



Sacred Heart Church

110 Shonnard Place
Yonkers, New York

www.sacredheartyonkers.org
-A Ministry of the Capuchins of
the Province of Saint Mary

914-963-4205

February 7, 2021

Fifth Sunday in Ordinary Time

Entrance: *All the Earth #426*

*All the earth proclaim the Lord;
sing your praise to God.*

Serve you the Lord, heart filled with gladness.
Come into God's presence singing for joy! R./

Know that the Lord is our creator.
Yes, God is our Father; we are his own. R./

First Reading: *Job 7:1-4,6-7*

Responsorial Psalm

Praise the Lord, who heals the brokenhearted.

Second Reading: *1 Corinthians 9:16-19, 22-23*

Gospel: *Mark 1:29-39*

Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Offertory *Shelter Me O God #472*

*Shelter me, O God; hide me in the shadow of your wings.
You alone are my hope.*

When my foes surround me, set me high above their reach.
Hear me when I call your name.

As a mother gathers her young beneath her care,
Gather me into your arms.

Though I walk in darkness, through the needle's eye of death,
You will never leave my side.

Communion: *Eye Has Not Seen #462*

*Eye has not seen, ear has not heard
what God has ready for those who love him;
Spirit of love, come give us the mind of Jesus,
teach us the wisdom of God.*

When pain and sorrow weigh us down,
be near to us, O Lord,
forgive the weakness of our faith,
and bear us up within your peaceful word. R./

Our lives are but a single breath,
we flower and we fade,
yet all our days are in your hands,
so we return in love what love has made. R./

Recessional: *Lift Up Your Hearts #562*

*Lift up your hearts to the Lord,
praise God's gracious mercy!
Sing out your joy to the Lord,
whose love is enduring.*

Shout with joy to the Lord, all the earth!
Praise the name above all names!
Say to God, "How wondrous your works,
how glorious your name!"

Let the earth worship, singing your praise.
Praise the glory of your names!
Come and see the deeds of the Lord;
bless God's holy name!

February 7th - February 14th

Sunday, February 7th -

Fifth Sunday in Ordinary Time

Job 7:1-4, 6-7/1 Cor 9:16-19, 22-23/Mk 1:29-39

5:00pm Vigil Decd Marion Rutledge
8:00am Decd Armando Santos (1st Anni)
9:45am Sp Int For Our Parish Family
11:30am Decd Peggy & Jack Farrington

Monday, February 8th -

Geb 1:1-19/Mk 6:53-56

8:30am Decd Arlene Femia

Tuesday, February 9th -

Gen 1:20-2:4a/Mk 7:1-13

8:30am Decd Rev. Kevin O'Reilly

Wednesday, February 10th - St. Scholastica

Gen 2:4b-9,15-17/Mk 7:14-23

8:30am Decd Lucia Persichilli Tejani
7:30pm Decd Loughran & Horrigan Families

Thursday, February 11th - Our Lady of Lourdes

Gen 2:19-25/Mk 7:24-30

8:30am In Thanksgiving to the
Blessed Mother

Friday, February 12th -

Gen 3:1-8/Mk 7:31-37

8:30am Decd Thomas F. Harrington, Sr.

Saturday, February 13th -

Gen 3:9-24/Mk 8:1-10

8:30am Decd Felipe Pocas

Sunday, February 14th -

Sixth Sunday in Ordinary Time

Lev 13:1-2,44-46/1 Cor 10:31-11:1/Mk 1:40-45

5:00pm Vigil Decd Christina Erpenbeck
8:00am Decd Shankey & Courtney Families
9:45am Decd Leonila Cancio
11:30am Sp Int For Our Parish Family

Week of February 7th

Bread and Wine
Decd Margaret Suriana

Sanctuary Lamp
Decd Margaret Suriana



Parish Office Hours

Monday - Closed

Tuesday - Friday, 9:00 am - 4:00 pm

**We will tape the 8:30 Weekday Mass
from the church for Broadcast at 10:00 am.**



Eucharistic Adoration

Thursday 3:30 pm - 7:00 pm

**Please Pray
for the repose of the souls of
Joseph DeBlasi, Joan Levis,
and all the deceased parishioners of Sacred Heart,
and the Special Intentions of
Our Parish Family members,
listed in our Prayer Intention Book.**



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Upcoming Events**

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sacredheartyonkers.org
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Parish Giving Logo,
then follow the
easy registration steps.



