MASSES
Saturday Anticipated 4:00 p.m.
Sunday 7:30 a.m.
9:30 a.m.
11:15 a.m.
(Extraordinary Form) 5:00 p.m.
Monday - Friday 12:05 p.m.

NOVENA
Our Lady of Perpetual Help
Before 12:05 Mass on Tuesday

SACRAMENT OF PENANCE
Friday 11:00-Noon; Saturday 3:00 pm
30 minutes before all other Masses.
Or call office for appointment.

SACRAMENT OF BAPTISM
A Pre-Baptism class must be
attended before the celebration of
Baptism. These classes are held the
4th Tuesday of January, March,
May, July, September and
November. Arrangements for
celebration of Baptism may be made
by calling the parish office after
having attended the Baptism Class.

SACRAMENT OF MARRIAGE
Arrangements should be made at
least six (6) months before the
wedding date by calling the parish
office. An appointment must be
made for a pre-marriage interview.

RITE OF CHRISTIAN
INITIATION OF ADULTS.
An on-going process of formation
and education is provided for
anyone who is interested in
inquiring into the Roman Catholic
faith. The RCIA process is
available throughout the year to
those who are seeking initiation
into the church as well as for those
non-Catholics seeking more
information about the Roman
Catholic church. Information
concerning participation in the
RCIA process may be obtained
through the parish office.

Cathedral of the Immaculate Conception
Grievous. The degree of the intoxication, when there is no grave disorder, may be less grievous. The reason is mortally sinful. Incomplete intoxication is also mortal. Complete drunkenness, which takes away reason in liquor so he no longer knows what he is doing. His evil habit causes him to lose his good name and makes others despise him. Very often it brings impoverishment, disgrace and starvation to one’s name and makes others despise him. Very often it brings impoverishment, disgrace and starvation to one’s name.

Alcoholism with its many vicious consequences is one of the most widespread evils of our time. Men, women and youths are its victims. It ruins many homes by discord and divorce. It ruins the lives of all who are in its power.

The Church teaches that moderation and sobriety are always to be observed in the use of alcoholic beverages. For many, total abstinence is the only guarantee that they will not some day cross the line and become an alcoholic or a drunkard as a result of their first occasional and lawful indulgence.

In connection with this subject, abuse of drugs and narcotics may also be mentioned. Drugs and narcotics have a necessary use in illnesses, but should be taken only under a doctor’s prescription because of the danger of forming a habit by their use.

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Gluttony and its Remedies

Gluttony is an unregulated love for food or drink. It is appetite out of order, by which we abuse the legitimate pleasure God has attached to eating and drinking. It is sometimes said that gluttony makes one "like an animal," though animals seldom overeat or drink too much. Yet there is some truth in this statement because gluttony dulls the mind, that is, the intellect and reason, which is the faculty that lifts us above animals.

Gluttony is the source of serious obstacles in our spiritual life. It is not easy to study or pray after eating or drinking too much. Gluttony weakens the will and fosters a spirit of laziness, sensuality and impurity. It often results in silliness and vulgar or obscene talk.

Intoxication, or the excessive use of alcoholic drinks, which results in drunkenness, is the worst form of this vice. The drunkard drowns his reason in liquor so he no longer knows what he is doing. His evil habit causes him to lose his good name and makes others despise him. Very often it brings impoverishment, disgrace and starvation to the family. Anger, cursing, quarreling, fighting, stealing and cheating are often the result of the habit of drinking.

A man may beat his wife and children or others, or even commit a murder because of this vice. Sins of impurity are closely allied to it. Countless auto accidents result from drunken driving. All too often these accidents bring injury and death to several persons. The drunkard not infrequently dies in a stupor, so he is not able to repent of his sins, and what then must be his eternal destiny? Holy Scripture says, "do not err: neither fornicators, nor idolaters, nor adulterers, nor the effeminate, nor liers with mankind, nor thieves, nor covetous, nor drunkards, nor railers, nor extortioners shall possess the kingdom of God." (1 Cor. 6:9-10).

Unfortunately, drunkenness is not confined to the male sex, as it was notably in former years, but has become a common vice also among women, in whom it seems all the more degrading.

