



## Sacred Heart Church

110 Shonnard Place  
Yonkers, New York

www.sacredheartyonkers.org  
-A Ministry of the Capuchins of  
the Province of Saint Mary

914-963-4205

# February 14, 2021

## Sixth Sunday in Ordinary Time

**Entrance:** Praise to the Lord #208

Praise to the Lord, the Almighty, the king of creation!

O my soul, praise him,

for he is your health and salvation!

Come, all who hear:

Now to his altar draw near,

Joining in glad adoration!

Praise to the Lord,

who shall prosper our work and defend us;

Surely his goodness and mercy shall daily attend us.

Ponder anew what the Almighty can do,

Who with his love will befriend us.

**First Reading:** Leviticus 13:1-2,44-46

### Responsorial Psalm

*I turn to you, Lord, in time of trouble,  
And you fill me with the joy of salvation.*

**Second Reading:** 1 Corinthians 10:31-11:1

**Gospel:** Mark 1:40-45

### Nicene Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**Offertory** I Heard the Voice of Jesus #454

I heard the voice of Jesus say,  
“Come unto me and rest;  
Lay down, thou weary one, lay down  
Thy head upon my breast.”  
I came to Jesus as I was,  
So weary, worn and sad;  
I found in him a resting place,  
And he has made me glad.

I heard the voice of Jesus say,  
“Behold, I freely give  
The living water; thirsty one,  
Stoop down, and drink, and live.”  
I came to Jesus, and I drank  
Of that life-giving stream;  
My thirst was quenched, my soul revived,  
And now I live in him.

**Communion:** Now In This Banquet

Now in this banquet, Christ is our bread;  
Here shall all hunger be fed.  
Bread that is broken, wine that is poured,  
Love is the sign of our Lord.

**Recessional:** I Am the Bread of Life #325

I am the bread of life.  
He who comes to me shall not hunger;  
he who believes in me shall not thirst.  
No one can come to me  
unless the Father draw him.

*And I will raise him up,  
and I will raise him up,  
and I will raise him up on the last day.*

The bread that I will give  
is my flesh for the life of the world,  
and he who eats of this bread,  
he shall live for ever,  
he shall live for ever. R./

## February 14<sup>th</sup>- February 21<sup>st</sup>

### Sunday, February 14<sup>th</sup> -

**Sixth Sunday in Ordinary Time**

Lev 13:1-2,44-46/1 Cor 10:31-11:1/Mk 1:40-45

5:00pm Vigil Decd Christina Erpenbeck  
8:00am Decd Shankey & Courtney Families  
9:45am Decd Leonila Cancio  
11:30am Sp Int For Our Parish Family

### Monday, February 15<sup>th</sup> -

Gen 4: 1-15, 25/Mk 8:11-13

8:30am Decd MaryAnn Lepart

### Tuesday, February 16<sup>th</sup> -

Gen 6:5-8,7:1-5, 10/Mk 8:14-21

8:30am Decd Mary Chesnavage

### Wednesday, February 17<sup>th</sup> - Ash Wednesday

Jl 2:12-18/2 Cor 5:20-6:2/Mt 6:1-6,16-18

8:30am Decd  
7:30pm Decd

### Thursday, February 18<sup>th</sup> -

Dt 30:15-20/Lk 9:22-25

8:30am Paul Pohorence

### Friday, February 19<sup>th</sup> -

Is 58:1-9a/Mt 9:14-15

8:30am Decd Mitchell Fitzgerald

### Saturday, February 20<sup>th</sup> -

Is 58:9b-14/Lk 5:27-32

8:30am Decd Peter Fernandes

### Sunday, February 21<sup>st</sup> -

**First Sunday of Lent**

Gn 9:8-15/1 Pt 3:18-22/Mk 1:12-15

5:00pm Vigil Sp Int For Our Parish Family  
8:00am Decd Marion Bracken  
9:45am Decd Msgr. John J. Foley  
11:30am Decd Panchita Soto

### Week of February 14<sup>th</sup>

**Bread and Wine**  
Decd Arlene Femia

**Sanctuary Lamp**  
Decd Arlene Femia



### Parish Office Hours

**Monday - Closed**  
**Tuesday - Friday, 9:00 am - 4:00 pm**

**We will tape the 8:30 Weekday Mass**  
**from the church for Broadcast at 10:00 am.**



**Eucharistic Adoration**  
**Thursday 3:30 pm - 7:00 pm**

Formed.org

Sign Up for FORMED:

