

What does God want me to look like as a disciple of Jesus this year?

Is God interested in and committed to deepening a personal relationship with me? Yes No

How much time does God want me to spend in formal daily prayer? (Suggested increments are in minutes per day)

10 20 25 30 45 60 90 _____

(I believe) God wants me to make time Weekly for:

- Meditation/Contemplation _____
 Fasting/Penance _____
 Devotion(s) _____

(I believe) God wants me participate Annually in:

- Retreat _____
 Morning or afternoon away _____
 Conference _____

How often does God want me to pray with my family?

- Before Meals Weekly Prayer Daily/Nightly
 Seasonal Prayers (i.e. Lent, Advent...) _____

How does God desire for me to be involved with the Sacramental and Liturgical Life of the Church?

- Sunday/Holy Day Mass Stations of the Cross _____
 Weekday Mass Adoration _____
 Confession Liturgy of the Hours _____

How is God inviting/encouraging/calling me to form my mind?

Bible:

- Daily scripture reading Bible Study
 Read the readings for Sunday Mass _____

Other areas of study:

- Catechism of the Catholic Church Biographies or writings of the Saints
 Devotional Works of Theology Vocation enrichment
 Spiritual Life _____ _____

How is God asking me to give witness to the Gospel? _____

How is God asking me to be a Steward of my Resources, Time, etc

Financial (total percentage of all giving) 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 _____

In what parish activities do I want to be involved? _____

Other Service or Charitable Activities in which I am involved by either by Work or Donation: _____

What charisms has God given me? _____

Who is God offering to accompany me on this journey?

- Small Group Friends Spiritual Director
 Family (Spouse, Parents) Do not know yet _____

Other ways is God inviting me to deepen my relationship with Jesus, the Father, and the Holy Spirit:

What will I be like as a disciple of Jesus this year?

I am committed to deepening in my personal relationship with God: Yes No

How much time do I want to spend in formal daily prayer? (Suggested increments are in minutes per day)
(Does not include spontaneous conversations with God that randomly occur during the day.)

10 20 25 30 45 60 90 _____

I will make time for the following Weekly Encounters:

- Meditation/Contemplation _____
- Fasting/Penance _____
- Devotion(s) _____

I will plan to attend the following Annual Events:

- Retreat _____
- Morning or afternoon away _____
- Conference _____

How often do I want to pray with my family?

- Before Meals Weekly Prayer Daily/Nightly
- Seasonal Prayers (i.e. Lent, Advent...)
- _____

What will be my involvement with the Sacramental and Liturgical Life of the Church?

- Sunday/Holy Day Mass Stations of the Cross _____
- Weekday Mass Adoration _____
- Confession Liturgy of the Hours _____

Intellectual Growth

Bible:

- Daily scripture reading Bible Study
- Read the readings for Sunday Mass _____

Other areas of study:

- Catechism of the Catholic Church Biographies or writings of the Saints
- Devotional Works of Theology Vocation enrichment
- Spiritual Life _____ _____

How can I give witness to the Gospel? _____

Stewardship (Goals for the use of my Resources, Time, etc)

Financial (total percentage of all giving) 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 _____

In what parish activities do I want to be involved? _____

Other Service or Charitable Activities in which I am involved by either by Work or Donation: _____

What charisms do I want to develop/explore? _____

Who is going to accompany me along this journey?

- Small Group Friends Spiritual Director
- Family (Spouse, Parents) Do not know yet _____

Other ways I plan to seek to know God (Jesus, the Father, and the Holy Spirit) and grow in my relationship with the Church: