



## Sacred Heart Church

110 Shonnard Place  
Yonkers, New York

www.sacredheartyonkers.org  
-A Ministry of the Capuchins of  
the Province of Saint Mary

914-963-4205

# March 7, 2021

## Third Sunday of Lent

**Entrance:** Table of Plenty #310

*Come to the feast of heaven and earth!  
Come to the table of plenty!  
God will provide for all that we need,  
here at the table of plenty*

O come and sit at my table  
where saints and sinners are friends.  
I wait to welcome the lost and lonely  
to share the cup of my love R./

**First Reading:** Exodus 17:3-7

### Responsorial Psalm

*If today you hear his voice, harden not your hearts.*

**Second Reading:** Romans 5:1-2, 5-8

**Gospel:** John 4:5-42

### Nicene Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**Offertory** The Glory of These Forty Days #127

The glory of these forty days  
We celebrate with songs of praise;  
For Christ, by whom all things were made,  
Himself has fasted and has prayed.

Alone and fasting Moses saw  
The loving God who gave the law;  
And to Elijah, fasting, came  
The steeds and chariots of flame.

So Daniel trained his mystic sight,  
Delivered from the lions' might;  
And John, the Bridegroom's friend, became  
The herald of Messiah's name.

**Communion:** Hosea #655

Come back to me with all your heart,  
Don't let fear keep us apart.  
Trees do bend, though straight and tall;  
So must we to others' call

*Long have I waited for  
your coming home to me  
and living deeply our new life.*

The wilderness will lead you  
to your heart where I will speak.  
Integrity and justice  
with tenderness you shall know. R./

You shall sleep secure with peace;  
Faithfulness will be your joy. R./

**Recessional:** Lift High the Cross #701

*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

Led on their way by this triumphant sign,  
The hosts of God in conquering ranks combine. R./

Each newborn servant of the Crucified  
Bears on the brow the seal of him who died. R./

## March 7<sup>th</sup> - March 14<sup>th</sup>

### Sunday, March 7<sup>th</sup> -

Third Sunday of Lent

Ex 20:1-17/1 Cor 1:22-25/Jn 2:13-25

5:00pm Vigil Sp Int For Our Parish Family  
8:00am Decd Mary Catherine Finnegan  
9:45am Decd Paul Phorence  
11:30am Decd Jeanne Shanahan

### Monday, March 8<sup>th</sup> -

2 Kgs 5:1-15ab/Lk 4:24-30

8:30am Decd Maria Reis

### Tuesday, March 9<sup>th</sup> -

Dn 3:25, 34-43/Mt 18:21-35

8:30am Decd Zoraya Mercedes

### Wednesday, March 10<sup>th</sup> -

Dt 4:1,5-9/Mt 5:17-19

8:30am Decd Amore DiGiannantonio & Family  
7:30pm Decd Jean Noonan

### Thursday, March 11<sup>th</sup> -

Jer 7:23-28/Lk 11:14-23

8:30am Sp Int

### Friday, March 12<sup>th</sup> -

Hos 14:2-10/Mk 12:28-34

8:30am Sp Int Lisa Cornelius

### Saturday, March 13<sup>th</sup> -

Hos 6:1-6/Lk 18:9-14

8:30am Decd Mary Keane

### Sunday, March 14<sup>th</sup> -

Fourth Sunday of Lent

2 Chr 36:14-16, 19-23/Eph 2:4-10/Jn 3:14-21

5:00pm Vigil Decd Neal Moynihan (20<sup>th</sup> Anni)  
8:00am Decd James J. Ryan & Family  
9:45am Decd Maggie McCue  
11:30am Sp Int For Our Parish Family

### Week of March 7<sup>th</sup>

#### Bread and Wine

Sp Int Patricia Kennedy

#### Sanctuary Lamp

Sp Int Patricia Kennedy



## Parish Office Hours

Monday - Closed

Tuesday - Friday, 9:00 am - 4:00 pm

We will tape the 8:30 Weekday Mass  
from the church for Broadcast at 10:00 am.



Eucharistic Adoration  
Thursday 3:30 pm - 7:00 pm

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Please Pray  
for the repose of the souls of  
and all the deceased parishioners of Sacred Heart,  
Mary Rita Young, Fr. John Mellitt, OFM Cap.  
and the Special Intentions of  
Our Parish Family members,  
listed in our Prayer Intention Book.



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easy registration steps.



