



Pater Noster Fraternity

Queen of Peace Region
Newsletter – September 2019
St. Stephen the Martyr Catholic
Church
Gonderinger Parish Center
16701 S St., Omaha, NE 68135



Vision:

“The Pater Noster Secular Franciscan Fraternity exists to bring Christ’s love, mercy, compassion and forgiveness to a world in need of God.”

Come and share with us our Vision and Mission to Omaha and beyond!

[Previous newsletters may be found on the Queen of Peace Regional Fraternity](#)

Mission:

“The mission of Pater Noster Fraternity is to proclaim, and witness to the Gospel of our Lord Jesus Christ. Inspired by the example of St. Francis and St. Clare, we strive to humbly serve all people, especially the poor and forgotten. We celebrate joyfully the gift of life in all creation and recognize God’s living presence in the world.”

Council Officers as of April 2018 – Please pray for us as we pray for you.



Left to right:

SA: Sr. Mary Ann Schmieding, OSF
Councilor: Cecilia Padilla, OFS - resigned
Richard Beal, OFS-(not in picture) appointed to complete term
Minister: Luis Antonio Alvarez, OFS
Vice Minister: Joseph Norman, OFS
Treasurer: Linda Mertz, OFS
Councilor: Kent Riesberg, OFS
Formation Director: Andrea Walther, OFS
Secretary: William Whipple, OFS

Saint of the Month

Saint Rose of Viterbo



All images from [WikiCommons](#) can be used freely provided the source is noted.

Description: Santa Rosa de Viterbo

Date: 24 January 2013

Author: José Luiz

Attribution: José Luiz Bernardes Ribeiro / CC BY-SA 3.0

Almighty God did marvelous things in the soul of Saint Rose of Viterbo. It appears that her parents gave her that name by divine inspiration, for it was symbolic of her entire career. As long as she lived, she blossomed like a sweet-scented rose in the garden of the Church, and in full bloom as she was transplanted to Paradise.

Before she was able to speak, Saint Rose attempted to pronounce the sweet names of Jesus and Mary; and as soon as she had learned to walk, she asked to be taken to church and to other retired and quiet places to pray. When religious discourses were given, she would listen with great attention.

Third Order of Saint Francis

Feast Day: 4 September

Birth: 1233 Viterbo, Papal States

Death: March 6, 1251 (aged 18) Viterbo, Papal States

Venerated: Roman Catholic Church

Canonized: 1457 by Pope Callistus III

Major shrine: [Church of St. Rose](#) Viterbo, Italy. [Saint Rose de Viterbo Catholic Church](#) Longview, Washington

Attributes: A young woman with a crown of roses, holding a crucifix

Patronage: People in exile; people rejected by religious orders; [Franciscan youth](#); Viterbo, Italy

When Saint Rose was only 3 years old, God showed how pleased He was with her in a most wonderful way. One of her maternal aunts died. The family were standing around the bier weeping aloud. Deeply moved by the sorrow of her relatives, little Rose went to the coffin, raised her eyes to heaven, and prayed silently. Then she placed her little hand on the body of her deceased aunt and called her by name. The dead woman immediately opened her eyes and reached out to embrace her little niece, who had raised her to life again.

Saint Rose of Viterbo (continued)

The child entertained a great compassion for the poor; she always tried to save some food to give to the poor. One day when she left the house with some bread in her apron, she met her father, who asked her in curt fashion what she was carrying off now. The frightened child opened her apron and fragrant roses were found in it.

When she was 7 years old, Saint Rose of Viterbo retired to a little cell in her father's house. There she spent almost all her time in contemplation and in practicing rigorous penance. She prayed much for the conversion of sinners. Meanwhile our dear Lord was preparing her for an extraordinary mission.

St Rose of Viterbo was not yet 10 years old when the Blessed Mother of God instructed her to join the Third Order of St. Francis. Shortly after, our Lord appeared to her on the Cross, wearing the crown of thorns on His head and bleeding profusely from all His wounds.

St Rose, aghast at the sight, called out: "O my Lord, who has reduced Thee to this state?"

Our Lord replied, "My love, my deep love for men has done this." "But," asked Rose, "who has so pierced and torn Thee?" "The sins of men have done it," was our Lord's answer. "Sin, sin!" cried the saint, and she scourged herself to make atonement for the sins of the world.

By divine inspiration, Rose then took a cross in her hand and went up and down the streets and public squares of her city telling people of the terrible tortures our Lord suffered and of the heinousness of sin. Every now and then she would emerge from her solitude to entreat the people to do penance.

Two and a half years after her death she appeared three times to Pope Alexander IV, who was in Viterbo at the time, and told him to have her body removed to the convent of the Poor Clares. When this was done, her body was found incorrupt; and it has remained in that condition to this day. Miracles are constantly occurring at her tomb. Pope Callistus III canonized her in 1457.

Although her skin is dark, the body of the saint is still flexible and the internal organs in good condition. In 1921 the heart was removed to be placed in a reliquary for a procession, and it was found to be unblemished and perfectly intact at that time.

Saint Rose of Viterbo quotes:

“Prayer reveals to souls the vanity of earthly goods and pleasures. It fills them with light, strength and consolation; and gives them a foretaste of the calm bliss of our heavenly home.”

“I die with joy, for I desire to be united to my God. Live so as not to fear death. For those who live well in the world, death is not frightening, but sweet and precious.”

[Roman Catholic Saints](#)

[Lives of Saints](#)

[Franciscan Media](#)

[University of Notre Dame](#)

[Saint Rose of Viterbo Video](#)

Saint Rose of Viterbo, pray for us!

