

Horarium

Week Three: What I Have is Enough for Others

Below you will find suggested prayers and activities for each day of this retreat. Engage as much as is helpful to you in your life right now. In St. Benedict's words, "*we hope we are going to establish nothing harsh, nothing burdensome.*" You may find it helpful to use a journal for some activities.

Wednesday, July 29	<ul style="list-style-type: none">◆ Conversation 3: What I Have is Enough for Others◆ Before going to bed tonight, reflect on the following:<ul style="list-style-type: none">○ How are you called to hospitality and welcoming the stranger? How is your life and livelihood linked to others'?
Thursday, July 30	<ul style="list-style-type: none">◆ Morning Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>)◆ Evening Prayer with Fr. Dan: https://cornellcatholic.org/evening-prayer-fr-dan◆ Read "Change," from Esther de Waal's <i>Seeking God: The Way of St. Benedict</i>, found on the retreat website. What are the dynamics of <i>stability</i> and <i>change</i> in your life? How does openness to change allow one to persist in intentional stability? How does commitment to intentional stability allow for meaningful change, rather than an arbitrary flitting from here to there?
Friday, July 31	<ul style="list-style-type: none">◆ Morning Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>)◆ Evening Prayer with Fr. Dan: https://cornellcatholic.org/evening-prayer-fr-dan◆ Read Chapter 4 of the <i>Rule of Saint Benedict</i>, "The Tools for Good Works." How do these tools lead to the performance of good works? How might these tools be wielded? Thinking about what tools for good works today might look like.
Saturday, August 1	<ul style="list-style-type: none">◆ Morning Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>)◆ Evening Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>)

	<ul style="list-style-type: none"> ◆ Contribute some of your ideas Contemporary Tools for Good Works on the collaborative document found on the retreat website.
Sunday, August 2	<ul style="list-style-type: none"> ◆ Morning Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>) ◆ Mass: <i>some churches are now open and many are still offering live-streams</i> ◆ Evening Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>) ◆ Consider the following excerpt from De Waal’s “Change” you read on Thursday: <i>It is hard not to stand like Lot’s wife looking back into the past, even though we know that new patterns of life and work grow only through accepting change and recognizing the potential of what is given, not what is dreamt of. It is a sign of maturity to rejoice in what I have and not to weep for what I have lost or never had...</i> <p>When are you like Lot’s wife, fixating on the past or on unfulfilled dreams? What would it mean for you to die to these fixations, and to look forward to new life?</p>
Monday, August 3	<ul style="list-style-type: none"> ◆ Morning Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>) ◆ Evening Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>) ◆ Consider this statement and let it sink in: <i>The goal of my changing life is not self-fulfillment.</i> (De Waal, “Change,” p. 78) Does this statement scare you? Annoy you? Does it click somehow? As De Waal goes on in clarification, “My goal is Christ.” <p>Might you be spiritually limiting yourself by looking for self-fulfillment within a stagnant idea of yourself? Might God have a better, larger, more beautiful idea of who your “self” is than you yourself?</p>
Tuesday, August 4	<ul style="list-style-type: none"> ◆ Morning Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>) ◆ Evening Prayer: https://cornellcatholic.org/divine-office# (click <i>iBreviary</i>)

	<p>◆ Return to the collaborate document, “Contemporary Tools for Good Works,” and read some of the contributions of others. Which ones resonate with you? Have any of them inspired more ideas? Add them as they occur to you.</p>
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