

Prayers and Mysteries of the Rosary

Sign of the Cross

In the name of the Father (touch head) and of the Son (touch chest)
and of the Holy (touch left shoulder) Spirit (touch right shoulder) Amen.

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen. —Revised Roman Missal

Our Father

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Glory Be (Doxology)

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Hail Mary

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

The Mysteries of the Rosary

The Joyful Mysteries

(recited Monday and Saturday)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding in the Temple

The Sorrowful Mysteries

(recited Tuesday and Friday)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Mysteries of Light

(recited Thursday)

1. The Baptism of Jesus
2. The Wedding Feast of Cana
3. The Proclamation of the Kingdom, with the Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

The Glorious Mysteries

(recited Wednesday and Sunday)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of Mary Queen of Heaven and Earth



How to Pray the Rosary

4

Announce the Mystery, then say the *Our Father*.

3

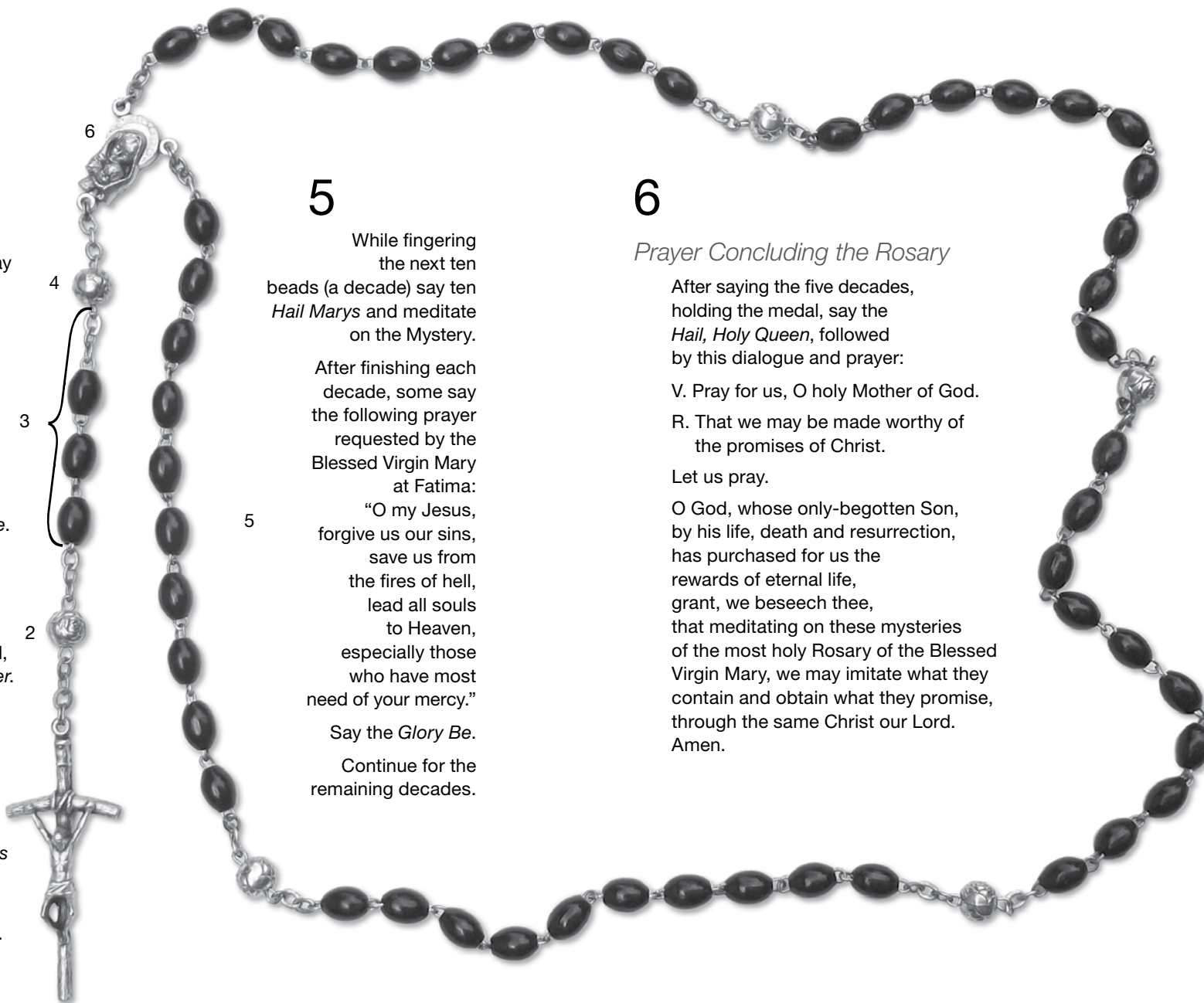
Say one *Hail Mary* on each of the next three beads.
Say the *Glory Be*.

2

On the first bead, say an *Our Father*.

1

Make the *Sign of the Cross*
Holding the Crucifix, say the *Apostles' Creed*.



5

While fingering the next ten beads (a decade) say ten *Hail Marys* and meditate on the Mystery.

After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima:

“O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.”

Say the *Glory Be*.

Continue for the remaining decades.

6

Prayer Concluding the Rosary

After saying the five decades, holding the medal, say the *Hail, Holy Queen*, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord.
Amen.