

Sponsors

- Your sponsor should be willing and able to participate in your formation for Confirmation.
- The person you choose should be someone that you admire and respect and who actively lives out the beliefs of our Catholic faith.
- Your sponsor should be someone you trust and feel comfortable turning to for help, advice, and guidance, especially in regard to your spiritual life.
- After you receive the Sacrament of Confirmation, your relationship with your sponsor *does not end!* You both are called to lead each other closer to God, to continue to grow in knowledge of your faith, and to challenge one another to lead lives of holiness and service.

Sponsor Requirements

- At least 16 years old (by the date of Confirmation).
- Has received the sacraments of Baptism, Eucharist, Confirmation and is in good standing with the Church.
- Displays a visible commitment to living out the Catholic faith and has the ability and intention to carry out his/her responsibility as a spiritual guide.
- Sponsors cannot be the mother or father of the Confirmation Candidate.
- Each Confirmation Candidate should only choose **one** sponsor.

Confirmation Saint Names

“I will give them an everlasting name.” ~ Isaiah 56

When you were born, your parents chose your name. They may have chosen your name in honor of a special person in their lives: a grandparent, aunt or uncle, or close friend. They may have chosen your name for the meaning behind it. Perhaps they chose your name because they felt a close connection to a holy man or woman of our faith. Maybe they just really liked your name! Most likely, it was a combination of many factors. (If you do not know why your parents chose the name they did for you, why not ask them about it?)

Your name gives you an identity; it tells others who you are. Throughout our lives, we will identify ourselves with many names- the name of the mascot of our high school or college; the name of the region of the country we live in; the title of the career we choose.

However, there is a name above all names that, through our Baptism, we should strive to be known to the world by- and that name is Catholic Christian. At your Baptism, you were called by name, and christened to become a child of God. You entered into the Catholic community by name.

Now it is your turn! As part of your preparation to receive the Sacrament of Confirmation, you have the privilege and responsibility, just like your parents did when you were born, to choose a name.

- Your Confirmation name should reflect your closer identification as a member of the Catholic Christian community.
- **Your Confirmation name should be the name of a saint.**
- **You can choose your baptismal name or you can choose a new name.**

Resources for Choosing a Confirmation Saint

- Go to www.lifeteen.com and search “Confirmation Saints”
 - <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>
- www.catholic.org/saints
- www.catholicsaints.info

