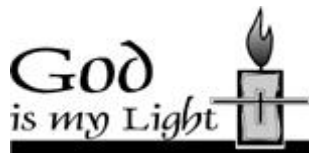


The Church of Saint Michael

Sunday, March 17, 2019

Second Sunday of Lent



Please remember in your prayers those who have died:
Fr. Paul Knauer, Henry Rafferty

Please remember in your prayers the sick of our parish:
Tim Paternostro, Abigail Paternostro, Bill Regal, Diane Grzymko, Carolyn Sundheim Nystrom, Doug Ernst, Anna Gorska, Barbara Poyer, Zach Glut, Catherine Lackey

Weekly Memorials

Altar Bread & Wine: Grace Costanzo
Sanctuary Lamp: Andrew Weaver

Weekly Devotions

Wednesday: Rosary Group 7:30 pm
Friday: Divine Mercy 3:00 pm

All are Welcome... All are Invited...
Come... PRAY the ROSARY
Monday through Saturday
7:30AM

Readings for the week

Second Sunday of Lent

Sunday

Gn 15:5-12, 17-18; Phil 3:17—4:1 or 3:20—4:1; Lk 9:28b-36

Monday

Dn 9:4b-10; Lk 6:36-38

Tuesday

2 Sm 7:4-5a, 12-14a, 16; Rom 4:13, 16-18, 22;

Mt 1:16, 18-21, 24a or Lk 2:41-51a

Wednesday

Jer 18:18-20; Mt 20:17-28

Thursday

Jer 17:5-10; Lk 16:19-31

Friday

Gn 37:3-4, 12-13a, 17b-28a; Mt 21:33-43, 45-46

Saturday

Mi 7:14-15, 18-20; Lk 15:1-3, 11-32

Mass Intentions For The Week

Saturday, March 16, 2019

8:00 a.m. Joseph Anthony Cinotti

5:00 p.m. Rea Family, Louis Castaldi

Sunday, March 17, 2019 St. Patrick's Day

7:00 a.m. Martin & Bridget Grogan Family

9:30 a.m. Pat Buckley, Paul Joseph Leuthard

11:30 a.m. For The Unborn, Gil Dickson

1:30 p.m. Doris Gonzalez & Yvette Antonio Restrepo

Monday, March 18, 2019

7:00 a.m. Grace Costanzo

Tuesday, March 19, 2019

8:00 a.m. Anthony Preziosi Sr. & Jr.

Wednesday, March 20, 2019

7:00 a.m. Richie DiRenzo

12:15 p.m. Bob Moss

Thursday, March 21, 2019

8:00 a.m. Dean Richards

Friday, March 22, 2019

7:00 a.m. Andrew Mahieu

7:00 p.m. Stations of the Cross

8:00 p.m. Stations of the Cross in Spanish

Saturday, March 23, 2019

8:00 a.m. Isabel Exile

5:00 p.m. Eleanor Sylvester, Robert Colabella

Sunday, March 24, 2019

7:00 a.m. Nancy Rosa

9:30 a.m. Joseph Fenton & Jimmy Johnson,
Intentions of Aziz Family

11:30 a.m. Carol Dinkowitz, Anthony Vassallo Sr.,
Russell Vassallo

1:30 p.m. Doris Gonzalez, Yvette Antonio Restrepo

TITHING – GOD'S PLAN FOR GIVING
ST. MICHAEL'S HAS BEEN A TITHING PARISH
SINCE 1988.

Sunday, 3/10/19 \$6,672.00

Ash Wednesday \$1,276.00

WeShare \$1,396.00

*Please pray for our Diaconate Candidates –
Russ Raffay and John Meyer*

*Our Next Healing Mass is
Tuesday, March 26th at 7pm*

HELP THE FOOD PANTRY

The Food Pantry is in need of the following items: **pasta and canned vegetables**. Please leave your donations in the bin outside the rectory garage. Thank you, as always, for your generosity!!

RELIGIOUS EDUCATION NEWS

Kindergarten: meets today after 9:30 am mass

As per the calendar: no sessions next week, 3/24, for gr. K-6

- In-service session for catechists after 9:30 am Mass
- Jr. High gr. 8 DOES HAVE CLASS ON 3/25

Confirmation Prep

- Con. I : next session 3/17 regular time and place
- All candidates should be working on accomplishing 4 hours of service for the months of Jan. 1-March 31.

First Communion Parent Meetings:

Second Session: March 17 (Sun.) DURING CLASS TIME.
Important details about First Communion, Jesus Day and other important material that you need to prepare your child will be discussed at these sessions.

Family Faith session for Gr. K-6 and Jr. High:

All families are asked to participate in the Stations of the Cross on March 22, 7pm in the church. This will be a version of the Way of the Cross especially for families. Please plan to attend!

Grade 8 Retreat:

As per the letter sent home:

Retreat Friday, April 12, 6:30-11 pm here at St. Michael. Permission slips were sent home and are available on the website (stmichaelnetcong.org; go to Faith Formation then to Religious Ed). You may bring a guest but we ask that all forms be returned in advance so we have enough food and other supplies. Charge for the event: 3 donations for the food pantry. Please call the Rel. Ed. Office for details.

NOTE: This is a scheduled class session. In addition, *attendance at the retreat will count as make up for those who have more than the 3 allowable absences.*



St. Michael Vacation Bible School

ROAR!

“Life is wild  God is good!”

July 29-Aug. 2

Save the date! Registrations will be taken in April!

If you need more information, please contact us at:

vbs@stmichaelnetcong.org

Lenten Pilgrimage to the National Shrine of Our Lady of Czestochowa

Don't delay to insure you have a seat to visit the National Shrine of Our Lady of Czestochowa on Saturday, April 6, 2019 in Doylestown, Pa. Join us to learn about this very special devotion to Our Lady and its long history. Many healings and miracles have been attributed to Mary's intercession through prayers to Our lady of Czestochowa. The price of \$40 will include a tour, movie, Mass, opportunity for prayer and reflection and a hot buffet lunch. On our way home, we will stop at Peddlers Village for some shopping. Please bring cash or check to the Parish office. Email Valerie Nichols for more information.
valerie.n@stmichaelnetcong.org

YOUTH MINISTRY

Mother's Day Flower Sale

Begins weekend of March 30/31

Living Stations

Friday, April 5th at 7pm in church

All are welcome

Six Flags Youth Rally

Sunday, May 19

Youth Ministry Meetings

Mondays at 7:00pm

in Youth Ministry mtg. room

All permission slips/registration forms can be found online. Calendar for other events can be found on the parish website at stmichaelnetcong.org/youth-ministry

If you have questions, please email Nicole at youth.ministry@stmichaelnetcong.org

"We have just learned of allegations of sexual abuse of minors committed by Rev. John E. Hewetson. Father Hewetson had been assigned to Saint Michael Parish from 1962-1966. If any person may have been abused by any priest, they should immediately contact their local County Prosecutor's Office and also Monsignor James T. Mahoney, Vicar General and Moderator of the Curia, Diocese of Paterson. He may be reached at (973) 777-8818, ext. 205."

40 Cans for Lent
Sponsored by
St. Michael Knights of Columbus
To Benefit the Parish Food Pantry

The goal of this project is for each council member and each parishioner to contribute one can of food per day during the forty days of Lent. This is a great way to help those in need who benefit from St. Michael's food pantry. It is also a wonderful way to offer a work of Mercy during this Year of Mercy and make a Lenten sacrifice by feeding the hungry.

How Does it Work?

Individuals and families are encouraged to donate a total of 40 cans (or the equivalent) during Lent. Food can be brought to Church each after each Mass on Saturday or Sunday, beginning March 9 - 10, and placed at the Statue of St. Anthony.

Suggested Items:

soup, cereal, peanut butter, jelly, spaghetti, peas, mixed vegetables, carrots, tuna fish, canned meats, mac and cheese, hot chocolate, dry milk, pasta, shelf milk (does not require refrigeration)

Knights Fish and Chips Dinner

The Knights of Columbus is sponsoring a Lenten *Fish and Chips Dinner* here in Msgr. Trapasso Hall on **Friday, March 29th beginning at 6:00 PM**. The cost is only \$15 per person. Come and join us for a hearty meal and another opportunity to get together with other parishioners to further build our parish community.

