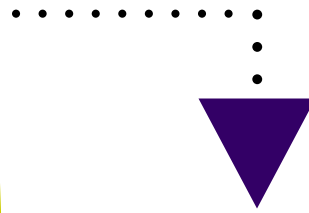


# When You Say Thank You, Mean It!



## INTEGRITY

*(Jul/Aug)*

**“Doing what’s right for the right reasons”**

- integrity is knowing who you are, being ethical, and standing up for your beliefs when no one else does
- it’s about doing what’s right because it’s right

### Questions for Discussion:

1. How do we show integrity?
2. What does it mean to ‘live the truth’?
3. How do you feel when you are not showing integrity?

### ACTIVITY: DAILY DILEMMAS

Supplies: Daily Dilemma template

How it works: Cut apart the cards and each day draw a card from the stack to discuss. Ask what your children would do in each scenario, and how they would feel about it. Encourage them to do this when faced with any dilemma.

Variations: Have your children come up with the dilemmas; use examples from history or media.



### NEWS REVIEW

Review what types of stories get the most coverage on the news or social media. Are they stories of where integrity is present or absent? Why do you think this is? What types of stories are more interesting to you?