

Cornell and Ithaca College Catholic Communities

"KEEPING HOLY THE LORD'S DAY"

NIGHT PRAYER

Sundays at 8:30 p.m. EST

[Join Zoom Meeting](#)

Meeting ID: 975 7128 2040

Passcode: 541132

Please pray the bold passages out loud with your microphone muted.

All make the sign of the cross as the Leader begins:

Leader God, come to my assistance.

All Lord, make haste to help me.

Leader Glory to the Father, and to the Son, and to the Holy Spirit

All As it was in the beginning is now, and will be for ever.
Amen. Alleluia.

PSALMODY

Psalm 16, [Psalm 91](#), or [Psalm 131](#) is said, either straight through by all together, or alternating groups A and B according to the Leader's invitation.

Psalm 16

God is my portion, my inheritance

The Father raised up Jesus from the dead and broke the bonds of death (Acts 2:24).

All In you, my God, my body will rest in hope.

A Preserve me, God, I take refuge in you.
I say to the Lord: "You are my God.
My happiness lies in you alone."

B He has put into my heart a marvelous love
for the faithful ones who dwell in his land.
Those who choose other gods increase their sorrows.
Never will I offer their offerings of blood.
Never will I take their name upon my lips.

A O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.

The lot marked out for me is my delight:
welcome indeed is the heritage that falls to me!

B I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

A And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay.

B You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever.

A Glory be to the Father, and to the Son, and to the Holy Spirit.

B As it was in the beginning, is now, and will be forever. Amen.

All In you, my God, my body will rest in hope.

After a brief silence, a short [reading](#) follows.

or:

Psalm 91

The Lord's goodness and power

Blessed be God who comforts us in all our trials (2 Corinthians 1:3,4).

All Night holds no terrors for me sleeping under God's wings.

A He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: "My refuge,
my stronghold, my God in whom I trust!"

B It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.

A You will not fear the terror of the night
nor the arrow that flies by day,
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.

B A thousand may fall at your side,
ten thousand fall at your right,
but you it will never approach;
his faithfulness is buckler and shield.

A Your eyes have only to look
to see how the wicked are repaid,
you who have said: "Lord, my refuge!"
and have made the Most High your dwelling.

B Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

A They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

B Since he clings to me in love, I will free him;
protect him for he knows my name.
When he calls I shall answer: "I am with you."
I will save him in distress and give him glory.

A With length of life I will content him;
I shall let him see my saving power.

B Glory be to the Father, and to the Son, and to the Holy Spirit.

A As it was in the beginning, is now, and will be forever. Amen.

All Night holds no terrors for me sleeping under God's wings.

After a brief silence, a short [reading](#) follows.

or:

Psalm 131

Childlike trust in God

Learn from me, for I am gentle and humble of heart (Matthew 11:29).

All O Lord, be my refuge and my strength.

A O Lord, my heart is not proud,
nor haughty my eyes.
I have not gone after things to great
nor marvels beyond me.

B Truly I have set my soul
in silence and peace.
As a child has rest in its mother's arms,
even so my soul.

A O Israel, hope in the Lord
both now and for ever.

B Glory be to the Father, and to the Son, and to the Holy Spirit.

A As it was in the beginning, is now, and will be forever. Amen.

All O Lord, be my refuge and my strength.

After a brief silence, a short [reading](#) follows.

READING

Revelation 22:4-5

(or another short reading or verse)

Leader They shall see the Lord face to face and bear his name on their foreheads.
The night shall be no more. They will need no light from lamps or the
sun, for the Lord God shall give them light, and they shall reign forever.

INTERCESSIONS

After a brief silence, the Leader begins by presenting intentions for the Church, the world, and our community. All are welcome to offer their intentions at the Leader's invitation.

To conclude:

Leader Into your hands, Lord, I commend my spirit.

All **Into your hands, Lord, I commend my spirit.**

Leader You have redeemed us, Lord God of truth.

All **I commend my spirit.**

Leader Glory to the Father, and to the Son, and to the Holy Spirit.

All **Into your hands, Lord, I commend my spirit.**

or:

Leader Lord, have mercy.

All **Lord, have mercy.**

Leader Christ, have mercy.

All **Christ, have mercy.**

Leader Lord, have mercy.

All **Lord, have mercy.**

or:

Leader Christ, hear us.

All **Christ, graciously hear us.**

CANTICLE OF SIMEON (*Nunc dimittis*)

Luke 2:29–32

Christ is the light of the nations and the glory of Israel

Leader Protect us, Lord,

All as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

All make the sign of the cross.

Lord, now you let your servant go in peace;
your word has been fulfilled:

my own eyes have seen the salvation
which you have prepared in the sight of every people:
a light to reveal you to the nations
and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and will be forever. Amen.

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

CLOSING

Leader Let us pray.
Lord,
we have celebrated today
the mystery of the rising of Christ to new life.
May we now rest in your peace,
safe from all that could harm us,
and rise again refreshed and joyful,
to praise you throughout another day.
We ask this through Christ our Lord.

All Amen.

Leader May the all-powerful Lord grant us a restful night and a peaceful death.

All Amen.

if the Leader is a priest or deacon:

Clergy The Lord be with you.

All And with your spirit.

Clergy May almighty God bless you, the Father, the Son, and the Holy Spirit.

All Amen.

PRAYER TO THE BLESSED VIRGIN MARY

All Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious Advocate,
your eyes of mercy toward us,
and after this exile
show us the blessed fruit of your womb, Jesus:
O clement, O loving, O sweet Virgin Mary.

Leader Pray for us, O Holy Mother of God:

All that we may be made worthy of the promises of Christ.

or:

All Remember, O most gracious Virgin Mary,
that never was it known that anyone
who fled to your protection,
implored your help,
or sought your intercession
was left unaided.
Inspired by this confidence,
I fly unto you, O Virgin of virgins, my Mother.
To you do I come,
before you I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in your mercy,
hear and answer me.
Amen.

or:

All We fly to your protection,
O most holy Mother of God.
Do not despise our petitions
in our necessities,
but deliver us always from all dangers,
O Glorious and Blessed Virgin.
Amen.

or:

All Hail, Mary, full of grace . . .