Knights Comedy Night

Featuring Missy Allan and John Pizzi

Saturday, May 11th

Doors open at 7pm, opening act at 8pm

Pre-Sale \$30, at door \$35

Cash Bar – No BYOB

Must be 18 or older to enter

ADORATION

" If it is as simple for you as getting in the car and driving to Adoration at church, or even walking to the chapel nearby, you realise how much you can take it for granted. There are those who would love to spend more time with Jesus in Adoration but who are housebound, sick or busy parents. Then there are those around the world who actually risk their lives for the Eucharist, in places where they are persecuted for their faith. When you remember those who walk for hours or days in dangerous situations in order to be present with Jesus, you realise what a gift it is to be able to pray openly, not to mention having a priest to minister the sacraments. "

OPEN HOURS Saturday 4am, 10am partner, 3pm, 6pm, 9pm. Please prayerfully consider filling an open hour. If you cannot make your hour – please find coverage or call your division leader. Thank you!

Marie Francisco 732-895-7972

Andrea Trapper 973-347-7031

*Looking for something to 'give up' for Lent??
How about giving up an hour out of your day by spending it with Jesus in the adoration chapel. Take a look at our open hours or sign up for ANY hour.*

Stations of the Cross each Friday in Lent
7pm in English and 8pm in Spanish

Stations of the Cross in church followed by a
Soup Supper in Msgr. Trapasso Hall
Friday, March 22

Youth Ministry Living Stations
Friday, April 5 at 7pm

Please Join Us.



Also Wednesdays at 7pm in the Parish Gym
¡Clases de Zumba Gratis en el Gym de la parroquia!!!!
Sábados de 10:00 AM a 11:00 AM
Y Miercoles a las 7:00 PM

Men's Cornerstone

The men of the parish are invited to participate in an overnight event at Sacred Heart Spirituality Center in Newton for a faith-filled time of prayer, reflection and sharing of faith with other men. It will begin on Friday evening, April 12, at 5:30 and conclude the following evening on Saturday the 13th at St. Jude Budd Lake at about 9:30 PM. More information about Men's Cornerstone can be found at www.menscornerstone.com. You can also register on that website. For further information contact Deacon Joe by email or call him at 973-229-6959.



From Fr. Henry

EL AYUNO.

El ayuno es una disciplina espiritual por la que, de manera voluntaria, la persona renuncia al consumo total o parcial de alimentos por un tiempo definido con el propósito de lograr un autocontrol sobre los deseos corporales y abandonarse

plenamente en Dios. También se puede ayunar con los sentidos y de todo tipo de complacencias corporales, principalmente dejando de obrar de manera impropia porque el ayuno es un medio de conversión. El ayuno sincero debe siempre estar unido a la conversión y a una conducta moral apropiada, ya que la recta intención en este va más allá del acto en sí y trasciende en tanto estemos en un estado penitente y de comunión con el Señor.

Consideraciones principales del ayuno:

1. Recta Intención:

La práctica del ayuno y la abstinencia resulta bastante complicada y aparentemente inútil cuando se realiza con cualquier propósito diferente al de agradar a Dios buscándolo sinceramente y cuando se hace para aparentar espiritualidad o con una finalidad interesada y ajena a lograr una verdadera unión con Dios.

2. Razones para ayunar:

a. Para hacer penitencia y pedir perdón por el pecado propio y ajeno.

b. Para Implorar ayuda a Dios, su favor en importantes asuntos y a la puerta de las más altas decisiones y sucesos: **Esdra 8, 21:** *"Allí, a orillas del río Ahava, proclamé un día de ayuno para hacer penitencia delante de nuestro Dios y para pedirle que nos llevara con bien a nosotros, nuestras familias y nuestras posesiones."*

3. Formas de Ayunar:

1. **Parcial:** Marcos 1,6: Juan Bautista(...) comía langostas y miel/ Daniel 10,3: No comí manjares ni carne, ni vino, ni me ungí con perfume (...).

