

Protection * Healing Prayer

Heavenly Father, I praise and thank You for all You have given me and ask forgiveness for my sins. Please cover me with the protective Precious Blood of Your Son, Jesus Christ (Ex 12:7), and increase Your Holy Spirit in me with his gifts of Wisdom, Knowledge, Understanding, Discernment (1Cor 12:4-11), Guidance (John 16:13), and Hunger for Prayer to help me know Your will and surrender to it more completely. (Titus 2:14) Holy Spirit, please remove more blocks in me to receiving and sharing Your love and grace; heal more of my negative emotions and wounds in my heart and spirit; and sever and break all spells, curses, hexes, voodoo, witchcraft, and all negative genetic, intergenerational and addictive material, past, present or to come, known or unknown, against me, my relationships and family, finances, possessions, ministry and transportation vehicles. I ask forgiveness of my own body for not taking care of it and I forgive its negative reactions to me. I forgive and ask forgiveness of others for my sins and failings (Mt 6:14-15), and ask that my whole person – body and mind, heart and will soul and spirit, memory and emotions, attitudes and values – be cleansed (Rev 7:14) and renewed by Your Holy Spirit. (Romans 12:2) In the name, Power, Blood and Authority of Jesus Christ, I bind and break the power and effect in and around me of any and all evil spirits who are trying to harm me (1Pt 5:8-9) in any way, and I command these spirits and their companion spirits in the Name of the Father, the Son and the Holy Spirit, to leave me peacefully and quietly and go immediately and directly to the Eucharistic presence of Jesus Christ in the closest Catholic Church tabernacle to be disposed of by Jesus. Lord, please heal the effects of these spirits in and around me. Dear Holy Spirit, fill me (Rm 5:5) and let me overflow with Your great Love. All this, Father, I pray in the Name of Jesus Christ by the guidance of Your Holy Spirit. (Jn 16:13) Immaculate Heart of Mary, Spouse of the Holy Spirit, Seat of Wisdom and Queen of Peace, Pray for me. Amen.

It is helpful to pray this prayer each morning and evening.