There are grades or degrees of intoxication. Complete drunkenness, which takes away the reason, is mortally sinful. Incomplete intoxication, when there is no grave disorder, may be less grievous. The degree of the sin is in accord with the degree of the disorder.

We may become party to the sin of another by inducing him to drink to excess, so we should take the greatest care in offering a drink as a mark of friendship and hospitality, or in serving liquor at social affairs. Above all, it is wrong to insist if a person refuses, or to offer strong drinks to the young.

Alcoholism with its many vicious consequences is one of the most widespread evils of our time. Men, women and youths are its victims. It ruins many homes by discord and divorce. It ruins the lives of all who are in its power.

The Church teaches that moderation and sobriety are always to be observed in the use of alcoholic beverages. For many, total abstinence is the only guarantee that they will not some day cross the line and become an alcoholic or a drunkard as a result of their first occasional and lawful indulgence.

In connection with this subject, abuse of drugs and narcotics may also be mentioned. Drugs and narcotics have a necessary use in illnesses, but should be taken only under a doctor’s prescription because of the danger of forming a habit by their use.

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Gluttony : Safeguarded by Moderation

In striving for temperance in eating and drinking, we have Our Lord's example of penance, sobriety, abstinence and mortification to inspire us; likewise the example of the Saints, who often practiced heroic abstinence, by which they brought their appetites into subjection, preserved liberty of soul and built up spiritual strength, vigor and courage.

Fasting or mortification and self-denial in the matter of food are commanded at certain times by the Church. Moderate or regulated fasting has a beneficial effect even on the health and strength of the body. It makes the mind alert and helps to restrain the lower passions. The practice of the other virtues is made easier, and it keeps us from habitual immolation to which we incline.

The pleasure in eating and drinking is not an end in itself, but a means to preserve life. The guiding principle in avoiding gluttony is the ancient rule of "eating to live"—not "living to eat." St. Paul exhorts us, "Whether you eat or drink, or whatsoever else you do, do all to the glory of God." (1 Cor. 10:31).

Source: theseven capitalistsins.com

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Christian Giving

Offertory Collection for the weekend of January 23rd &
24th..........................$3,369.22
Latin America.............$1,687.25
.Grow Spiritually Closer to the Sacred Heart of Jesus.
Join us for a group study that accompanies Fr. Gaitley's book "Consoling the Heart of Jesus". We will meet on Tuesdays from 6:00—7:30 P.M., Ave Maria Hall, beginning February 16th through April 26th. It is a great way to begin the Jubilee Year of Mercy and make a Lenten promise! The program gives us an awareness of God's infinite mercy and how we can give Him joy, showing us the way to console His heart by accepting His love and trusting in Him completely. It also focuses on what to do with the suffering we all encounter, helping us grow spiritually closer to the Sacred Heart of Jesus. Please register by February 5th so workbooks can be ordered. Call the Cathedral office—436-7251 or Andrea Prejean—337-540-9713

Together with Jesus, Couple Prayer Series, presented by Our Lady Queen of Heaven Catholic Church. Created for every Christ-centered married or engaged couple! The focus is simply and solely to help any Christ-centered married or engaged couple learn how to pray together more openly, comfortably, safely, supportively and consistently. Everything else blossoms with that. It will be held in OLQH Family Life Center Activity Room, 3939 Kingston Street, Mondays, 6:00—8:00 P.M., February 15, 29, March 7, 14, 21 and 28. No fee to attend, but you must register at www.olqh.org. Deadline to register is February 10th.

COMING UP!! "The Woman You Were Made to be": Women's Day of Reflection will be February 27th—8:30 A.M.—2:30 P.M. At the St. Louis Catholic High School. Presenter for the day is Sr. Camille Martinez, SEC. This retreat is open to all women and is hosted by Fleur de Lis Theresians of SWLA. Early registration by February 20th is $25.00; after February 20th—$30.00. Lunch is included. As women we take on many roles and often our true and sacred selves are lost in the busyness of our lives. We come to "do" and fail to "be". To once again reawaken and rebirth the holy splendor that lies dormant in our hearts, we must slow down, be present, be still and be open. Come to "The Woman You Were Made to be" Day of Reflection and be open to birthing new life. Call Connie Walker to register or for more information: 337-298-0866

The Chaplet of Divine Mercy will be recited at Our Lady Queen of Heaven, Tuesdays after 5:30 PM Mass, February 2—March 29.