The Admonitions of St Francis of Assisi

Admonition 1: – God Present in the Eucharist; profess this belief – On the Body of the Lord.

The Lord Jesus says to his disciples: I am the way, the truth, and the life; no one comes to the Father except through me. If you knew me, you would also know my Father; and in fact you have known him and have seen him. Philip says to him: Lord, show us the Father, and that will suffice for us. Jesus says to him: For so much time I am with you and you have not known me? Philip, who sees me, sees also my Father. The Father dwells in inaccessible light, and God is spirit, and no one has ever seen God. So he can be seen only in the spirit, because he who gives life is spirit; the flesh does not produce that. But the son, who is equal to the Father, is never seen by anyone else than the Father -- similarly for the Holy Spirit.

Hence everyone who has seen the Lord Jesus according to his humanity and has not seen and believed according to the spirit and divinity that he is the true Son of God, are condemned. In the same way all who see the Sacrament, which is made holy through the words of the Lord upon the altar at the hand of the priest in the form of bread and wine, and do not see and believe according to the spirit and divinity, what is truly the most holy Body and Blood of our Lord Jesus Christ, are condemned.

With the strongest testimony, the Most High says: This is my body and my blood of the new Testament [which is poured out for many]; and who eats my flesh and drinks my blood, has life Eternal. It is the Spirit of the Lord, therefore who dwells in his faithful people, he it is who receives the most holy Body and Blood of the Lord. All others who do not have that same spirit and presume to receive Him, eat and drink judgment to themselves.

Hence: Sons of men, why continue with hardness of heart? Do you not recognize the truth and believe in the Son of God?

Look. Daily he humbles himself, just as when from the royal chambers he came into the womb of the Virgin; daily he comes to us in humble appearance; daily he comes down from the bosom of the Father upon the altar in the hands of the priest. And just as he showed himself to the holy apostles in true flesh, in like manner he shows himself to us in the Sacred Bread. And just as with their carnal eyes they only saw his flesh, yet in contemplating him with their spiritual eyes they believed him to be God. Similarly, we see the bread and the wine with our corporeal eyes, and firmly believe his most Holy Body and Blood to be living and true. And in this way the Lord is always with his faithful people, just as he says: I am with you until the completion of the world.

Q1. Since God is spirit, what is our necessary approach to Him?

Q2. How does Francis describe that we have two sets of eyes? What are they to be used for? Do I use both sets of eyes?

Q3. What are we to believe about the Eucharist? How necessary is this faith?

Q4. How did Francis apply this teaching to his own life?

Q5. How central to Francis' faith was this Eucharistic Sacrament?

Q6. Do you recall any other places in his writings that Francis expresses this concern?

Prayer Requests and Praise Reports

-Steve Carlson:

- For emotional healing for Elena and Lucia Carlson.

-Nancy Yount:

- For my sister, Karen, who is suffering from a rare form of dementia and her family
- For my brother Al and his struggles with Parkinson's
- For my friend's daughter Mackenzie who is suffering from an aggressive form of thyroid cancer.
- For the family of a young father killed in an ATV accident.

-Dave Garrett:

- For my daughter's struggle with her disabilities and children.
- For my son, Joshua's addiction recovery and return to the Church.

-Kent Reisberg:

- Birth of grandbaby!

-Andrea Walther:

- Speedy recovery of Maria Walther, daughter in law.

-Luis Alvarez:

- For our Franciscan Families, those members who are ill and alone.
- For an increase of vocations to all Franciscan communities.
- For an end to abortion, euthanasia and all offenses against human life.
- For the innocent bishops, priests, deacons, and all who work for the kingdom of Christ, who are going to suffer for the sins of others.
- That our children who have drifted from Holy Mother Church may return to the practice of the One True Faith.
- For our law enforcement personnel, that they may remain safe on and off duty.

-Joseph Norman:

- For my mother (Betty) and brother (Tom)

-Cecilia Padilla:

- Difficult, unforeseen circumstances.

- Sr. Kathleen Kluthe, OSF:

- repose of the soul of Mel Kluthe, her brother.

Calendar Of Events

Annual/Special Meetings

MARK YOUR CALENDARS!!

Professions!!!!

October 5th, 2019

Monastery of St Clare

Transitus of St Francis of Assisi

Due to the closeness of the professions of our candidates - the Transitus will be cancelled.

You may perform the ceremony on your own see Richard Beal, OFS for information or go on-line for additional information.

Monthly Meetings

Monthly Gathering - 3rd Sunday

Exceptions: (Please confirm before attending.)

- *Jun - Gathering is on the **4th Sunday**, due to Father's Day is on the 3rd Sunday
- **Aug - No Gathering scheduled to facilitate attending the Chapter of Mats - all members are urged to be in attendance. See you there and thank you in advance.**

Initial Formation at 11:30 am

Potluck at 1:00 pm

On-Going Formation at 1:30 PM

Council Meeting - 2nd Wednesday of the month (*Except in April/December when the Lenten/Advent Retreat will be held*)

On-Going Formation -

FRANCIS of ASSISI and the FUTURE of FAITH
ST. FRANCIS AS SPIRITUAL ROLE MODEL FOR
TODAY'S YOUNG ADULTS

- September 2019 Part 1 Ch. 5
- The closing is from the Ritual for the following months: Feb., May, Aug[Chapter of Mats], Nov.
- For Mar., June, Sep., and Dec. from the Liturgy of the Hours.
- For Jan, April, July, Oct. from the Liturgy of the Twelve Our Fathers - please bring your *Secular Franciscan Companion*

Initial Formation -

The Franciscan Journey:

- September 2019 Chapter 32