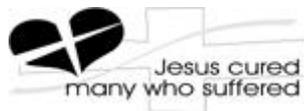


The Church of Saint Michael
Sunday, February 4, 2018
 Fifth Sunday in Ordinary Time



Please remember in your prayers those who have died.

Please remember in your prayers the sick of our parish:
 Helen Newstead, Louis DiBernard, Maria Spezza,
 James Mahieu, Sal Romano, Tim Paternostro, Bill Regal, Diane
 Grzymko, Carolyn Sundheim Nystrom, James Morino,
 Doug Ernst

Weekly Memorials
 Sacramental Bread & Wine:
 The Brodo Family

Weekly Devotions

Monday: Charismatic Prayer Group 7:00 pm
 Wednesday: Rosary Group 7:30 pm
 Friday: Divine Mercy 3:00 pm
 Saturday: Rosary (after 8 am Mass) 8:30 am

Readings for the week

Fifth Sunday in Ordinary Time

Sunday

Jb 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39

Monday

1 Kgs 8:1-7, 9-13; Mk 6:53-56

Tuesday

1 Kgs 8:22-23, 27-30; Mk 7:1-13

Wednesday

1 Kgs 10:1-10; Mk 7:14-23

Thursday

1 Kgs 11:4-13; Mk 7:24-30

Friday

1 Kgs 11:29-32, 12:19; Mk 7:31-37

Saturday

1 Kgs 12:26-32, 13:33-34; Mk 8:1-10

Mass Intentions for the Week

Saturday, February 3, 2018

8:00 a.m. All Families of St. Michael Church
 5:00 p.m. Angelina Arbolino, Charles Susco Sr.

Sunday, February 4, 2018

7:00 a.m. For All Priests
 8:45 a.m. Ronald Costanzo, Deidra Seelinger
 10:30 a.m. Samuel Palumbo Jr.,
 Adeline & Joseph Bencivenga
 12:00 p.m. Emilio Notaroberto
 1:30 p.m. For All Parishioners

Monday, February 5, 2018

7:00 a.m. Legal Protection of Unborn Children

Tuesday, February 6, 2018

8:00 a.m. Sr. Carmelina

Wednesday, February 7, 2018

7:00 a.m. All Parishioners of St. Michael Church

Thursday, February 8, 2018

8:00 a.m. Frances & Matthew Soccio

Friday, February 9, 2018

7:00 a.m. Kyle Mullen

Saturday, February 10, 2018

8:00 a.m. Special Intention
 5:00 p.m. Elwin & Mary Burd, Paul DiRupo

Sunday, February 11, 2018

7:00 a.m. Special Intention
 8:45 a.m. Special Intention
 10:30 a.m. Dominic & Nunziata Tognio, Patricia Buckley
 12:00 p.m. Ronald Costanzo
 1:30 p.m. Flor Medranda

TITHING – GOD’S PLAN FOR GIVING
 ST. MICHAEL’S HAS BEEN A TITHING PARISH
 SINCE 1988.

Sunday, Jan. 28 \$6,519.00

To run our parish properly we need \$9,651.

Please consider helping a little bit more if you can.

Next Healing Mass
Tuesday, February 27th at 7pm
Rosary/Chaplet at 6:30pm

*Please pray for our Diaconate Candidates –
 Russ Raffay and John Meyer*

Mission Trip to Haiti

From Ashley Hernandez

Upon returning to Cap-Haitien for the second time in six months, I found that while many things were similar, some were entirely different. Seeing familiar faces, falling into the same routine, and performing the same daily tasks made it feel like I'd never left. The people I had gotten to know during my prior visit felt more like family when I saw them again, and we continued to grow closer as the days went on. It was extremely rewarding to see the children, adults, and elderly whose lives we re-touched by our presence on the compound. Still, something was unsettled and restless inside of me. The more time I spent in Haiti, the more I was aware of the need for extra hands, and the less I wanted to leave. I began to envision myself spending more than just a week or two there. Such a short amount of time as nine days couldn't make a substantial difference could it? I wondered what my purpose was during such a short visit. The answer came much sooner than I thought.

One afternoon early in our trip, we were feeding some of the children and I got to the crib of a boy named Martin. He was skinny, his arms and legs no bigger than the width of my forearm; but that did not distinguish him from most of the residents. However, one of my fellow missionaries told me that Martin had gotten sick all over his mattress. Immediately, the instincts I developed through my professional experience in the Emergency Department kicked in, and I was quick to utilize some of my medical knowledge. After further examination, I noticed that the boy's belly was protruding and hard to the touch. We brought his condition to the attention of the priest who runs the compound, and Martin was sent to the hospital within a few days. The doctors at the hospital agreed that something was wrong with him, and he began receiving the medical attention that he needed. When I signed up for this trip, I was not expecting to be able to apply my medical knowledge in such a way. But through my vocation to medicine, the Holy Spirit finally revealed my purpose on this mission trip. In further pursuit of the belonging and fulfillment that I experienced because of that, I look forward to the day that God brings me back to Cap-Haitien as a medical missionary. Given the positive and influential experience that I had this time around, I can only hope to go back in the very near future.

