


Peek of the Week

Fund the Mission of St. Theresa 

Dec 7-11, 2020



St. Theresa
Catholic School
in Memorial Park



**Ronald McDonald
House Charities®**

School Information

On Monday December 7 we will raise awareness for families in need by collecting donations for the Ronald McDonald House Charities. The mission of RMHC is to create, find, and support programs that directly improve the health and well-being of children and their families. To learn more about this charity visit their website at www.rmhc.org.

It is always such a blessing to be able to support others especially during the season of giving! Students are encouraged to participate in Awareness Day by donating a \$1. Students can wear red and yellow in recognition of Ronald McDonald House or the Deck the Halls Christmas wear - something with a Christmas tree. Please have your child give their donation to their homeroom teacher.

[Christmas Cheer Calendar](#) Free Dress for the month of December.

CHRISTMAS MINDFULNESS

Counselor's Corner

I hope everyone had a wonderful week. We covered self-esteem this week and students worked hard on identifying ways to build self-esteem by positive actions and self-talk. This next week will be going over perseverance in difficult situations and in reaching long-term goals. This week's mindfulness activity is a fun Christmas activity to do with your children:

First have them collect 5 items. They could be things found inside or outside at Christmas time. They'll need: 1 thing that looks like Christmas, 1 that sounds like Christmas, 1 that tastes like Christmas, 1 that smells like Christmas, and 1 that feels like Christmas. Once they have their 5 items, everyone comes together to share their items and talk about why they are meaningful for them. Ask your children why these items are important, whether they have happy memories associated with them, or how the items make them feel.



Steps4Students

This year Steps for Students 5K has gone virtual. Our school will be in it to win it. Families that register will receive a "Race in a Box" Steps for Students themed SWAG (aka box of goodies) for each student registrant.

[STEPS 5K Registration Link](#)

UNIFORM
SALE

PTO Used Uniform Sale

This Saturday, December 5 our PTO will be hosting a used uniform sale in the gym from 10am-12pm. All items are \$5 each (the PTO no longer accepts exchanges). All attendees are required to wear a mask and will have their temperatures checked at the door.

amazonsmile



How can I earn money for St. Theresa?

When you shop this holiday season, Amazon will donate .5% of your eligible purchases back to the school. Simply use the [St. Theresa Smile Amazon Link](#) every time you shop.

School Calendar

Saturday, December 5

Used Uniform Sale

Monday, December 7

Awareness Day Ronald McDonald House Houston. Help us raise awareness for families in need by donating \$1.

Tuesday, December 8

Mass Day - Immaculate Conception of the Blessed Virgin Mary

Wednesday, December 9

No Mass

[Click Here to View the School Calendar](#)

St. Theresa Catholic School

**St. Theresa Catholic School is a diverse community of Love
rooted in Faith, Service and Knowledge.**

6500 Durford Street | Houston, TX 77007
StTheresaSchool.cc | P: 346-335-1700

Office Hours

Monday - Friday: 7:30 am – 4:00 pm | Dismissal at 3:30 pm

Weekly Mass

Wednesday at 8:10am (Mass uniform required)

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