

## “New Age” (part 3)

### ‘Christ-consciousness’

Let’s take the time now to delve a little bit deeper into a particularly dangerous aspect of New Age theory: Christ-consciousness. Also referred to as “unity consciousness”, this is the highest of the various states of consciousness one tries to reach as they proceed on their quest to be “one with the universe”. Chopra is a very big proponent of this theory, as are other New Age authors like Joel S. Goldsmith and Eckhart Tolle.

Tolle proclaims that we “realize [our] identity as consciousness itself, rather than what consciousness has identified with. That’s the peace of God. The ultimate truth of who you are is not I am this or I am that, but I Am”.

He puts man on the same level as God after man attains this highest level of consciousness. In Chopra’s book *The Third Jesus: The Christ We Cannot Ignore*, he claims that “Jesus intended to save the world by showing others the path to God-consciousness” and that “What made Jesus the Son of God was the fact that he had achieved God-consciousness.”

Apparently—according to Chopra—anyone can obtain this Christ-consciousness with enough meditation, meaning that Jesus is no longer *the* Christ but *a* Christ. Any Christian reading what Chopra suggests in this book and others should see red flags waving, but as evidenced by the release of the Holy See’s 2003 [document](#) on the New Age, many Christians (specifically Catholics) are being led astray by these writings, necessitating such a strong response and reiteration of authentic Catholic belief.

Unfortunately, some Catholics try to blend the ideas of their Catholic faith and these neo-Gnostic falsehoods into some kind of syncretic religion. We see here a perfect example of the turning inward to oneself that comes with trying to attain Christ-consciousness. We see man deifying himself. In this person’s statement, we also find the underlying pantheism that is the root of most New Age spiritual beliefs.