



# St Elizabeth Ann Seton

October 2019

Lunch Menu

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

**ALL MAIN EVENTS AND SWAP OUTS:** Student Lunch \$4.00  
 Your meal comes with the choice of: Entrée Only \$3.00  
 Fruit and Vegetable Milk, or Water Adult Lunch \$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Cheese Quesadilla</b> Steamed Corn Rice Fresh or Chilled Fruit	2 <b>Breakfast for Lunch</b> <b>Waffles</b> Breakfast Sausage TaterTots Fresh or Chilled Fruit	3 <b>Hamburger or Cheeseburger On a Bun</b> French fries Fresh or Chilled Fruit	4 <b>Cheese or Pepperoni Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
7 <b>Chicken Quesadilla Side of Salsa</b> Black Beans And Rice Fresh or Chilled Fruit	8 <b>Boneless Chicken Wing Basket</b> With BBQ sauce French Fries Fresh or Chilled Fruit <i>Lucky Tray Day</i>	9 <b>Pasta with Meat Sauce</b> Garlic Breadstick Green Beans Fresh or Chilled Fruit	10 <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa</b> Steamed Rice Corn Fresh or Chilled Fruit	11 <b>Cheese or Pepperoni Pizza</b> Italian House Salad Fresh or Chilled Fruit
14 <b>No School</b>	15 <b>All Beef Hot Dog on a Bun</b> Crinkle cut Fries Fresh or Chilled Fruit	16 <b>Sloppy Joe</b> Tater Tots Fresh or Chilled Fruit	17 <b>NEW ITEM Tot-Chos</b> With Tater Tots, Taco Meat, Queso, Peppers and Scallions Garlic breadstick Fresh or Chilled Fruit	18 <b>Cheese or Pepperoni Pizza</b> Italian House Salad Fresh or Chilled Fruit
21 <b>Crispy Chicken Sandwich</b> Sweet Potato Fries Fresh or Chilled Fruit	22 <b>Breakfast for Lunch</b> <b>French Toast</b> <b>Sausage Patty</b> <b>Hash Brown,</b> Fresh or Chilled Fruit	23 <b>Creamy Macaroni and Cheese</b> Garlic Breadstick Celery Sticks Fresh or Chilled Fruit	24 <b>Cheese or Pepperoni Pizza</b> Corn on the Cob Fresh or Chilled Fruit	25 <b>No School</b>
28 <b>Chicken and Mashed Potato Bowl</b> With Corn, and Cheddar Cheese Fresh or Chilled Fruit	29 <b>Popcorn Chicken</b> With Sweet and Sour Sauce Served with rice Fresh or Chilled Fruit	30 <b>Pasta with Meat Sauce</b> Garlic Breadstick Fresh or Chilled Fruit	31 <b>HALLOWEEN</b> Early Dismissal No Lunch	

**Maschio's Swap Outs**

**Monday:** Grilled Cheese Sandwich  
**Tuesday:** Cheeseburger on a Bun  
**Wednesday:** Chicken Nuggets  
**Thursday:** Hot Dog on a Bun  
**Friday:** Chef Salad with Dinner Roll

**Maschio's Swap Outs Available Daily**

**Bagel Meal**– Bagel with spread, Cheese Sticks, Fresh Fruit, Fresh Vegetable and Beverage  
**Chicken Caesar Salad** with Dinner Roll

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Questions or Concerns? Please visit [www.maschiofood.com](http://www.maschiofood.com)  
 Or call Josh Stonecypher at: 814-421-8377

Cash, checks, and online payment are accepted.  
 Online payments can be made at [www.payschoolscentral.com](http://www.payschoolscentral.com)  
 Please make checks payable to:  
 Maschio's Food Services, Inc



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"