

## What will I be like as a disciple of Jesus this year?

I am committed to deepening in my personal relationship with God:  Yes  No

How much time do I want to spend in formal daily prayer? (Suggested increments are in minutes per day)  
(Does not include spontaneous conversations with God that randomly occur during the day.)

10  20  25  30  45  60  90  \_\_\_\_\_

I will make time for the following Weekly Encounters:

- Meditation/Contemplation  \_\_\_\_\_  
 Fasting/Penance  \_\_\_\_\_  
 Devotion(s)  \_\_\_\_\_

I will plan to attend the following Annual Events:

- Retreat  \_\_\_\_\_  
 Morning or afternoon away  \_\_\_\_\_  
 Conference  \_\_\_\_\_

How often do I want to pray with my family?

- Before Meals  Weekly Prayer  Daily/Nightly  
 Seasonal Prayers (i.e. Lent, Advent...)  \_\_\_\_\_

What will be my involvement with the Sacramental and Liturgical Life of the Church?

- Sunday/Holy Day Mass  Stations of the Cross  \_\_\_\_\_  
 Weekday Mass  Adoration  \_\_\_\_\_  
 Confession  Liturgy of the Hours  \_\_\_\_\_

Intellectual Formation

Bible (A year from now, what do I want to have read?)

- Old Testament  Pentateuch and Psalms  \_\_\_\_\_  
 New Testament  Gospels & Acts  \_\_\_\_\_

Other areas for study:

- Catechism of the Catholic Church  Biographies or writings of the Saints  
 Devotional  Bible study  
 Spiritual Life  Works of Theology  
 Vocation enrichment  \_\_\_\_\_

Stewardship (Goals for the use of my Resources, Time, etc)

Financial (total percentage of all giving) 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 \_\_\_\_\_

What charisms do I want to develop/explore? \_\_\_\_\_

In what parish activities do I want to be involved? \_\_\_\_\_

Other Service or Charitable Activities in which I am involved by either by Work or Donation: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Who is going to accompany me along this journey?

- Small Group  Friends  Spiritual Director  
 Family (Spouse, Parents)  Do not know yet  \_\_\_\_\_

Other ways I plan to seek to know God (Jesus, the Father, and the Holy Spirit) and grow in my relationship with the Church:

## What does God want me to look like as a disciple of Jesus this year?

Is God interested in and committed to deepening a personal relationship with me?  Yes  No

How much time does God want me to spend in formal daily prayer? (Suggested increments are in minutes per day)

10  20  25  30  45  60  90  \_\_\_\_\_

(I believe) God wants me to make time Weekly for:

- Meditation/Contemplation  \_\_\_\_\_
- Fasting/Penance  \_\_\_\_\_
- Devotion(s)  \_\_\_\_\_

(I believe) God wants me participate Annually in:

- Retreat  \_\_\_\_\_
- Morning or afternoon away  \_\_\_\_\_
- Conference  \_\_\_\_\_

How often does God want me to pray with my family?

- Before Meals  Weekly Prayer  Daily/Nightly
- Seasonal Prayers (i.e. Lent, Advent...)  \_\_\_\_\_

How does God desire for me to be involved with the Sacramental and Liturgical Life of the Church?

- Sunday/Holy Day Mass  Stations of the Cross  \_\_\_\_\_
- Weekday Mass  Adoration  \_\_\_\_\_
- Confession  Liturgy of the Hours  \_\_\_\_\_

How is God inviting/encouraging/calling me to form my mind?

Bible:

- Daily scripture reading  \_\_\_\_\_
- Read the readings for Sunday Mass  Bible Study  \_\_\_\_\_

Other areas of study:

- Catechism of the Catholic Church  Biographies or writings of the Saints
- Devotional  Works of Theology
- Spiritual Life  \_\_\_\_\_
- Vocation enrichment  \_\_\_\_\_

How is God asking me to be a Steward of my Resources, Time, etc

Financial (total percentage of all giving) 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 \_\_\_\_\_

In what parish activities do I want to be involved? \_\_\_\_\_

Other Service or Charitable Activities in which I am involved by either by Work or Donation: \_\_\_\_\_

What charisms has God given me? \_\_\_\_\_

Who is God offering to accompany me on this journey?

- Small Group  Friends  Spiritual Director
- Family (Spouse, Parents)  Do not know yet  \_\_\_\_\_

Other ways is God inviting me to deepen my relationship with Jesus, the Father, and the Holy Spirit: