

Immaculate Conception Parish ~ Lent 2021

Christians have for centuries “kept Lent” by devoting extra time to the disciplines of prayer, fasting and almsgiving. We fast from food to discover our true hunger and needs, to better appreciate the good things that are ours and also to take a hard look at all that we consume (and all that consumes us). Although we renounced evil at our baptism, how faithful have we been in righting wrongs and taking a stand against injustice? Lent has us praying for the clarity to see what is wrong in our lives and taking action to put it right.

Almsgiving has to do with giving of our time, talent and treasure. It aims to correct the wrong distribution of these components of our well-being, caused by greed, power and false attachment. Almsgiving isn't limited to money. The hardest alms to give might be time spent with an aging parent, sick or lonely neighbor; it might be generously sharing relaxing time with a child or helping at a local food kitchen. Fasting and almsgiving are good year-round habits, but being creatures who frequently stray from our good habits, Lent helps us to strive for improvement.

When we focus on the above disciplines, we should also pray with greater intensity by sharing Eucharist more devoutly, making intercessions for the world's needs, and reflecting on the scriptures of Lent so that we know what to pay attention to at home, in the neighborhood, at work, and in the larger world.

Lenten Obligations

Fasting

Means anyone between 18 & 59 years of age may eat only 1 full meal with 2 smaller meals not equivalent to 1 full meal. One may, however, enter more into the spiritual element of fasting and not partake of any of the above mentioned meals. The traditional days of fasting are Ash Wednesday (February 17th) and Good Friday (April 2nd).

Abstinence

Means those 14 years of age or older may not eat meat on the following days: Ash Wednesday (February 17th), Fridays during Lent & Good Friday (April 2th).

Easter Duty

Is the obligation to receive Holy Communion between the 1st Sunday of Lent (February 21th) and Pentecost Sunday (May 23rd). The celebration of the Sacrament of Reconciliation is also strongly encouraged.



Lenten Practices



Prayer:

Weekly Masses - Sharing in the gift of frequent Eucharist is a tradition of the Church that found a reawakening with Pope Pius X's prompting. Our Weekly Mass schedule is as follow: Monday through Thursday, 8:30am. The Rosary is recited before mass, at 7:45am. Livestreamed.

Adoration of the Blessed Sacrament - Adoration of the Blessed Sacrament will continue to be celebrated every Wednesday throughout the Season of Lent (including Ash Wednesday and the Wednesday of Holy Week). This would be an especially good time to share the Liturgy of the Hours before the Blessed Sacrament anytime following morning Mass (approximately 9am) to the time of Benediction and Reposition at 3pm. Please note the change in this schedule on Ash Wednesday, February 17th. Livestreamed.

Divine Mercy Chaplet - This is a prayer ministry based on devotion to Divine Mercy as revealed to Saint Faustina Kowalska. Recited Monday through Friday at 3:00pm in the church foyer, by the image of the Divine Mercy, followed by the Rosary. Not livestreamed.

Stations of the Cross - The most important reason for praying the Stations of the Cross is that it is a powerful way to contemplate and enter into the mystery of Jesus' gift of Himself to us. Stations of the Cross will be held at 6pm on Fridays during Lent (as well as 3pm on Good Friday, April 2nd). Not livestreamed.

Penance:

Reconciliation

- Saturdays before the 5pm Mass, 4:00pm-4:30pm .
- Wednesdays during Lent (Feb. 24, March 3, 10, 17, 24, 31) 9am-10am.
- Monday, March 29, 11am-1pm and 5pm-6:30pm.
- Visit masstimes.org to find the Sacrament of Penance near your home or work.
- You may also schedule a private appointment with our pastor.

Almsgiving:

Operation Rice Bowl

CRS Rice Bowl is a Lenten faith formation program that invites Catholics to “live in solidarity with our poorest and most vulnerable brothers and sisters through the three Lenten pillars of praying, fasting, and almsgiving.”

Rice Bowls are available at the church foyer and should be returned by Holy Thursday, April 1st.

Personal & Parish Tithing

Our parish is a tithing community and shares 9% of its weekly income with others so that the good work of charity locally and beyond may continue in the name of Jesus. An increased offering on the part of those who attend our liturgies, increases the parish tithe to those who approach us for assistance.

