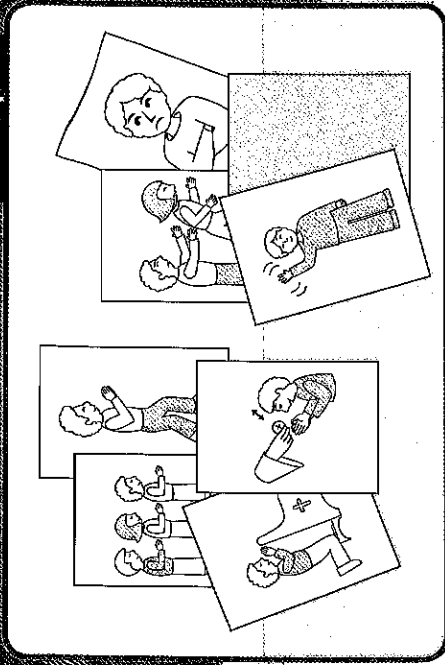


# C

## SACRAMENTAL PREPARATION: Eucharist

Example



### We Process Reverently to Receive Holy Communion

**Activity:** The child sorts cards distinguishing between those that show reverent actions and those that do not show reverent actions.

#### Concept

To show our respect and love for Jesus, we process reverently to receive Holy Communion.

#### What You Need

- ▶ photocopy of Side B of this Lesson Card
- ▶ art supplies
- ▶ video clip from video-sharing Web site depicting receiving Holy Communion (optional)
- ▶ device on which to play a video clip (optional)

#### At Home

Invite the parents to review the cards with their child two times before next week and discuss appropriate actions and gestures when receiving Holy Communion.

### Lesson Steps

1

#### Opening Prayer

Pray the Sign of the Cross with the child, followed by: **Dear God, please help us learn how to show respect and love when we receive Holy Communion.** Pray the Sign of the Cross.

2

#### Begin with Life Experience

Ask the child to watch you. Move forward quickly, wave, yell "hello." Ask: **Is this the way to show reverence or respect while moving to the altar to receive Holy Communion?** Give the child time to respond. Next, walk slowly in a straight line with your hands folded in front of you. Say: **Is this the way to show respect while moving to the altar to receive Holy Communion?** Give the child time to respond. Invite the child to move in a way that shows respect for God and the Church. If the child uses a wheelchair or other assistive device for moving, modify your demonstration accordingly.

3

#### Connect

If feasible, show a video clip of people receiving Holy Communion. Ahead of time, color and cut out the cards from the photocopy of Side B of this card. Show the cards to the child in pairs—one respectful, one not respectful. For each pair, ask the child to choose the card that shows someone behaving in a respectful manner. Place the respectful cards in one pile face up and the disrespectful cards in another pile, face down. Show the child an array of the respectful cards. Say: **You can show me ways of being respectful when moving to the altar to receive Holy Communion. Good job.** Review the respectful cards again.

4

#### Closing Prayer

Pray the Sign of the Cross with the child, followed by: **Thank you, God, for helping us understand how to prepare to receive Holy Communion.** Conclude by praying the Sign of the Cross.

**C We Process Reuerently to Receive Holy Communion**

