

## Media Response Sheet Answers Chapter 6 ~ Eucharist: Heart of the Abundant Life

1. We must believe we are receiving the Body and Blood of our Lord Jesus Christ.
2. Bread of Life
3. The Eucharistic Body and Blood of Jesus Christ
4. Heal us of our infirmities; nourish our souls; fill us with purity and grace
5. The disposition with which we receive the Eucharist
6.
  - a). Humility
  - b). A profound respect for the Eucharist
  - c). A living faith
  - d). An ardent desire to receive Jesus
7. By conscious remembering Who it is we are about to receive and by preparing Ourselves to receive the One Who offers Himself to us.
8.
  - a). Our body language
  - b). Our style of dress
  - c). Our tone of voice
9. Hunger
10. An abiding desire to be united to Jesus
11. Conscious anticipation
12. By uniting ourselves with the One we love by fully turning our heart and mind to Him
13. Adoration of the Blessed Sacrament
14. Sitting before the Lord as we truly are with receptivity and vulnerability