From the Pastor's Desk

Fifth Sunday in Ordinary Time

As we read or listen to the first reading this weekend, many of us can relate to Job's thoughts and feelings! They describe well the miseries of life that fall on so many! Job echoes the thoughts and sentiments of many who have experienced very difficult trials. But our life as Christians is not a trip down easy street! At times, the journey of discipleship brings difficulties and trials, even mistakes and failures – but it also brings healing, comfort, peace and joy...and a future full of hope, as the great Prophet Jeremiah tells us.

Once again, pay attention to the psalm response: "Praise the Lord, who heals the brokenhearted." The Lord is actively seeking us. The consolation and healing he offers us, especially when we are feeling brokenhearted, is powerful, life-changing, and anxiety-reducing! God knows our need for healing and desires to bring it about. We are blessed in the Catholic Church with two wonderful sacraments of healing: Reconciliation and the Anointing of the Sick. I am happy to report that it has been my experience in the last several years that more and more people are taking advantage of both sacraments of healing with an increased number of people celebrating reconciliation. More and more young adults are also taking the opportunity to go to confession – when many of their peers are probably ask, "Why would you do that?!" Praise God!

In our second reading, St. Paul challenges us with his statement, "I have become all things to all, to save at least some...all this I do for the sake of the gospel." This statement invites us to be creative in our proclamation of the gospel message. The same methods, examples, and words may not be equally effective with all people, in all audiences, in all situations. Therefore, while remaining faithful to the truth of the gospel message, we invite others to hear and experience it in the circumstances of their lives, whatever they may be.

In our gospel passage we experience Jesus' healing power, as he healed Simon's mother-in-law and a host of others who were ill or possessed by demons. We also hear that Jesus went off to a deserted place to pray – that is until his disciples pursued him, telling him that "everyone is looking for you." Jesus is a healer of all that afflicts us, and in that healing we can experience, even in this life, the rest and comfort that come from his healing power. As we go through another week, perhaps we might take some time to ask ourselves, "What do I most want or need Jesus to heal in me?" Do I have the courage and faith to go to him in prayer and to tell him? In your prayers, pray, too, for the gift of patience while we await the Lord's response.

Update: Our Unfortunate Incident

As I reported in last weekend's bulletin, we discovered an unfortunate incident in one of the bathrooms in the church hall. Unfortunately, the situation was much worse than we first anticipated and is taking much longer for repair the damage. It will likely take several more weeks until all the work is completed. Some of the expense will be borne by the parish and the rest by our insurance company. I will keep you posted. For the time being, however, please do not attempt to use the church hall bathrooms or even to go downstairs. Thanks for your cooperation.

Thank You for Your Prayers for our Catholic Schools

I am most grateful to everyone who joined us in prayer last week for our Catholic schools. Several of you commented on the prayer that was in the bulletin and several of you have pledged your continued support of and praise for our schools, especially Sacred Heart High School. I am so grateful for your kind words of encouragement and I am grateful to everyone who contributed to the special collection for the school the weekend of January 23-24. Your kind generosity is yet another sign in your belief in the power of and necessity for Catholic Schools which, as I said at all the Masses, not only teaches academics but also faith and moral development.

There will be another opportunity to help support our Parish High School by supporting our **Pot of Gold** Raffle during the month of March. Raffle tickets are \$10 each or 6 for \$50. There will be drawings each day of March and winner tickets are re-entered. More details next week.

Young Adult Mass: Interest is Growing!

I am so happy to report that interest in our monthly Young Adult Mass (for those ages 18-39) continues to grow. The Mass is open to the entire community and beyond, for any young adult in the Archdiocese. I know I keep asking your help, so at the risk of sounding like a broken record (which most young adults probably don't even know what that is!) please share the invitation to our upcoming Masses: **February 21, March 14, April 18, May 16, June 6.** Thanks for helping to spread the Word!

Next Week: Ash Wednesday and the Beginning of Lent

February 17th is Ash Wednesday and the beginning of the Lenten season. Please keep in mind that Ashes will be distributed **FOLLOWING THE HOMILY**. Masses will be celebrated at 8:30 AM and 7:30 PM. There will be a Service of the Word at 3:00 PM. **Please note that ashes will NOT be distributed in the parish office.**

Remember that it is the interior attitude of Ash Wednesday, rather than the exterior mark with ashes, that is most important. As you prepare for the beginning of this holy season, consider how you will respond to what the Scriptures and Tradition of the Church call us to: **prayer, fasting, almsgiving.**

During the season of Lent, the Church urges all the Faithful to reflect a spirit of penance in their daily life through performing acts of fast and abstinence.