## *From the Pastor's Desk*

### *Third Sunday of Lent: Jesus Overturns More Than Tables!*

For the Jewish community at the time of Jesus and still so today for many of our Jewish brothers and sisters, the Torah (Law) and the temple were most revered, treasured and intimately linked not only to the practice of religion, but to culture and life in general. The Ten Commandments summed up the Law and provided the Israelites with a “road map” or a framework for living one’s religious and social obligations, and they were strictly adhered to. The commandments address one’s relationship with God and neighbor. The temple was the central place of worship, where God’s Presence among His people was discovered and celebrated.

For the Christian community today, the Ten Commandments continue to provide us with a road map as we journey the path of discipleship and fidelity toward God. The Ten Commandments offer us one of the best examinations of conscience possible as we reflect on our relationship with God and our neighbor. Our church building, also a consecrated temple, houses the Real Presence of Jesus in the Eucharist and remains a place where we, too, can discover the very Presence of God among us. Each of us, consecrated at Baptism, also bears the presence of Christ for one another and we are temples of God’s Holy Spirit.

The act of overturning the money changers’ tables was, possibly, Jesus’ response to those who may have been taking advantage of the religious sensibilities of the community by extorting, cheating, and over-charging those who had come to worship. He broke with or overturned many of the expectations placed on the Jewish community, especially by the religious leaders who did little (and sometimes nothing!) to assist those on whom they laid heavy burdens. His preaching and personal example challenged societal, religious, cultural and political opinions and policies of his day. As a result, there are many examples in the gospels where the Scribes and Pharisees tried to trap Jesus in his words or his actions, in order to bring a charge against him and do away with his challenges to a greater, more authentic living of the covenant that God made with us. And therefore, Jesus did more than overturn those merchants’ tables that day! Although the Jews in today’s gospel reading didn’t understand him, Jesus spoke of his body as the new temple and prefigured his death and resurrection when he said, “Destroy this temple and in three days I will raise it up.” Jesus didn’t do away with the Ten Commandments, but he summed them up when he taught that we must love God with all our heart, our mind and our soul – and love our neighbors as ourselves. Jesus showed tremendous reverence and respect for the temple of people’s lives, reaching out to satisfy their physical, spiritual, emotional needs. He healed the sick, forgave the sinner, raised the dead, fed the hungry – and so much more – which was not contrary to the Jewish law, but rather its fulfillment.

Especially during this Lenten season let us remember that to be a disciple of Jesus today is an invitation to be different! We are called to a greater fidelity toward God and a greater expression of love for our neighbors. We are called to be the “voices that challenge” our society, our local cultures, our local political arenas, our families, to a greater fidelity to God and to one another. Like Jesus, we must back up our words with our actions, knowing that we will not win the approval of everyone; in fact, we may have strong critics who actively seek to discredit, judge and condemn us. The Lord has promised to be with us at all times, giving us the proper testimony at the proper time. Let us take the Lord at his word and “be not afraid” to be different!

### **Some Lenten Assistance**

How is your Lenten journey going so far? Time sure flies by quickly, doesn’t it? Hard to believe we are already entering the third week of Lent! I continue providing a little extra food for thought by asking you to reflect on the following words, phrases and images during the coming week. What thoughts come to mind as you consider them? I hope they have been helpful in at least some small way. If so, please continue using them.

Monday, March 8: Die to self

Tuesday, March 9: Teach me to be loving, Lord.

Wednesday, March 10: The time of penance has come.

Thursday, March 11: I do not wish the sinner to die.

Friday, March 12: Be kind to one another.

Saturday, March 13: Turn from your evil ways.

Sunday, March 14: You must wash one another’s feet.

## Save Date: Friday, March 19<sup>th</sup> – Solemnity of St. Joseph

Please join us for Mass at 7:30 PM on Friday, March 19<sup>th</sup>, the Solemnity of St. Joseph.

In his Apostolic Letter, *Patris Corde* (“With a Father’s Heart”), our Holy Father Pope Francis described St. Joseph as a “beloved father, a tender and loving father, an obedient father, a father in the shadows.” The Pope’s Apostolic Letter marked with 150<sup>th</sup> anniversary of Pope Pius IX’s declaration of St. Joseph as the Patron of the Universal Church. This special “Year of St. Joseph” began last calendar year, on the Solemnity of the Immaculate Conception (December 8<sup>th</sup>) and continues until the same solemnity is celebrated this year.