1. Visit <http://signup.formed.org/>
2. Enter our parish zip or name
3. Enter your name and email
4. Enjoy Lenten resources and Movies for all ages

**Please Pray**  
**for the repose of the souls of**  
**Maria Bulgagalla, Donna Lodi**  
**and all the deceased parishioners of Sacred Heart,**  
**and the Special Intentions of**  
**Our Parish Family members,**  
**listed in our Prayer Intention Book.**



**Up-to date emails**  
**Upcoming Events**

**Bulletins emailed to you**  
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### Sign up for Online Giving,



Log on to  
[sacredheartyonkers.org](http://sacredheartyonkers.org)  
and click on the  
Parish Giving Logo,  
then follow the  
easy registration steps.

## *From the Pastor's Desk*

### *Sixth Sunday in Ordinary Time: A Preparation for Lent!*

In two days we will “temporarily retire” the green vestments worn at Mass, as we go back to wearing violet vestments during Lent and white vestments throughout the Easter season. (We begin wearing the green vestments again on May 25th!)

As we prepare to move into the Lenten season, the readings for Mass this weekend give us a fitting introduction to Lent. We are called, as members of the Body of Christ, to be renewed and cleansed so that we may be full, active members in the Church. Our first reading reminds us that being unclean separates us from the community. In order to prevent the spread of leprosy, lepers were often ostracized from the community, were given very specific directions and restrictions that they had to follow and, even in the time of St. Francis of Assisi, participated in a pre-death ritual in a special chapel for lepers, often located outside the city limits. (A number of years ago, as a participant in our Capuchin heritage program in Assisi, I visited one such chapel and participated in a re-enactment of the pre-death ritual. It was a moving experience then, even though all of us were in good health; how much more moving for someone who was not yet dead, but was symbolically buried by a sprinkling of holy water and earth on the sick person's head.)

St. Paul invites us to “do everything for the glory of God.” Pause for a moment and consider the impact of that statement. If we did everything for God's glory, I suspect we would make very different choices! Actions, words, and thoughts (committed or omitted) might be more carefully calculated if we understood them as giving glory to God or detracting from God's glory.

The gospel passage relates the cleansing of a leper, whose illness moved Jesus to be moved with pity. The leper took the risk of getting close enough to Jesus to beg him for healing. The request of the leper was expressed in a somewhat unconventional way. The man knelt before Jesus and begged him, saying, “If you wish, you can make me clean.” He entrusts himself to Jesus' will, not his own. Of course, Jesus wills it and the leper is made clean. Can you imagine the vast array of emotions that must have run through that person's mind, heart, body, and spirit?

As we prepare to receive the sign of the cross with ashes on our foreheads, and as we begin the wonderful cleansing season of Lent, perhaps we can pause for a few moments between now and Wednesday and ask ourselves: What do I most need to be cleansed of? Have I asked for the Lord's help? Do I trust the Lord's desire to cleanse and heal me? Do I have faith that Jesus can make me whole? Restore my dignity? Renew me? May your journey through Lent bring you all the graces and blessings that you need in order to be a faithful disciple of Jesus. Let us continue to pray that we may come to the celebrations of Easter with minds, hearts, bodies, and spirits alive with God's love.

## **This Week: Ash Wednesday and the Beginning of Lent**

February 17<sup>th</sup> is Ash Wednesday and the beginning of the Lenten season. Please keep in mind that Ashes will be distributed **FOLLOWING THE HOMILY**. Masses will be celebrated at 8:30 AM and 7:30 PM. There will be a Service of the Word at 3:00 PM. **Please note that ashes will NOT be distributed in the parish office.**

Remember that it is the interior attitude of Ash Wednesday, rather than the exterior mark with ashes, that is most important. As you prepare for the beginning of this holy season, consider how you will respond to what the Scriptures and Tradition of the Church call us to: **prayer, fasting, almsgiving.**

During the season of Lent, the Church urges all the Faithful to reflect a spirit of penance in their daily life through performing acts of fasting and abstinence.

**FASTING** requires that one only full meal be taken per day. Two other smaller meals may be taken during the day to maintain physical strength, but these two meals together should not equal a full meal in quantity. Fasting on **Ash Wednesday and Good Friday** obliges all those who have reached the age of 18 and continues to oblige through age 59. Those not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

**ABSTINENCE** prohibits individuals from eating meat or poultry on a particular day. Abstinence obliges all those who have reached the age of 14 and continues to oblige throughout their entire lives. Those not specifically obliged to abstain from eating meat are encouraged to join in this discipline to the extent that they are able.

