

The Reflection In His Sacrifice

During a recent Adult Faith Enrichment session, a fellow member shared a truly moving experience as he held the Communion Cup. For the next several days, I couldn't help but to ponder on what he had shared with all of us. I felt that the Lord was "pushing" me to write about his experience. I would like to share with you what he encountered and I hope your soul will be stirred with devotion for our Lord, as much as mine was.

"I try to come to Mass open to anything the Holy Spirit wishes to enlighten me with. At this Mass I was drawn to the Priest pouring the water into the wine. I know what he says and I know that we as a community are added to the sacrifice of each Mass. I was serving as an Eucharistic minister that day and I was to be the fourth cup. After receiving the cup I went to the 4th cup station. Before the first person approached me, I looked down into the cup and saw my reflection plainly in the now Blood of Christ. I started to tear up. Suddenly, I felt like I was at the foot of the cross and when I looked up I saw the Crucified Christ looking down on me and He was smiling. And I thought of His word, "I am in you and you are in me". I am still moved by this every time I serve at Mass with the Blood of Christ or watch the Priest intermingle the water and the wine. And when I now look into the Communion Cup filled with the Blood, I no longer have tears but rather a deep feeling of joy and belonging."

Many of us have experienced at some point a profound feeling of euphoria, exhilaration and/or jubilation, when we have received the Body and Blood of Jesus. There have been many times that I have been moved to tears, as I bow my head in prayer, after I receive Communion. These tears are both a mixture of sadness and elation. The sadness wells up inside of me because I am a sinner and with every sin I commit, I hurt not only Jesus but his Mother Mary's Sorrowful Heart. But yet at the same time my soul fills with so much peace and joy. Our sins have been washed away because of His sacrifice. He now lives inside of us. God has made you a worthy new creature. God never makes failures! You are worthy because Jesus shed His blood for you. When we live by faith we please God. Therefore, we should not take Jesus' sacrifice lightly. We are all transformed with the intermingling of the water and the Blood of Christ. We are transformed because of His sacrifice.

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