

Overview of Sponsor Guide

Inside this guide, you'll find many helpful answers to some questions you may be having as a sponsor of a Confirmation candidate. Here's an overview of what questions and topics are addressed inside:

- What is a sacrament?
- What qualifies someone to be a Confirmation sponsor?
- What is my primary role as a Confirmation sponsor?
- What if I'm not sure I have what it takes to be a good sponsor?
- How can I help my candidate prepare for the Sacrament?
- What if I am unable to spend time with my candidate before his or her Confirmation day?
- What will I need to do or say at the Confirmation ceremony? What should I say to the bishop?
- What role do I play before, during, and after the sacramental rite?
- What do I need to do after my candidate has been confirmed?
- Ideas for sponsorship in the digital age
- Why is going to Mass every week so important?
- Why is going to Confession an important part of the Christian life?
- How do I talk to a teenager about faith, Jesus, and moral issues?
- Three rules for sharing
- What if I'm uncomfortable praying aloud? Do I still need to pray with my candidate?
- What if my candidate questions basic Catholic teachings, such as whether God exists?