SANCTUARY LAMP WILL BURN THE MONTH OF FEBRUARY FOR:  Veto, Elaine & Vic Tremonte ; Don Burke

SECOND COLLECTION NEXT WEEKEND: Bishop’s Service Appeal.
SUNDAY, January 31... (7:30) — Parishioners
(9:30) — Steven Ardoin; Xavier Perez; Gloria & Larry DeRoussel (living); Sam Gennuso; Billy Navarre
(11:15) — John Ottenweller
(5:00 P.M., Extraordinary Form) — Ted Shope.

MONDAY, February 01... (12:05) — Eva W. Mertena.
(5:30 P.M., Extraordinary Form) — Maurice Caraway (living).

TUESDAY, February 02... (12:05) — Concetta & Curtis Cardone, Sr. and Curtis Cardone, Jr.

WEDNESDAY, February 03... (12:05) — Billy Brown.

THURSDAY, February 04... (12:05) — Marianne White (living).

FRIDAY, February 05... (12:05) — Helen & Philip Zaunbrecher.

SATURDAY, February 06... (8:30, Extraordinary Form) — Jesse Robert “Bob” Navarro
(4:00) — Conrad A. Langley, Jr.; Jimmy White; Russell T. Tritico, Sr.; Lauren Prejean.

SUNDAY, February 07... (7:30) — Parishioners
(9:30) — Concetta & Curtis Cardonne, Sr. and Curtis Cardone, Jr.; Lee Trahan; Sidney Ortego; Billy Navarre; Enola Lantier.
(11:15) — Marjorie Conner
(5:00 P.M., Extraordinary Form) — Ted Shope

Watch Glad Tidings, 6:00 A.M., KPLC-TV — every Sunday.
Next Sunday, February 7th, Bishop Glen John Provost is joined by Father Matthew Cormier, Parochial Vicar of Our Lady Queen of Heaven Catholic Church, for a dialogue on the Gospel of the day (Luke 5:1-11). The news segment brings you stories of the diocese, the region, the state and the world. In the second half hour, on Exploring Theology, Father Derek Covert and Father Ruben Buller discuss “Indulgences.”
(You can also see the program by clicking the Glad Tidings link under the Resources tab at live.lcdiocese.org.)

Special Second Collection this weekend: The funds collected in this one-time special appeal for the 2015-2016 storms and other natural disasters will be used to support the efforts of Catholic Charities USA, the official domestic relief agency of the U.S. Catholic Church, as they and their member agencies respond to immediate emergency needs for such necessities as water, food, shelter and medical care as well as to the long term need to rebuild and recover after widespread destruction and to the US Conference of Catholic Bishops for pastoral and reconstruction needs of the Church.

Employment Opportunity
Saint Charles Center is accepting applications for a person who can work part-time in both the housekeeping and kitchen departments of the facility. This person needs to be available for immediate employment and previous work experience in the kitchen or housekeeping is preferred. Applicant needs to be flexible and available to work various hours as well as some weekends. If interested please contact Michelle Monceaux at 337-855-1232.

WELCOME!!!
It is our pleasure to welcome Helen and Mark Johnson to our Cathedral Parish!!

Cathedral Website:
www.immaculateconceptioncathedral.com
Monday: 2 Sm 15:13-14, 30; 16:5-13; Ps 3:2-7; Mk 5:1-20
Tuesday: Mal 3:1-4; Ps 24:7-10; Heb 2:14-18; Lk 2:22-40 [22-32]
Wednesday: 2 Sm 24:2, 9-17; Ps 32:1-2, 5-7; Mk 6:1-6
Thursday: 1 Kgs 2:1-4, 10-12; 1 Chr 29:10-12; Mk 6:7-13
Friday: Sir 47:2-11; Ps 18:31, 47, 50, 51; Mk 6:14-29
Saturday: 1 Kgs 3:4-13; Ps 119:9-14; Mk 6:30-34
Sunday: Is 6:1-2a, 3-8; Ps 138:1-5, 7-8; 1 Cor 15:1-11 [3-8, 11]; Lk 5:1-11

