


Peek of the Week

Fund the Mission of St. Theresa 

Oct 19-23, 2020



St. Theresa
Catholic School
in Memorial Park

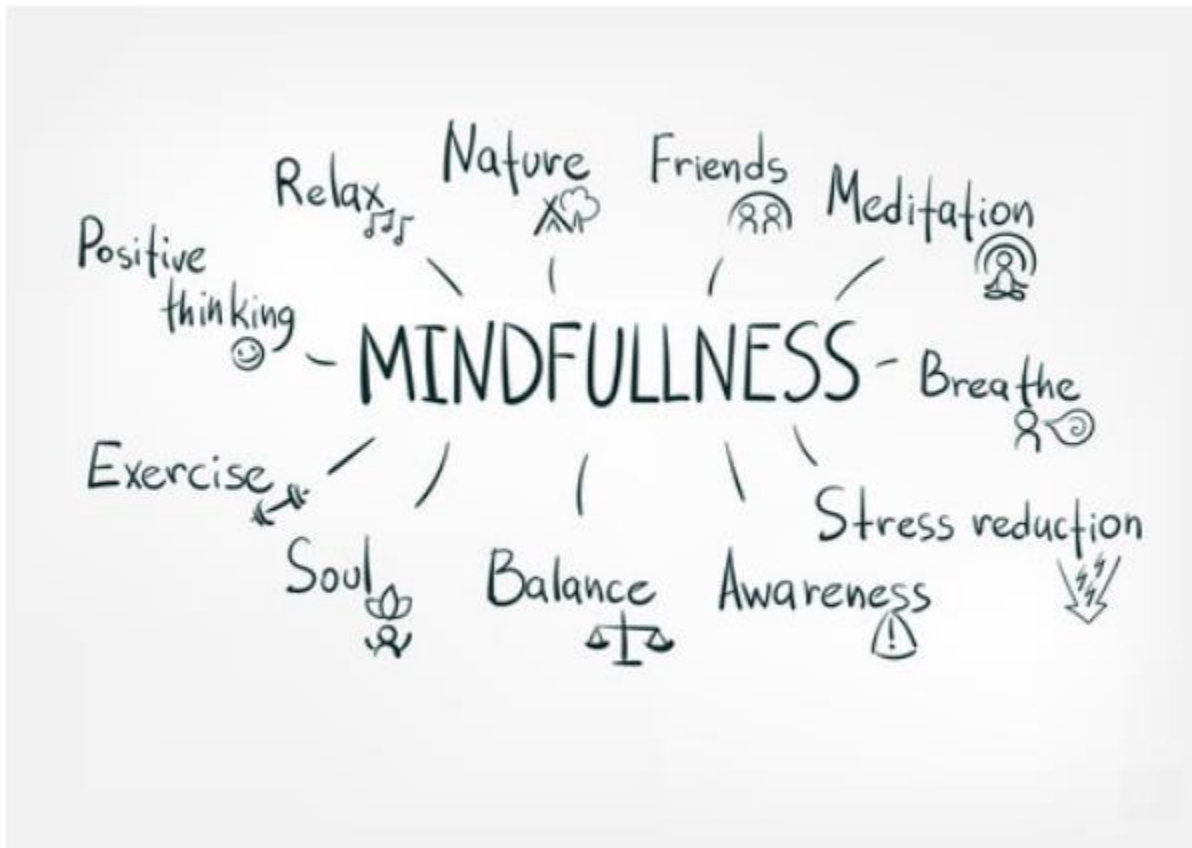


School Information

This week we thought we would share a glimpse into the classroom activities happening throughout the campus. Our counselor, Ms. Carmichael, worked with each grade level on keeping safe during COVID-19 and relating safety back to being responsible, being a good friend, and how to cope with big life changes. Students have done a wonderful job thinking about how to communicate big emotions during this time, and staying focused on their goals.

Also in honor of Hispanic Heritage Month our middle school students presented their research of Hispanic Americans who have positively influenced and enriched our nation and society.

It has been a wonderful week of learning and growing! Have a great weekend and hope everyone enjoys the cooler weather.



Counselor Corner

This weeks mindfulness exercise can help gain focus while having a fun with your child . First have your child do jumping jacks for one minute . Stop and ask them to put their hand over their heart . Ask if their heart is beating fast or slow and if they are breathing fast or slow . If they still need focus you can ask them to count the beats and see if their

heart beats slow down . This will help get out the wiggles and get them ready to focus on the next task.



Golf Tournament

Register to play a round of golf on December 4 at St. Theresa's Annual Viking Cup Golf Tournament for a great cause. Proceeds from this event benefit St. Theresa Catholic School and tuition assistance. There are several sponsorship opportunities available. Sponsorships start at \$100! If you would like to volunteer be sure to sign up on the volunteer sign-up in peek of the week.

[Registration Link](http://www.StTheresa.cc/Golf)



Volunteer Opportunities

[Volunteer Sign-Up](#)

Even though we are not able to have parent visitors on campus, we can still use your help! We have several opportunities for parents to get involved with the planning of several events that are scheduled to take place throughout the year. With your support we know it will be a great year!



St. Theresa Catholic School is looking for a Bookkeeper, for more information please [click here](#) to contact **Melissa Ilski** or call the school office at **346-335-1700**.

Calendar

Sunday, October 25, 2020

School Spirit Sunday & Open House

October 26-30, 2020

Red Ribbon Week

Friday, October 30, 2020

Halloween Dress-Up Day

[Click Here to View the School Calendar](#)

St. Theresa Catholic School

St. Theresa Catholic School is a diverse community of Love
rooted in Faith, Service and Knowledge.

6500 Durford Street | Houston, TX 77007

StTheresaSchool.cc | P: 346-335-1700

Office Hours

Monday - Friday: 7:30 am – 4:00 pm | Dismissal at 3:30 pm

Weekly Mass

Wednesday at 8:10am (Mass uniform required)

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