Please visit iccnashuanh.org for up-to-date information on our Lenten Journey and Easter.





Immaculate Conception Parish

2021 Lenten Calendar

February/March/April

Please refer to our website iccnashuanh.org for updates and additional information.

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			17 ASH WEDNESDAY 7:45am - Rosary 8:30am - Mass 12:10pm - Mass 1:00pm - Exposition 3:00pm - Divine Mercy 6:30pm - Reposition 7:00pm - Mass	18 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	19 3:00pm - Divine Mercy 6:00pm - Stations of the Cross	20 4-4:30pm - Confessions 5:00pm - Mass
21 Mass - 9am & 11am	22 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	23 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	24 7:45am - Rosary 8:30am - Mass 9:00am - Exposition 9:00am - Confessions 3:00pm - Reposition 3:00pm - Divine Mercy	25 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	26 3:00pm - Divine Mercy 6:00pm - Stations of the Cross	27 4-4:30pm - Confessions 5:00pm - Mass
28 Mass: 9am & 11am	1 March 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	2 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	3 7:45am - Rosary 8:30am - Mass 9:00am - Exposition 9:00am - Confessions 3:00pm - Divine Mercy 7:00pm - Reposition	4 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	5 3:00pm - Divine Mercy 6:00pm - Stations of the Cross	6 4-4:30pm - Confessions 5:00pm - Mass
7 Mass: 9am & 11am	8 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	9 8:00am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	10 7:45am - Rosary 8:30am - Mass 9:00am - Exposition 9:00am - Confessions 3:00pm - Reposition 3:00pm - Divine Mercy	11 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	12 3:00pm - Divine Mercy 6:00pm - Stations of the Cross	13 7:00am - Men of St. Joseph 4-4:30pm - Confessions 5:00pm - Mass
14 Mass: 9am & 11am DAYLIGHT SAVING	15 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	16 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	17 7:45am - Rosary 8:30am - Mass 9:00am - Exposition 9:00am - Confessions 3:00pm - Reposition 3:00pm - Divine Mercy ST. PATRICK'S DAY	18 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	19 3:00pm - Divine Mercy 6:00pm - Stations of the Cross 6:30pm - Jason Evert (grades 7-12) FEAST OF ST. JOSEPH	20 4-4:30pm - Confessions 5:00pm - Mass
21 Mass: 9am & 11am	22 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	23 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	24 7:45am - Rosary 8:30am - Mass 9:00am - Exposition 9:00am - Confessions 3:00pm - Reposition 3:00pm - Divine Mercy	25 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy THE ANNUNCIATION	26 3:00pm - Divine Mercy 6:00pm - Stations of the Cross 6:30pm - Jason Evert (General Audience)	27 4-4:30pm - Confessions 5:00pm - Mass

HOLY WEEK: MARCH 28TH - APRIL 3RD, 2021

28 PALM SUNDAY Mass: 9am & 11am 3:30pm - Divine Mercy	29 7:45am - Rosary 8:30am - Mass Confessions: 11:00am-1:00pm & 5:00pm-6:30pm 3:00pm - Divine Mercy 7:00pm - Tenebrae	30 7:45am - Rosary 8:30am - Mass 3:00pm - Divine Mercy	31 7:45am - Rosary 8:30am - Mass 9:00am - Exposition 3:00pm - Reposition 3:00pm - Divine Mercy	1 HOLY THURSDAY 3:00pm - Divine Mercy 7:00pm - MASS OF THE LORD'S SUPPER (followed by Procession to the Reservation Chapel in the Hall where the Blessed Sacrament will be reserved until 11:00pm)	2 GOOD FRIDAY 3:00pm - Stations of the Cross 7:00pm - Celebration of the Lord's Passion (Veneration of the Cross)	3 HOLY SATURDAY 7:30pm - EASTER VIGIL No Confessions or 5:00pm Mass
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SACRED PASCAL TRIDUUM (APRIL 1 - 3, 2021)

APRIL 4TH ~ EASTER SUNDAY: MASSES AT 7:00AM, 9:00AM & 11:00AM

NOTE: The Divine Mercy Chaplet and the Stations of the Cross during Lent will not be livestreamed. Please visit iccnashuanh.org for the complete livestream schedule.