SPXCA August/September
Lunch Calendar

6- Week Meal Cycle

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger w Bun Chips Macaroni Salad Fruit Juice or Milk	Beef Chili Mac with Broccoli Rolls Fresh Fruit Milk 10	Corn Dog, Potato Wedges, Carrots with Ranch Fruit Juice Milk 11	Sloppy Joe, Corn on the Cob, Salad Fruit Juice Milk 12	Baked Chicken Leg, Pasta Salad with Broccoli, Potato Wedges Fruit Juice or Milk 13
Pulled BBQ Chicken Sandwich, Chips and Cole Slaw Fruit Juice or Milk 16	Turkey Wrap with Cheese Macaroni Salad Fruit Juice or Milk 17	Chicken Tenders with Tater tots, Broccoli Fruit Juice Milk 18	Spaghetti with Meatballs, Zucchini and Bread stick Fruit Juice or Milk 19	Cheese Pizza Salad Fruit Juice Milk 20
Hot Dog Baked Beans Chips Fruit Juice Milk 23	Nacho Salad with Cheese Sauce, Taco Beef, Salsa and Tortilla Chips Fruit Juice 24	Chicken Nugget ,Tater Tots, Cole Slaw Fruit Juice or Milk 25	Chicken Alfredo with Penne Pasta, Wheat Roll, Salad Fruit Juice or Milk 26	Ground Beef and Cabbage Stir-Fry Rice Fruit Juice or Milk 27
Turkey and Swiss Sliders, Chips, Carrot Sticks, Ranch Dressing Fruit Juice or Milk 30	Cheesy Taco Pasta 7 layer Salad Whole Wheat Roll Fruit Juice or Milk 31	Pulled BBQ Chicken Sandwich, Chips and Cole Slaw Fruit Juice or Milk 1	Chicken and Stuffing Casserole, Sweet Potatoes, Green Beans Fruit Juice or Milf 2	Cheese Pizza Salad with Dressing Fruit Juice Milk 3
Chicken Nugget, Tater Tots, Sala Fruit Juice or Juice 6	Nacho Salad with Cheese Sauce, Taco Beef, Salsa and Tortilla Chips Fruit Juice 7	Hot Dog Baked Beans, Fresh Fruit Chips Milk 8	Chicken Alfredo with Penne Pasta, Wheat Roll, Salad Fruit Juice or Milk 9	Fish Stick, Potato Wedge, Cole Slaw, Fresh Fruit Milk 10
Hamburger Mac, Sliced Zucchini with Ranch Whole Wheat Roll Fruit Juice or Milk 13	Beef Stroganoff, Biscuit with yellow Squash Fruit Juice or Milk 14	Chicken Tenders with Tater tots, Broccoli Fruit Juice Milk 15	Corn Dog, Potato Wedges, Carrots with Ranch Fruit Juice Milk 16	Sloppy Joe Shepard Pie with Mashed Potatoes. Salad Fruit Juice or Milk 17

8/5/21