**Ash Wednesday and Good Friday** are both days of **Fast and Abstinence**; **all Fridays in Lent are days of Abstinence.**

I think this is worth repeating from last weekend's bulletin, especially given there were so few people in attendance because of the snow. Because we've celebrated the season of Lent before, there is a temptation to approach it somewhat half-heartedly. A "been there, done that" attitude doesn't really help to set the stage for that interior conversion we're invited to during this penitential season. I invite you to enter into the spirit of Lent with great expectation! Invite the Lord into your heart once again – even more completely this year than last year; even more completely today than yesterday. Allow the Lord to do great things in you and for you. Yes, in YOU and for YOU! Expect great joy in your spiritual life when you allow the Lord the space to make his dwelling within you.

**We will include more details about our celebration of the Season of Lent in upcoming Parish Bulletins, on our website, and through Flocknotes. As always, please share the information and special schedules with family, friends and neighbors. All are welcome – not matter where they live. “The parish alive is worth the drive!”**

## Young Adult Mass

Next Sunday ~ February 21<sup>st</sup>

7:00 PM

All members of the parish, neighborhood, community are invited.

18-39 Years of Age

*Share the word...Invite someone to attend!*

### Some Lenten Assistance

As we journey together through the season of Lent, I would like to offer you a word or an image to think about and reflect on each day. You might consider keeping a mini journal or writing the word/image down and placing it in an obvious spot (like on the front the refrigerator) where you will see it from time to time during the day. You might also consider writing each new word/image on a piece of paper and placing it in your Bible, where you might look up the word and find it in a Scripture passage.

Wednesday, February 17: Repent and Believe

Thursday, February 18: Fidelity to the Covenant

Friday, February 19: Grace upon Grace

Saturday, February 20: Child of God

Sunday, February 21: Suffering Servant

**Fr. Bob**



2020 Contribution Statements were slightly delayed with the storms  
If you need a statement, but do not receive one,  
please call the office after Tuesday, February 16<sup>th</sup> to allow for the mail delivery.

**2021 Mass Book**

The Mass Book for **July 1 through December 31, 2021**  
 will open **Wednesday, February 24<sup>th</sup> at 9:00 am**  
 The Bread & Wine And Sanctuary Lamp Memorials will also open

In order to give everyone an opportunity to request their Masses and Memorials, **we ask that you do not request more than six Masses and that only one be a Saturday Vigil or Sunday Mass during these six month time periods.** The stipend for all Masses will be **\$15.00.** You may also request **up to 6 Bread & Wine or Sanctuary Lamps** when the Book opens. The stipend for a Memorial will also be **\$15.00.**

Your cooperation with these stipulations will be appreciated.



**Sacred Heart High School**

**is accepting applications  
 for incoming Freshmen for the  
 2021-2022 year.  
 (Transfer students applications also  
 accepted for current year)**

**Pease contact  
 Mr. Brendan Clark  
 Director of Admissions  
 bclark@sacredhearths.org  
 914-965-3114 x 114**

**Sacred Heart Grade School**

**Registration for September 2021**

**PreK-3 and Kindergarten to Grade 8**

**UPK4 for Yonkers Residents**

**Students must be 4 by December 1, 2021.**

**Registration is Monday through Friday,  
 8:30 am - 2:00 pm  
 Grade School Main Office,  
 Please call the School Office 963-5318 x2  
 for any additional information.**

**Food Pantry**

**Our Food Pantry has remained open to those in need.  
 We are running low on some staples for the pantry:  
 Cereal, tomato/spaghetti sauce, tuna, canned fruits and vegetables.  
 This time of year, we are always grateful for soups....**

**Puzzle Time**

Circle the unused letters for today's verse.

	G	W	Y	H	A	T	E	U	O	
L	A	E	S	V	A	R	E	N	F	R
E	R	Y	O	A	O	O	U	C	F	D
P	M	O	R	S	D	O	E	L	E	V
E	E	O	P	E	E	R	Y	E	N	T
R	N	H	E	I	N	S	G	A	S	F
O	T	E	L	L	N	O	O	N	E	R
T	S	H	E	G	L	O	R	M	Y	O
F	G	P	R	I	E	S	T	O	D	

- AARON
- GARMENTS
- LEPER
- LEPROSY
- MOSES
- OFFENSE
- PRIEST
- SORE
- TELL NO ONE
- UNCLEAN

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**What's My Name?**  
The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

**#WHATSMYNAME**  
In Remembrance of **Samantha Josephson**

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