

Gifts of the Holy Spirit – Part I

- Please answer all of the following questions.
- Please answer 1 if NEVER, NOT VERY fits the answer the best.
- Please answer 5 if ALWAYS, EXTREMELY WELL, or A LOT/ALL THE TIME fits the answer best.
- If your answer is not 1 or 5, pick 3 if you feel neutral and 2 or 4 if you lean more toward one side or the other.

1	How often do I ask what would Jesus do?	1	2	3	4	5
2	How confident do I feel in doing what God asks of me?	1	2	3	4	5
3	How often do I feel that I actually know God’s will?	1	2	3	4	5
4	How strong do I feel spiritually?	1	2	3	4	5
5	How often do I ask God, what do you want from me?	1	2	3	4	5
6	How much do I know about the Sacraments?	1	2	3	4	5
7	How often do others ask me for spiritual advice?	1	2	3	4	5
8	How often do I feel that God helps me through my fears?	1	2	3	4	5
9	How much help do I get from people to know God’s will?	1	2	3	4	5
10	How much religious pictures, articles, music do I have in my life?	1	2	3	4	5
11	How often do I get sad when others are sinning?	1	2	3	4	5
12	How sad do I feel when I see sin in the world?	1	2	3	4	5
13	How often do I talk to God (pray)?	1	2	3	4	5
14	How often do I go to Mass?	1	2	3	4	5
15	How much do I talk to others about Christ and the Church?	1	2	3	4	5
16	How often do I give God praise for good things in my life?	1	2	3	4	5
17	How often do I find myself avoiding sin?	1	2	3	4	5
18	How well do I feel I model my life after Christ?	1	2	3	4	5
19	How often do I notice I am in temptation and try to get out?	1	2	3	4	5
20	How sad do I feel when I do sin?	1	2	3	4	5
21	How often do I think of Heaven?	1	2	3	4	5
22	How well do I feel my family and friends encourage me?	1	2	3	4	5
23	How well do I know the bible?	1	2	3	4	5
24	How often do I feel I overcome obstacles?	1	2	3	4	5
25	How often do I go to Confession?	1	2	3	4	5
26	How well do I know what the church teachings on moral issues?	1	2	3	4	5
27	How often do I do the sign of the cross?	1	2	3	4	5
28	How often do I read scripture?	1	2	3	4	5
29	How often do I feel guilty when I sin?	1	2	3	4	5
30	How often do I tell others that I am sorry for hurting them?	1	2	3	4	5
31	How well do I know my Faith?	1	2	3	4	5
32	How often do I feel that I do God’s will?	1	2	3	4	5
33	How often do you think about your friendship with God?	1	2	3	4	5
34	How well do I know the life of Christ?	1	2	3	4	5
35	How often do I ask God about the choices I make in life?	1	2	3	4	5

Gifts of the Holy Spirit – Part II

**(please give this sheet out separately
AFTER questions are answered)**

Wisdom – gives us a longing and love for the things of God and directs our whole life and all our actions to His honor and Glory.

Understanding – enables us to know more clearly the mystery of faith.

Counsel – warns us of the deceits of the devil and of the dangers to salvation.

Fortitude – strengthens us to do the will of God in all things, despite fear and obstacles.

Knowledge – enables us to discover the will of God in all things (what should I do?)

Piety – makes us love God as a Father and obey Him because we love Him. This helps us to have reverence and to pray well (As we pray, we believe)

Fear of the Lord – fills us with a dread of sin, and a dread of offending, hurting God and others through our sin.

THE NUMBERS ON THE CHART BELOW ARE THE NUMBERS OF THE QUESTIONS ABOVE, NEXT TO THE NUMBER OF QUESTION, WRITE IN THE NUMBER YOU CIRCLED AND THEN ADD UP THE TOTAL.

Gift of the Spirit										Total
Wisdom	14		16		21		28		35	
Understanding	6		23		26		31		34	
Counsel	7		11		19		25		29	
Fortitude	2		4		8		22		24	
Knowledge	1		3		5		9		32	
Piety	10		13		15		18		27	
Fear of the Lord	12		17		20		30		33	

1. Which gift were you the strongest in? Give examples of how you can see this gift working in your life?
2. Which gift were you the weakest in? Give examples of how you feel you can strengthen this gift with the help of the Holy Spirit?
3. What gift do you feel is needed the most by youth today?
4. Give examples of how you see these gifts practiced in the life of Jesus, Mary, the Saints and people in your life.