



Make a Schedule

The counselor also asks that you set up a schedule at home while the building is closed. Our students need to have a wake-up time and bedtime similar to what they would normally do during the school day. Depending on age, work with your child to complete their schedule.

We also ask that you provide our students with academic time during the day and have your student refrain from social media, video games, or social online activity during the hours of 8:00 a.m - 3:30 p.m. We want all families to have a school schedule without having to also navigate the distractions of online social expectations. However, please provide your student with academic breaks during the day.

If online social interaction operates in your household, please be extremely vigilant about monitoring these exchanges so that students do not engage in cyberbullying activities.