From Nicole Bias

Haiti, means "the land of high mountains," and it was in those mountains and within the community of Cap-Haitien where I found a happiness and felt a presence of God that I never thought I could find. There was a peacefulness and joy that filled the air and in every smile that greeted me each day, especially within this little boy named Charnel. He was crippled, like many of the children in the centers, however it was rare to see him without a huge smile stretched across his face. Each day I would help feed him, and some days I would take him out in a stroller for a walk around the compound. We would race, pop-wheelies and zig-zag backwards weaving through the buildings and the other residents out and about. When Charnel would tilt his head back to look at me, I never wanted those moments to end because I felt an overwhelming feeling of love and comfort.

I also had the pleasure of observing and connecting with my fellow volunteers, and I am proud to have experienced this second time in Haiti with them. Not only were we able to grow in our faith and deepen our relationships with the residents of the compound, we also grew closer in our friendships together. It was wonderful to see each person develop in their faith and I enjoyed listening to them open up during reflections at the end of the day, see them help one another, and to be comfortable enough to laugh with and at each other. If I was given an opportunity to leave tomorrow and to go back, I would not hesitate to say yes, none of us would.

As I reflect back on this past year, there is a question that has been challenging me, and continues to follow me through this part of my journey in life, "what are you called to do?" Each of us is called to serve God in some way or another, and somehow he is calling me back to Haiti. There is a strong presence that Jesus has placed in my heart that pulls me towards the community of the Missions of the Poor. I am not sure if my calling is just to Haiti, or to mission work in general, but I hear this calling and it has been an answer to a prayer I have been asking for most of my life, what is my purpose? I want to again thank all of those who helped out financially with our trip, and those who have kept us in your thoughts and prayers, we could not have experienced any of this without you.



40 Cans for Lent

Once again, the Knights of Columbus will be sponsoring the 40 Cans for Lent program. We ask that individuals and families try to donate 40 cans (or equivalent items) of food during the Lenten season...one can for each day of Lent. You can place the cans in front of the St. Anthony statue in the rear of the church and the Knights will collect them and bring them to the food pantry for distribution to the needy in the area. Suggested items include: soups, peanut butter, canned vegetables, pasta, tuna, cereal etc. Lent begins on Ash Wednesday, February 14.



Hats for the Homeless Religious Ed children are collecting hats, scarves, gloves, and socks (gently-used-freshly-laundered or brand new) for a homeless shelter. Bring your donation to the school during class time OR stop by the school Sundays at 10am or 11:30 am OR leave your contribution by the St. Anthony statue at the back of Church.

RELIGIOUS EDUCATION NEWS



Religious Education Calendar Reminders

As per the schedule, classes are in session:

- Gr. 1-6 on Sunday
- Gr. 8 on the following Mondays: 2/5, 2/12
- Gr. K on 2/11
- NO sessions for Gr. K-8 on 2/18 and 19
- Gr. 7 on Monday, 2/26

Grade 8: as per the calendar and letter sent home, Teen/Parent session will be **Feb. 5**, 7-9 pm in the church hall. Every 8th grader should have at least one parent present. Call Mrs. Rogalo if you have any questions.

Children's choir practices every Sunday, after class in the school building, room 23, 11:15 am-11:45 am. *New members are welcome!* See Mrs. Rogalo if your child is interested.

Confirmation Prep:

- **Confirmation II:** Next session: Feb. 11, 1-3pm with your sponsor (or a parent stand-in)! NOTE the time!
- **Confirmation I:** Meeting scheduled for Feb. 4 has been *changed* to March. Your meetings for March are as follows: March 4 (4-6pm), 11 (super group, 4-6:45pm), and March 18 (4-6pm this one in the rectory basement)

First Communion Parent Meetings:

We ask that at least one parent attend BOTH sessions

Session I: February 25 (Sun.) at 6:30 pm

Session II: February 28 (Wed.) at 7 pm

Important details about First Communion, Jesus Day and other important material that you need to prepare your child will be discussed at these sessions. Please plan to attend! Questions? Contact Mrs. Rogalo (973-347-0032, ext. 2330)

Religious Education Calendars for all programs are available on the website. Go to Faith Formation tab then choose Religious Education.

Two Winter Service projects to participate in: (Sponsored by Religious Ed but the entire parish is welcome to participate)



"Super-Bowl" Food Pantry Project: bring to class a can of soup on Super Bowl Sunday, Feb. 4.

If you forgot your donation this week, Religious Ed classes will continue to collect soup for the food pantry through February.

