Theresa
Catholic School
in Memorial Park



School Information

This week was filled with activities in commemoration of MLK Day. Students learned about the work and legacy of Dr. Martin Luther King Jr. Ms. Lucero's second graders shared their class activity, a picture book titled **All About Martin Luther King Jr.** For events happening around the city we have shared a couple of links below.

Have a great MLK Day and we look forward to seeing everyone on Tuesday.

[HOUSTONIA MAGAZINE MLK DAY EVENTS](#)

[365 HOUSTON MLK EVENTS](#)



Fund the Mission
of **St. Theresa**

Congratulations to Mrs. Masi's class for reaching 100% family participation in the School Annual Fund Campaign. We would also like to acknowledge these employers for their matching gifts to the annual fund; Chevron, ConocoPhillips, Exxon, HESS, Howard Hughes, Kinder Morgan, Pfizer, Shell. For more information about matching gifts and the annual fund visit <https://www.sttheresaschool.cc/fund-the-mission>.



Counselor Corner

This next week we will be talking and learning about emotional regulation. Emotional regulation can be improved by learning new coping skills to use during difficult moments. We will be reviewing different skills next week and be ready to role-play in class.

This week's mindfulness activity is an easy outside activity to try with your child. First go outside on a cloudy day and look into the sky. Have your child describe all the shapes they see in the clouds and if they are reminded of any animals. The clouds exercise is a fun way to take a break and focus on the moment together.

Have a wonderful weekend

Kirstie Carmichael LMSW



Steps4Students

[STEPS 5K Registration Link](https://steps4students.org)

THIS YEAR ALL STUDENTS WHO REGISTER WILL HAVE THEIR PICTURE TAKEN WITH THEIR STEPS SHIRT AND MEDAL AS A KEEPSAKE FOR PARTICIPATING IN THEIR FIRST VIRTUAL 5K!

There's a first for everything including our first "Virtual" 5K! Parents this year students can participate in their very first Virtual 5K. Students will have an opportunity to get in some miles at home and at school!

Included with each registration is access to the JoyRun app. The app will track miles and time. Also all students that register will receive a "Race in a Box" Steps for Students themed SWAG (aka box of goodies).

Prizes will be awarded for the following categories!

- Family Teams that raise more than \$200
- Class with 100% participation
- Grade with 100% participation
- Student with the highest number of miles logged
- Class with the highest number of miles logged

**April 25, 2021
Houston Polo Club**





ST. PIUS X HIGH SCHOOL
Dominican Sisters of Houston ★ 1956

ST. PIUS X HIGH SCHOOL HOSTS

ST. THERESA PARENT ZOOM

**Join our Principal and Head of School
for a virtual Q&A session**

**TUESDAY, JANUARY 19, 2021
10 AM**

**Please RSVP to
Eva Dix**

**Associate Director of Enrollment Management
Email: dixe@stpiusx.org**



Proud Sponsors of St. Theresa Catholic School Golf Tournament



School Calendar

Monday, January 18

No School Martin Luther King Jr. Day

Wednesday, January 27

Little Flower Awards following Mass

Sunday, January 31

School Spirit Sunday

January 31-February 6

Catholic Schools Week

[Click Here to View the School Calendar](#)

St. Theresa Catholic School

St. Theresa Catholic School is a diverse community of Love
rooted in Faith, Service and Knowledge.

6500 Durford Street | Houston, TX 77007

StTheresaSchool.cc | P: 346-335-1700

Office Hours

Monday - Friday: 7:30 am – 4:00 pm | Dismissal at 3:30 pm

Weekly Mass

Wednesday at 8:10am (Mass uniform required)

[Find us on Facebook](#)

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