Pray For Our Friends Who Are Ill
Megan Allen; Sam Ange, Jr; Steven Scott Ardoin; Candace Ashford; Brian Babineaux; Mary Baker; Alysa Barrett; Philip Bell; Gloria Bennett; Charles Benoit; Emily & Rusty Benoit; Buddy Bertrand; Randy Biagas; Robert Blanchard; Jim & Elsie Blanchard; Roland Bodin; Carly Book; Linda Borck; Annette Bosse; Agnes Breaux; Heath Breaux; Clifton "T-Boy" Breaux; Michael Breaux; Hubert Broussard; Jennifer Broussard; Jim Brown; Doug Buguieres; Luke Burnham; Kathy Coleman; Raymond Cordova; Peggy Hardy Carlson; Emily Carlton; Kirk Carlin; Jeff Chaisson; Betty Chaisson; Harry Chesson; Hagan Brice Cole; Cohen Cole; Pearl Collins; John L. Conner; Claude Conner; Jodi Conner; William Corbett; Addie Cormie; Annie Cormier; B.J. Cruz; Debbie Curlee; Sydnie Dalley; Julie Davis; Chad Delahoussaye; Hubert Delome; Sam Desontos; Debbie Diffée; Emile Dimaline; Irene Ducharme; Buddy Ducote; Shirley Duhon; Charles Elter; Dee Elter; Davis Charles Elter; Jan Eustamante; Julie Farque; Jason Fontenot; Julie Percle Fontenot; Tucker Fontenot; Phil & Philip Fontenot; David Fruge; Margie Heard; Brooklyn Hebert; Hadlee Henry; Terry Ray Glasgow; Mary Elise Gosselin; Regina Gray; John Green; Luitgard Gretz; Bertha Guillory; Valerie B & Ernie Harvill; Joanne Heard; Patricia Hebert; Dolores Hodges; Karson Hoffpaur; Cynthia House; Daniel Hudspeth; Dennis Hughes; Jessica Hulin; Jeff Hunsicker; Perry Hunsicker; Paula Russell Jacob; Mary Jeffers; Hayden Jones; Michael Jones; Harry Jouette; Emily Judice; Bernard Kadulbar; Paula Kaneseaw; John Knight; Chris Stemmann; Warren Thomas; Mr. & Mrs. L.C. Howard; Aubrianna Johnson; Darrell Jones; Carol Kershaw; Mike King; Kelly Langley; Vivian Langley; John M. Langley II; Della Lemaire; Dale Lutgring; Tommy Martinez; John Lavern; Anthony LeBato; Glinda LeBlanc; Jennie LeBouef; Rosalie LeDoux; Emma Leger; Charles Leggio; Beth Loftin; Melanie Lupo; Amanda Martin; Bertha Martinez; Mary Matthews; Julia Mere; Jason Miller; Robbie Morgan; Joseph Morris; Matthew Lucas; Angelique Nathan; Lois Neveu; Dena Nodier; Fred Nodier; Dorothy Orsot; Lucas Orsot; Joe Pappion Family; Larry Parker; Sue Parker; Wilma Pawlowski; Phyllis Penning; Joan & Landy Peluso; Robert Pitre; Sheila Pousson; Frances Prejean; Laxsa Prejean; Jim Rawley; Lena Roush; Barry Reed; Mufide Mary Rende & Family; Joseph Richard; Jim Ricklesfen; Judy Rogers; Wes Rolo; David Ross, Jr.; Stacey Rougeau; Felica Saer; Collette Schindler; Christian Skrnic; Martha Shively; Mark Schram; Michael Scimemi; Sandy Smith; Ashley Wheat Slipes; LaVona Taylor; Lyndon Thomas Simien; Lorena Stutes; Stephanie Houssiere Sucre; Lisa Sullivan; Ona Thacker; Margaret Thompson; Bobby & Maxine Tupper; Carmen Varela; Gwendolyn Veazey; Ed Watson; Arvel West; Daniel Whittington; Mary Wiltz; Sue Williams; John Young; Matthew Young; Debra Willard; Anne W. Zabel.

Please contact us if you wish a name to be taken off the list...