

# Peek of the Week

Fund the Mission of St. Theresa 

Apr 5-9, 2021



**St. Theresa**  
**Catholic School**  
*in Memorial Park*



## School Information

In today's first reading Is 50:4-9a, students heard of Jesus' resurrection and the events leading to His crucifixion. That we may hear like disciples and have a tongue like a disciple. On this Holy Wednesday the scripture reminds us that

God will give us the words to strengthen those around us, words that encourage.

Have a safe Easter Holiday.

Below is a link to the church activities planned for Holy Week. Let us take time this Holy Week to reflect on the words of our Patron Saint; “Jesus, help me to simplify my life by learning what you want me to be – and becoming that person.” *St. Thérèse of Lisieux*

## **St. Theresa Catholic Church Holy Week Schedule**



What a humbling site to see all of the shoes that students brought in for the children of Casa Juan Diego. The organizations will receive over 100 pairs of New Children Shoes from the Lenten Shoe Drive. We would like to thank everyone that participated. Casa Juan Diego is located only a few miles from our school. To learn more about their work in the community visit their website <https://cjd.org/about/what-is-casa-juan-diego/>

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April 25, 2021  
Houston Polo Club



**ONLY 3 WEEKS**

**[Click to Purchase Tickets or](#)**

**[Donate an Auction Item](#)**

If you haven't secured a table or purchased tickets and are interested in going with others from your grade/class, click on the link above and scroll down and there will be a CLASS TABLE ticket option.

This year the Gala and Auction will take place at The Houston Polo Club. The event is outdoors where you'll enjoy the thundering excitement of a polo match, live music, a champagne divot stomp at halftime and more.

### **Gala and Auction Committee**

Andrea Russo  
Anne Gorman  
Pamela Lombana-Livesay  
Courtney Barton  
Jamie Hay  
Manuela Fly  
Jennifer Lenz

Christian Orzabal  
Kim Pinyopusarerk  
Marianna Simmons  
Stephanie Rayos  
Tarah Vann  
Danielle Williams  
Courtney Zavala

We are in need of volunteers to secure auction donations or to help on the day of the event. If you are interested in volunteering email the committee at [auction@sttheresa.cc](mailto:auction@sttheresa.cc) or [cynthia.garza@sttheresa.cc](mailto:cynthia.garza@sttheresa.cc).

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The word "Mindfulness" is written in a bold, dark blue font. It is centered within a light blue, brush-stroke style background that has a yellow horizontal bar underneath it.

# Mindfulness

## **Counselors Corner**

I hope everyone is having a wonderful week. I enjoyed hearing what career goals the students have this week, and we worked through the steps needed to reach these goals. I have no doubt every student will achieve amazing things. Next week we will be discussing choices and consequences. This week's mindfulness exercise is a fun activity to try on rainy days.

1. To start, pick up one foot and take a step forward, in slow motion. Pay attention to how you naturally keep your balance.
2. Now walk in slow motion, step by step. Notice how your arms and legs and feet move. Pay attention to how your knees bend and straighten, as you lift one foot and then the other, nice and slow.
3. Breathe in and out, in time with your steps. See if you can keep your attention focused on walking slowly, step by step, as you relax and breathe.
4. Whenever your mind wanders, gently guide it back to your s-l-o-w motion moving. Keep breathing, in and out, as you enjoy moving in slow motion.

Have a wonderful and safe Easter,  
Kirstie Carmichael LMSW





## School Board

If you are a strategic thinker and natural leader, who feels called to give back to our school, please prayerfully consider joining the STCS School Board!

**Wednesday, April 27th at 6:30 pm in the St. Theresa Fellowship Hall,**  
beginning with light refreshments at **6:00 pm.**

[New School Board Member Discernment Letter](#)



[Click here to view the School Calendar](#)

**Easter April 1-2 & April 5**  
Easter Holiday

## **St. Theresa Catholic School**

**St. Theresa Catholic School is a diverse community of Love  
rooted in Faith, Service and Knowledge.**

6500 Durford Street | Houston, TX 77007  
[StTheresaSchool.cc](http://StTheresaSchool.cc) | P: 346-335-1700

### **Office Hours**

Monday - Friday: 7:30 am – 4:00 pm | Dismissal at 3:30 pm

### **Weekly Mass**

Wednesday at 8:10am (Mass uniform required)

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