Help us to celebrate our Patron of the Universal Church by attending Mass on that day. The evening Mass will include music and a cantor. As we continue to confront all the effects of the coronavirus (and continue to pray for its end), we need his intercession more than ever. Pope Francis wrote his Apostolic Letter with the pandemic in mind. He stated that the pandemic “has helped us to see more clearly the importance of ‘ordinary’ people who, though far from the limelight, exercise patience and offer hope every day. In this, they resemble Saint Joseph, ‘the man who goes unnoticed, a daily, discreet and hidden presence,’ who nonetheless played ‘an incomparable role in the history of salvation.’”

As we consider these words of our Holy Father, let us keep in mind and pray for all those in our lives who resemble Saint Joseph and live their lives in imitation of him. Throughout the year we will continue to celebrate the Year of St. Joseph in a variety of ways. Let us consider praying the following prayer with which our Holy Father concluded his Apostolic Letter.

*Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.  
Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy, and courage,  
and defend us from every evil. Amen.*

## There’s Still Time: Pot of Gold Raffle Continues...

Thank you to everyone who has already participated in this fundraising effort for the good of the students in our Parish High School. Ticket information is **STILL AVAILABLE** on the gold sheets on the table in the vestibule. You can also call the office to arrange ticket pick up. Don’t miss this opportunity to help a good cause and be among our daily raffle winners!

*Young Adult Mass  
Next Sunday ~ March 14<sup>th</sup>  
7:00 PM*

All members of the parish, neighborhood, and community are invited.  
18-39 Years of Age  
*Share the word...Invite someone to attend!*

**Fr. Bob**

## 2021 Cardinal's Appeal In-Pew Phase This Weekend

The theme for this year's Cardinal's Annual Stewardship Appeal is "*What You Do For the Least of These, You Do For Me.*" As mentioned last weekend, many of you have already received a letter and request from the Cardinal's Office, soliciting your support of the Appeal. I am grateful to those parishioners who have made a gift or a pledge to the Appeal and I trust, as always, God will bless you for your generous support of the Appeal. Our goal for this year remains the same as last year: \$81,000. Below is a summary of last year's Appeal Results as well as an update on this year, although it is still very early.

**2020 Results: Goal was \$81,000.**

Amount Pledged	Amount Paid	Number of Gifts	Average Gift
\$46,157	\$45,202	155	\$297.79

**2021 Results: Goal is \$81,000.**

Amount Pledged	Amount Paid	Number of Gifts	Average Gift
\$9,845	\$6,690	42	\$234.40

The **In Pew Phase** of this year's Appeal begins this weekend. All parishioners will be given an opportunity to participate in the Appeal by making a pledge (No payment is required at this time; the Cardinal's Appeal Office will send you monthly reminders to fulfill your pledge. Of course you can make a one-time gift rather than a pledge and include payment today. You may also take a pledge envelope home with you, consider your gift/pledge and either mail the envelope to the Cardinal's Appeal Office or include it in the parish offertory collection.)

### Puzzle Time

Match the key to get today's verse.

11 24 6      12 7 1 8 19 8 20      9 20 23 5 26 16      6 7 8  
12 2 6 8 20      23      16 7 2 3 3      18 23 19 8  
12 23 3 3      5 8 19 8 20      6 7 23 20 16 6

A	B	C	D	E	F	G	H	I	J	K	L	M
2	11	15	9	8	4	18	7	23	17	26	3	21

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
5	1	10	14	20	16	6	24	19	12	13	25	22

### High School Seniors

#### North Yonkers Community Fund Scholarship

The North Yonkers Community Fund is pleased to announce the 2021 Walter "Goose" Ineson College Scholarship. There are 3 scholarships available. First prize is a \$2,000 per year, 4 year award. Second is a \$1,500 1 time award. Third is a \$1,000, 1 time award. All are available to incoming college freshmen in the 2021-2022 school year. Deadline for application is May 7, 2021 Please email Tony Giannelli [nysf10@gmail.com](mailto:nysf10@gmail.com) to request an application.

### Eighth Graders

#### North Yonkers Community Fund Scholarship

The North Yonkers Community Fund is also pleased to announce the 2021 Thomas M. Goff High School Scholarship. The Scholarship is \$1,000 per year for 4 years. The Scholarship is available to incoming High School Freshmen from our Northwest Yonkers Community entering parochial or private school for the 2021-2022 school year. Deadline for application is May 14, 2021 Please email Tony Giannelli [nysf10@gmail.com](mailto:nysf10@gmail.com) to request an application.

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