YOUTH MINISTRY

† Paintball Weekend February 17th-18th †

Come join youth ministry for a fun weekend getaway \$80.00 for parishioners, \$100.00 for non-parishioners. \$10.00 discount for siblings

MUST hand in registration forms to Sarah by 2/14/18

Need at least 20 registrants or else trip is cancelled!

(Full refund)

† Youth Ministry meetings every Monday †

7:15pm to 9pm, meeting in the church

ALL registration forms are available on the parish website under Youth Ministry

For more information, please contact St. Michael's Youth Minister, Sarah Cho at

youthministry@stmichaelnetcong.org



Catholic's Divorce Survival Guide

The video based discussion program, published by Ascension Press, (<http://www.catholicdivorce.com/>)

was created to bring hope and healing to divorced and separated Catholics. With the

help of counselors, theologians and priests, the 12 week video and discussion program offers wisdom and comfort and practical advice from others who have suffered through divorce. We have hosted 3 cycles of the group so far at St. Michael and people have told us it was very helpful to them. We would like to start a new group if there is interest. If you would like to join the group or would like more information, please contact Debbie Rogalo (973-347-0032, ext. 2330) ALL ARE WELCOME.

ADORATION

"In the face of so many wounds that hurt us and could harden our hearts, we are called to dive into the sea of prayer, which is the sea of God's boundless love, to taste his tenderness. Lent is a time of prayer, of more intense prayer, more prolonged, more assiduous, more able to take on the needs of the brethren; intercessory prayer, to intercede before God for the many situations of poverty and suffering." – Homily 2014 Pope Francis

"WHAT SHOULD I DO FOR LENT?"

WOULD YOU CONSIDER GIVING UP ONE HOUR OF YOUR VALUABLE TIME FOR ADORATION EACH WEEK JUST FOR THE LENTEN SEASON? PLEASE CHECK OUR OPEN HOURS AND START YOUR LENTEN SEASON WITH A DEEPER RELATIONSHIP WITH GOD

ADORATION OPEN HOURS

Tuesday	7 pm
Friday	1 am
Friday	3 pm
Saturday	6 pm
Saturday	7 pm
Saturday	9 pm
Saturday	10 pm Temporary

Please prayerfully consider filling an open hour.

If you cannot make your hour – please find coverage or call your division leader.

Thank you!

Marie Francisco 732-895-7972

Andrea Trapper 973-347-7031

HELP THE FOOD PANTRY!

The Food Pantry is in need of the following items: cereal, canned pasta, peanut butter and jelly. Please leave your donations in the bin outside the rectory garage. Thank you, as always, for your generosity!!

Pot Luck Dinner!

Lent is coming and we are having a “Fat Tuesday” dinner on **Sunday, Feb 11th at 6:30pm** in Msgr. Trapasso Hall

If you would like to come – please call Annemarie in the parish office
973-347-0032 ext. 2310

If you can help to set up or clean up - please email Betty at evangelization@stmichaelnetcong.org



WHY NOT NOW?

Have you ever wished you had more time to think about the more important things in life? Why not make that time during this Lent? Why not join one of the small groups of 8 to 10 people in our parish who will meet once a week for six weeks starting the week of Ash Wednesday? When we gather, we will read Scripture, pray, and share our faith. This experience will provide more than you can imagine; it could make this the most memorable Lent in your life. Sign up for a day and time of the week that works for you. For more information, please call the parish office 973-347-0032.

From Fr. Henry

Reflexiones en Cuaresma

¡NO HAGA PROMESAS DE DEJAR CHOCOLATES Y DULCES ESTA CUARESMA!

Mejor decida unirse a una pequeña comunidad de compartir la fe durante las seis semanas de Cuaresma y participe de “Reflexiones en Cuaresma”, leyendo las Escrituras y compartiendo sus experiencias de fe. Los pequeños grupos se reunirán toda las semanas por 90 minutos en la casa de cualquiera de los participantes. Para más información fijese en el volante o llame al Padre Henry al número **973-347-0032 Ext. 2350**.

POT LUCK DINNER!

Se acerca la Cuaresma y como preparación a ella, la parroquia los invita a hacer parte de una gran Cena el **Domingo, Febrero 11 a las 6:30 pm en el Salón Msgr. Trapasso**. Si estas interesado en hacer parte de esta cena, por favor hacérselo saber llenando el pequeño formulario morado que se encuentra en las entradas de la iglesia. Este puede hacerlo llegar a las oficinas de la parroquia o entregarlo directamente al Padre Henry al final de las misas.

Si quieres contribuir trayendo un plato típico de tu país o región, lo puedes hacer. Es opcional. También se necesitaran voluntarios para limpiar el salón después de la reunión. Voluntarios comunicarse con el padre Henry.

INTENCIONES PARA LA MISA

Si tienes alguna intención para ofrecer en la Misa Dominical puedes comunicarte con el **Padre Henry al 973-347-0032 Ext-2350** o acercarse a las oficinas de la parroquia de

Lunes a Jueves de 9:00 AM - 4:00 PM.