FASTING requires that one only full meal be taken per day. Two other smaller meals may be taken during the day to maintain physical strength, but these two meals together should not equal a full meal in quantity. Fasting on **Ash Wednesday and Good Friday** obliges all those who have reached the age of 18 and continues to oblige through age 59. Those not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

ABSTINENCE prohibits individuals from eating meat or poultry on a particular day. Abstinence obliges all those who have reached the age of 14 and continues to oblige throughout their entire lives. Those not specifically obliged to abstain from eating meat are encouraged to join in this discipline to the extent that they are able.

Ash Wednesday and Good Friday are days of **Fast and Abstinence**, **all Fridays in Lent are days of Abstinence.**

Because we've celebrated the season of Lent before, there is a temptation to approach it somewhat half-heartedly. A "been there, done that" attitude doesn't really help to set the stage for that interior conversion we're invited to during this penitential season. I invite you to enter into the spirit of Lent with great expectation! Invite the Lord into your heart once again – even more completely this year than last year; even more completely today than yesterday. Allow the Lord to do great things in you and for you. Yes, in YOU and for YOU! Expect great joy in your spiritual life when you allow the Lord the space to make his dwelling within you.

We will include more details about our celebration of the Season of Lent in upcoming Parish Bulletins, on our website, and through Flocknotes. As always, please share the information and special schedules with family, friends and neighbors. All are welcome – not matter where they live. "The parish alive is worth the drive!"

Parish Offertory Envelopes

For those who attend Mass each morning and each weekend, you have noticed in the vestibule that there are almost 250 boxes of parish offertory envelopes that have not yet been picked up. This comes at a high cost to the parish. If you make your contributions on line and no longer use envelopes, please notify the office so that we can make the necessary change in our parishioner data base. If you know a family member or neighbor who is unable to get to church during the pandemic or due to the winter weather, perhaps you can take their envelopes to them.

I am grateful to all those who continue to support the parish, whether electronically or with offertory envelopes. May God, who can never be outdone in generosity, bless you in abundance for your kindness to the parish.

Fr. Bob



Sacred Heart High School

is accepting applications
for incoming Freshmen for the
2021-2022 year.

(Transfer students applications also
accepted for current year)

Pease contact
Mr. Brendan Clark
Director of Admissions
bclark@sacredhearths.org
914-965-3114 x 114

Important Reminders During the Time of Covid-19:

When coming to Church, please remember:

- Wear a mask or face covering AT ALL TIMES over your NOSE and MOUTH.
- Sanitize your hands, even if you did it before arriving at church.
- Don't pass by the sanitizing stations without using them.
- Sit in designated seats only.
- Keep a safe distance from the person in front of you while on the line to receive Holy Communion. (Follow the markings on the carpet.)
- Stay HOME if you are feeling ill in any way.
- Don't take the pandemic for granted.

It does not discriminate against any potential targets



2020 Contribution Statements were slightly delayed with the storm.
If you need a statement, but do not receive one,
please call the office after Monday, February 12th to allow for the mail delivery.

2021 Contribution Envelopes are in the Church Vestibule.
If you have not received them, please call or stop by the Office.



Food Pantry

Our Food Pantry has remained open to those in need.
We are running low on some staples for the pantry:
Cereal, tomato/spaghetti sauce, tuna, canned fruits and vegetables.
This time of year, we are always grateful for soups....
they can always been used to start a meal!

Puzzle Time

Circle the unused letters for today's verse.

	D	H	E	A	P	G	P	H	R	
S	E	V	I	L	L	A	G	E	S	O
I	M	A	F	C	H	L	E	A	D	G
M	O	T	H	E	R	I	N	L	A	W
O	N	R	O	A	V	L	S	I	P	E
N	S	D	U	H	E	E	R	N	H	A
N	D	A	S	N	D	E	R	G	H	E
L	P	R	E	A	C	H	I	N	G	P
	E	D	H	I	L	L	E	R	U	P

DEMONS
FEVER
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HEALING
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MOTHER IN LAW
PREACHING
SIMON
VILLAGES

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What's My Name?
The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

#WHATSMYNAME
In Remembrance of
Samantha Josephson

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