

**A Christ-centered
support group
is for you if
any of these
are true:**

- You are looking for friends in Christ to share your journey of sorrow.
- You've been trying to figure out the meaning of your grief.
- You want to get on with life but haven't been able to.
- You find comfort in the teaching of Christ.
- You are open to new ways of coping with your grief.
- You don't want to feel alone anymore.



For more information or to register, please contact Ashley Logsdon at:

alogsdon@stpius.net

or **574-272-8462, ext. 122**

You can also see upcoming events and register through the parish website:

<https://www.stpius.net/seasons/>

We strongly encourage you to register and commit to six sessions to build friendship and trust, but all are welcome to join at any time.



Adapted from *Seasons of Hope Guidebook: Creating and Sustaining Catholic Bereavement Groups*, © 2007 by Donna MacLeod. Used with permission. All rights reserved.

SEASONS OF HOPE

A Support
Group
for the
Bereaved

Saint Pius X
Catholic Church
52553 Fir Road
Granger, IN 46530





SEASONS OF HOPE

A Support Group for the Bereaved



Our Lord assured us that those who mourn are blessed, and that they shall be comforted. *Seasons of Hope* offers the bereaved an opportunity to come together to share in God's love. With the support of the faith community, we can give voice to our unique journeys of grief and find healing and spiritual growth. We will use the *Seasons of Hope* series from Ave Maria Press to help us explore mourning through Scripture, prayer, reflection activities, and faith sharing.

Seasons of Hope is centered on Jesus Christ and grounded in the healing wisdom, traditions, and practices of the Catholic Church.

Each year, many families face the loss of loved ones who are members of the parish. Our Catholic tradition provides funeral support and now *Seasons of Hope* can carry that caring spirit into the difficult period that follows when grief can overwhelm. It also serves those who mourn loved ones from outside our parish community. They too may feel isolated, empty, and broken-hearted.

For those searching for hope, our *Seasons of Hope* group is a nurturing link to the Church, the Lord, and other people of faith who are also mourning.

Come and be comforted.

2021-2022 Sessions

Seasons of Hope meets on the 2nd Wednesday of every month from 6:30-8:00 PM in Parish Life Center Room 103. Our sessions follow the Seasons of Hope program, involving in-person support and the use of a home journal. The content this year is new and different from last year, but you need not have attended previously to receive support. Please join us:

June 16, 2021 (Season 2 Mini-Review)

July 14, 2021 (Season 2 Mini-Review)

August 11, 2021 (Season 2 Mini-Review)

September 8, 2021

October 13, 2021

November 10, 2021

December 8, 2021

January 12, 2022

February 9, 2022

March 9, 2022

April 13, 2022

May 11, 2022

Water and light refreshments will be served.

Our *Seasons of Hope* Prayer:

O Loving God,
Spirit of consolation and
Giver of hope,

We thank You for the gift
of Your faithful people
who will join us
on this grief journey.

We ask You to bless and to keep
them in Your care.

We also pray for the souls of their
departed loved ones who are
mourned and missed:

May perpetual light shine upon
them and bring eternal rest.

We ask this through Christ our
Lord.

Amen.