

**1. Read** — Read the verses slowly and prayerfully several times. Write down any words or phrases that seem to stand out:

**2. Meditate** — Now begin to reflect on the verses and ask God what it means and how he wants to speak to you through the passage. **God what are you saying to me through this?**

**3. Pray** — Respond from your heart to what God has been saying to you. **What do you want me to know?** Write down your prayer to him or record whatever he says to you.

**4. Contemplate** — Be quiet before the Lord enjoying His presence.  
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**How is God calling you to act in response to what he has shown you?**

# Quick Connect

**What is the Gospel saying? John 6:37-40** — Pg. 1

**What is the Church saying Past and Present?** Pages 1-3

**What is God saying to you through this passage?** Page 4

## Gospel Reading – John 6:37-40 – Daily Roman Missal

Jesus said to the crowds: "Everything that the Father gives me will come to me, and I will not reject anyone who comes to me, because I came down from heaven not to do my own will but the will of the one who sent me. And this is the will of the one who sent me, that I should not lose anything of what he gave me, but that I should raise it on the last day. For this is the will of my Father, that everyone who sees the Son and believes in him may have eternal life, and I shall raise him on the last day."

## Spiritual Reading – Office of Readings

From From St. Therese of Lisieux

Since God does not really want Purgatory, He does not want it for me either! But then I also have to not want it! Nobody would expose themselves to the danger of Purgatory by living a mediocre and--as is the case so often today--a sinful life. If they only thought of the intense sufferings in Purgatory. In this regard, the mystics unanimously say that the least suffering in Purgatory is much greater than the greatest suffering here on earth! The reason for this is that once in Purgatory, one does not go through the time of God's Mercy but of God's Justice. Here, the Lord's word applies: "I tell you, you will not get out until you have paid the very last copper" (Lk 12:59). The many who carelessly say, "I will probably spend some time there," are gravely wrong. Nobody just spends some time there, one has to suffer there like one has never suffered nor could have suffered while on earth. One often even suffers a long time there also. If the Poor Souls in Purgatory had known on earth what to expect in eternity, Purgatory would have remained empty.

**SIGN UP free for  
Link to Liturgy**



**Souls: Our greatest value – Lesson and Discussion**

**What is a soul?** The Catechism of the Catholic Church beautifully states that the soul is the innermost aspect of man; which is of greatest value in him. It goes on to say our soul is God’s image within us. Our soul is immortal and lives on forever. Our soul is individually ours and is created uniquely by God.

**Does our soul do anything?** Without our soul, we would cease to exist! According to the Modern Catholic Dictionary, our soul animates our bodies.[1] The body cannot live without the soul, but the soul can live without the body. Our soul is also the subject of human consciousness and freedom.

**What does our soul do?** “The soul is the subject of human consciousness and freedom”[2] It is our soul that enables us to think and act. We have reason and free will, two of the greatest gifts we have been given by God and both are the activity of our soul. In the Penitential Act of the Mass we say, “I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do.”[3] We sin in our thoughts and our actions (what we say and don’t say, what we do and fail to do). Our soul should strive to “think well, speak well, do well.”[4]

**When do we get our soul?** Our soul is created out of nothing. Pope Pius XII stated "our soul is created immediately by God"[5] at the moment of creation, which is at the moment of conception. Our soul is joined with our body until death. The body and soul are like a twisty cone of vanilla and chocolate ice cream, they are unique but also integrated. In a twisty cone we see each individual part, both vanilla and chocolate, but we also see the whole cone itself.

**Where is our soul in our body?** The soul is not like a liver, a kidney, or a heart. God infuses our soul into the body at the moment of conception. Our soul and body together form one unique human nature.[6] We won’t be able to see our soul in an X-ray or CAT scan, but every person has a soul. Since the soul is infused in the body, we are not to hate our bodily life. Our body is good because God created it, and will raised, both body and soul, on the last day.

**What happens to our souls when we die?** When we die, our soul leaves our physical body and is immediately put to judgment, sometimes called “particular judgment”, by God.[7] In 1439, Pope Eugene IV declared that souls in the state of grace at death, but in need of purification, go to Purgatory.[8] Souls that are perfectly pure will be allowed to see the beatific vision in heaven. Souls that die in the state of mortal sin are punished with the eternal punishment of hell. The goal of the Soul is heaven. In the Angelus we pray, “that we [soul and body] may by His passion and Cross be brought to the glory of His resurrection.” There are four last things; they are death, judgment, heaven, and hell.

Death is the separation of the body from the soul. All souls will be judged and then either spend eternity in heaven or hell. If heaven is the sentence any unclean soul must be purged of impurities first, this is purgatory.

1 Modern Catholic Dictionary Pg. 513

2 CCC, Glossary; page 900

3 The Order of the Mass I

4 St. Camillus de Lellis

5 Humani Generis 36

6 CCC 365

7 www.newadvent.com

8 www.newadvent.com