Este se hace absteniéndose de algunos alimentos o actos que resulten agradables y procurando como en todas las demás formas de ayuno, la moderación en el obrar, la caridad y el ambiente de recogimiento y oración.

2. **Moderado o limitado:** A pan y agua, recordando el sentido histórico y bíblico de ambos elementos (purificación y prefigura de la eucaristía) y la recordación de privación que además insinúan ambos.

3. **Total:** Hechos 9,9: "Y estuvo tres días sin ver, y sin comer ni beber."

Es una modalidad de ayuno para personas con experiencia, con una motivación mayor y que no tengan una contraindicación médica que impida practicarla. Preferiblemente acompañada de dirección espiritual o un proceso religioso consciente. Esto ya que no debe hacerse a la manera de imitación o reto y en mi experiencia reconozco que puede uno tender a perder su sentido cuando la sobre aplica de manera sistemática.

4. **Mortificación interior:** Parece no ser una forma activa de ayuno, pero en la práctica es la más difícil. Absteniéndose de conductas personales claras que afectan de manera consciente la personalidad del que la práctica. Esto como primer paso de la búsqueda activa de la perfección y la santidad que es la prolongación permanente de dicho ayuno, como signo de la aceptación definitiva de Cristo. Unos ejemplos serían evitar los comentarios inútiles, la moderación en el hablar, compartir más tiempos con los que lo necesitan, perdonando a los que nos ofenden. Isaías 58, 6: "¿Ya sabéis cual ayuno me agrada? Desatar las cadenas injustas, soltar los nudos que aprietan el yugo, dejar libres los oprimidos y acabar con la tiranía." Es importante recordar el espíritu que debe acompañar los ayunos: penitencia, oración, y caridad acompañados de lecturas espirituales. **Los tiempos y los propósitos de ayuno** pueden

modificarse según circunstancias particulares, pero deben acompañar siempre la vida interior de los cristianos. **La intensidad o severidad** puede variar según la necesidad espiritual, pero debe ser sensible y consciente de no caer en actos de fanatismo y extremismo malsano y sin sentido.

¡Bendiciones!!

Padre Henry



SEGUNDA SEMANA DE CUARESMA

UN ENCUENTRO CON ANNET: En Uganda, nos encontramos con Annet y su familia, niños obligados a huir de la violencia, en busca de estabilidad. ¿Cómo estamos llamados a dar la bienvenida al desconocido entre nosotros? ¿Cómo puedes apoyar a aquellos en todo el mundo que se ven obligados a huir de sus hogares para encontrar seguridad u oportunidades mejores? Visita crsplatodearroz.org para más información.

PEREGRINACIÓN A ITALIA – GUARDAR LA FECHA

Nuestro viaje de 11 días se llevará a cabo del 8 al 18 de noviembre de 2019. Volaremos de ida y vuelta en United Airlines desde Newark. Visitaremos Roma, Ciudad del Vaticano, Asís, Nápoles, Pompeya, Sorrento, Capri, la costa de Amalfi, San Giovanni Rotondo de San Padre Pío, Lanciano (el sitio del Milagro Eucarístico más antiguo certificado por la Iglesia) y la Abadía de Montecassion (una de las abadías más conocidas del mundo. El precio de \$ 3,100.00 dolares incluye todo, excepto bebidas, propinas y seguro de viaje. Nos hospedaremos en hoteles de 4 estrellas con desayuno, la mayoría de los almuerzos y cenas incluidos. Para obtener más información y formularios de inscripción, envíe un correo electrónico al Padre Henry a fr.henry@stmichaelnetcong.org.

No se demore!!!, ya que solo tenemos 24 boletos para esta peregrinación llena de fe.

Para la reservación debes hacer un deposito inicial de \$500.00 por persona a la Agencia de viaje (Travel Network) antes del 8 de Abril del 2019

RETIRO DE CUARESMA



Sábado 23 de Marzo de 9:30am – 2:30pm en
Msgr. Trapasso Hall.

Para el almuerzo compartiremos lo que traigas!!

Abierto a toda la comunidad Eclesial.