

Go Deep! Session

“ It is Christ who lives in me...”



Mark 1: 14-22

“After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: ‘This is the time of fulfillment. The kingdom of God is at hand. *Repent, and believe in the Gospel.*’

As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea; they were fishermen. Jesus said to them, "Come after me, and I will make you fishers of men." Then they abandoned their nets and followed Him.



Mark 1: 14-22

He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then He called them. So they left their father Zebedee in the boat along with the hired men and followed Him.

Then they came to Capernaum, and on the Sabbath He entered the synagogue and taught.

The people were astonished at his teaching, for He taught them as one having authority and not as the scribes.”



Go Deep! in Review

- *Matthew 5:48* – “Be perfect, just as your heavenly Father is perfect.”
- Four “Rules” of the Spiritual Life:
 1. Our effort is necessary
 2. Our effort is insufficient
 3. Suffering is part of the process
 4. ...but it is worth it!



CCC 221

“By sending his only Son and the Spirit of Love in the fullness of time, *God has revealed his innermost secret: **God himself is an eternal exchange of love, Father, Son and Holy Spirit, and He has destined us to share in that exchange.***”



Go Deep! Breakdown

Part One: Deep Conversion

- Conversion from “Deep” Sin
- Conversion from “Shallow” (Venial) Sin
- Conversion from Sinful and Non-Sinful Attachments

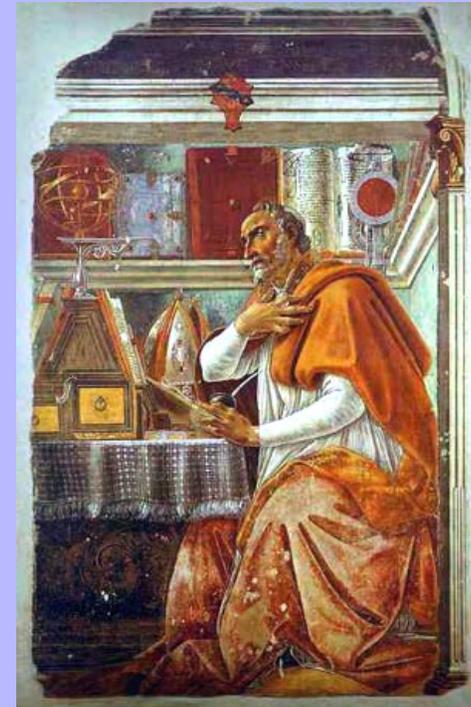
Part Two: Deep Prayer

Part Three: Deep Knowledge



St. Augustine

“God means to fill each of you with what is good; so cast out what is bad! If he wishes to fill you with honey and you are full of sour wine, where is the honey to go? The vessel must be emptied of its contents and then be cleansed. Yes, it must be cleansed even if you have to work hard and scour it. It must be made fit for the new thing, whatever it may be.”



Mortal Sin



A free, knowing
and willing
rejection of God
through consent to
a gravely
disordered action

Venial Sin

A free, knowing and willing rejection of God's will which wounds our relationship with Him.

“As for venial sins, I paid little attention; and that is what destroyed me.” ***St. Teresa of Avila***

Sirach (19:1), “He that does not shun small defects little by little falls into greater ones.”



St. Bernard of Clairvaux



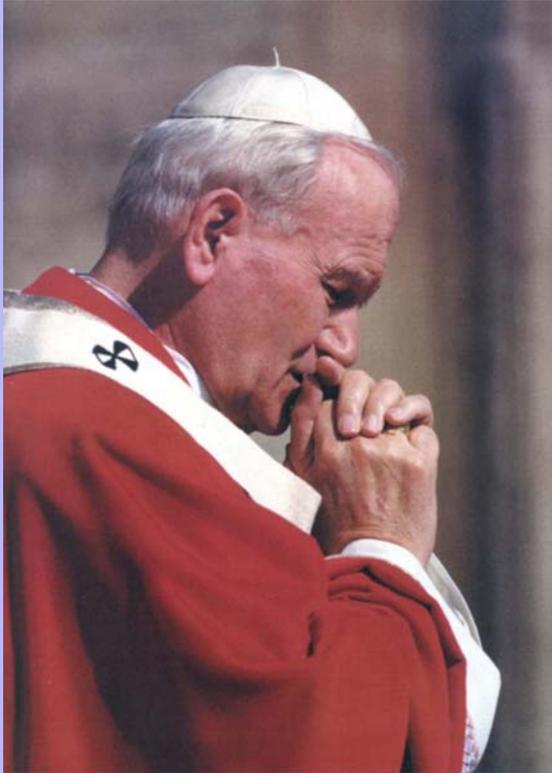
“There are more people converted from mortal sin to grace, than there are converted from good to better.”

“Seven Keys to Breaking the Chains of Mortal Sin”

1. Be determined not to give in to temptation
2. Avoid Self-Reliance
3. Encounter Jesus Christ (in Prayer and the Sacraments, especially the Eucharist and Confession)
4. Practice the opposite virtue (especially humility and love)
5. Penance! Penance! Penance!
6. Do not give in to discouragement.
7. True Devotion to Mary



JPII, Novo Milennio Ineunte



“All the Christian faithful, of whatever state or rank, are called to the *fullness* of the Christian life and to the *perfection* of charity. [This] implies the conviction that, since Baptism is a true entry into the holiness of God through incorporation into Christ and the indwelling of his Spirit, it would be a *contradiction* to settle for a life of *mediocrity*, marked by a *minimalist ethic* and a *shallow religiosity*.”

