

Month 1
Due Date: 11/30

November Bible Study

Pages to Read: **November**

Matthew 5:1-48
(Pages 45-53)

Theme: Becoming Salt & Light

- Family Reflection Questions:
 - **Verses 1-11**
 - Which Beatitude do you find the most difficult to understand? Which one do you relate to the most?
 - **Verses 13-16 + “Becoming Salt and Light”**
 - What is the purpose of salt and light?
 - Bishop Barron says, “we find our salvation for ourselves precisely in the measure that we bring God’s life to others.” Do you bring God’s life, and the message of the Gospel, through words or actions? Whether the answer is yes or no, how could we grow and do these things more?
 - **Verses 21-26**
 - How often do you get angry? Who or what do you get angry about most and why? Jesus has pretty strong words condemning anger, so this is obviously important. How can we grow in how we deal with anger?
 - **Verses 27-30 (PARENTS: save this question for a one on one conversation if necessary)**
 - Lust and sexuality are always a tough subject to talk about because we have wrapped ourselves in a cocoon of shame when it comes to the beauty of our bodies and sexuality. God made the body GOOD and sexuality is a GOOD thing. It is not always about saying “No” but rather, it is saying “No” in order to give a full and total “Yes” to your future spouse. Jesus takes this extremely seriously and gives us a hyperbole to drive home the point. Have you ever talked about the beauty of the body as a family? Do you think the body is something so precious that it should be saved, in order to be fully given to only your spouse?

- **Verses 33-36**
 - Do you always do what you say you will do? Can people depend on you and your word?
- **“Unpacking Jesus’ Greatest Sermon”**
 - What do you think of the twist that Bishop Barron gives to the Beatitudes? Does his “lucky you are” wording make them more digestible?
 - Now that you have read them in this light, which one do you struggle with the most?