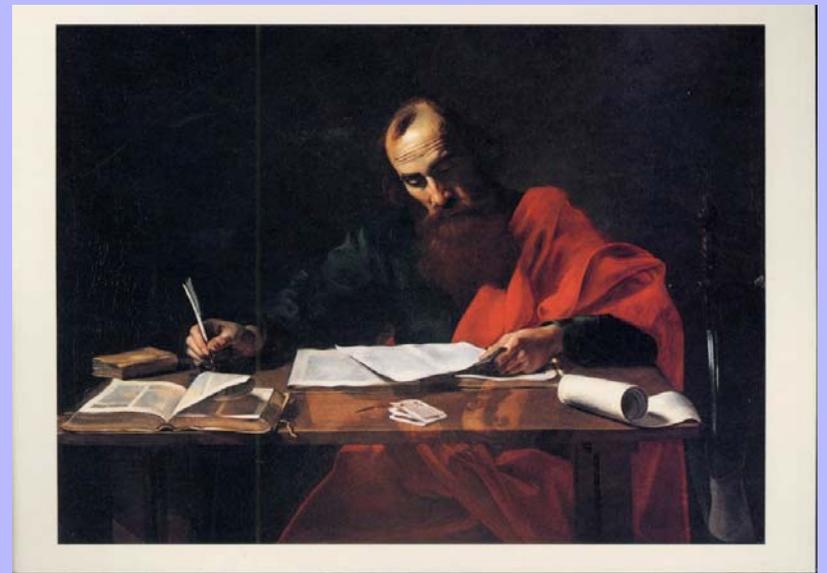
1 John 2:3 – 6

“The way we can be sure of our knowledge of Christ is to keep His commandments. The man who claims, ‘I have known Him,’ without keeping His commandments, is a liar; in such a one there is no truth. But whoever keeps *His word, truly* has the love of God been made *perfect* in him. The way we can be *sure* we are in union with Him is for the man who claims to abide in Him to conduct himself just as *He* did.”



1 Corinthians 13: 4-6

“Love is patient, love is kind. It is not jealous, love is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth.”



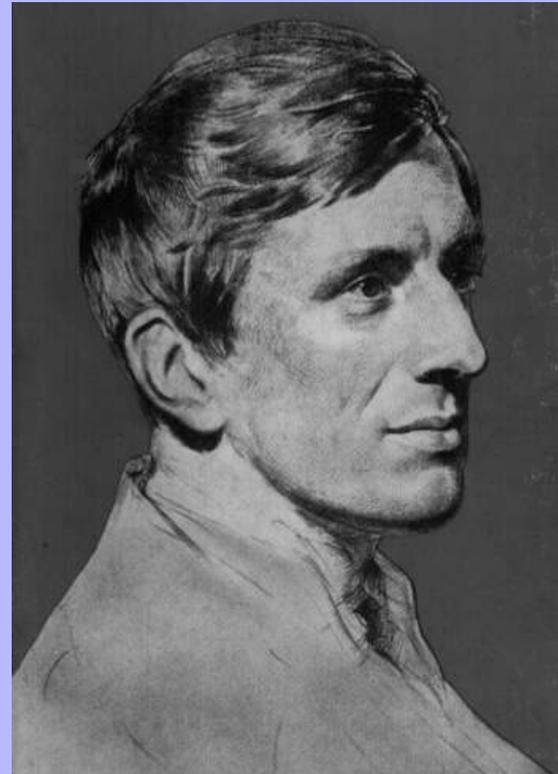
John 3: 16 - 17



“God so loved the world that He gave His only Son, so that everyone who believes in Him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through Him.”

John Henry Newman

“Most people go
by their
preferences
not by evidence.”



“Sin obscures sight.” *Hans von Balthazar*

“A religious man that lives not in discipline lies open to dreadful ruin... Be mindful of the resolution you have made and set before yourself the image of the crucifix.”

Thomas a Kempis



Imitation of Christ - Part 1, Ch. 25, #11

“Always remember your end and do not forget that lost time never returns. Without care and diligence you will *never* acquire virtue. When you begin to grow lukewarm, you are falling into the beginning of evil; but if you give yourself to fervor, you will find peace and will experience less hardship because of God's grace and the love of virtue.

A fervent and diligent man is ready for all things. It is greater work to resist vices and passions than to sweat in physical toil. He who does not overcome small faults, shall fall little by little into greater ones. If you have spent the day profitably, you will always be happy at eventide. Watch over yourself, arouse yourself, warn yourself, and regardless of what becomes of others, do not neglect *yourself*. The more *violence* you do to yourself, the *more* progress you will make.”



Galatians 2:20

“I have been crucified with Christ; and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the Son of God, who loved me and gave Himself for me.”

See you on October 14th!

