

Catholic Diocese of Wichita
St. Catherine of Siena Catholic School

2021-2022 CSAL Player Contract
(Updated)

I, _____, being an enrolled student at _____, understand that in order for me to participate on a CSAL team must agree to review and follow the eligibility rules of the CSAL.

SIGNIFICANT RULES and EXPECTATIONS

1. Any pupil who participates on an organized team outside of school from the first day of CSAL practice to the conclusion of the post season tournaments, shall be ineligible for school teams in that sport.
2. Any player joining a CSAL team must do so before the first scheduled game of the regular season. The only exception to this rule would be a student transferring from another school.
3. CSAL students are to be held to high behavioral as well as academic standards. Students who are suspended will not be allowed to participate in practice, games or contests for a minimum of one week. **The Principal will conduct grade checks beginning three weeks after each nine-week period begins.** Grades will be figured each week during the season. If a student has a cumulative **"F" or two or more "D" grades** in any subject, they will be will ineligible for a least the next week. **Students with low grades receive a grade notification sheet from the homeroom teacher each Monday. (We begin this reporting around the 3rd week of each quarter). The dates of ineligibility will be listed on the sheet.** While ineligible, students will be allowed to practice, but cannot suit up for any games or contests. If a student receives a second **"F" or two or more "D" grades** at any time after this first ineligibility period, he/she may be ineligible for the remainder of that sport season. **Students, please take care of your school work and be responsible for maintaining good grades.**
4. **RESPECT – When you are competing you are representing St. Catherine of Siena Catholic School. We expect our athletes to be respectful of other athletes (from any school including St. Catherine), coaches, referees, parents and fans. This also goes for practice time. Our coaches give of their time to allow you to play sports. We expect our athletes to respect all our coaches. If this is not possible, the athlete will not be allowed to be part of a St. Catherine team. We also have the same expectation for parents. We feel parents are the best role models for their children.**
5. **In the event of a scheduling conflict between an SCOS sport (for Football, Volleyball, and Basketball) and an outside organized event, the students first priority is to the SCOS sport, no exceptions.**
 - a. **In the event that the student chooses to participate in the outside activity over the SCOS event, the student may be required to sit out a future SCOS competition that will be determined in a parent meeting with the coach and Athletic Director on a case by case basis.**
6. **Attendance at all practices, team meetings, and games is mandatory. Injured players are still encouraged to come to practice and games, listen to coaches and encourage their teammates.**
7. **Only students who have attended school for the entire day will be allowed to practice or participate in games. Only students who have attended school all day Friday will be allowed to practice or participate in contests, games, or events on the following day, Saturday. The school principal must approve exceptions to the above rules.**
8. **In very rare situations, players may be excused from attending practices and games for emergencies, or if a player tells a coach via phone or verbally at the earliest possible time.**
9. **When a player misses practice, he/she will lose playing time in the next game. Players are to be on time to all practices and games, if this becomes a problem they could lose playing time.**
10. **In the case of unexcused absences in which the coach was not informed in the manner described above, and/or the reason for the absence is not satisfactory, this may result in reduced playing time or other consequences as deemed appropriate.**

11. Players are responsible for seeking understanding or resolution to a problem or question when they arise with coaches or teammates.
12. Players will conduct their personal lives in a manner that brings honor to themselves, their team and school. This includes social media and other school activities.
13. Any athlete ejected from a game for unsportsmanlike activity will be suspended for the next game.
14. The above standards do not preclude the authority of the Principal to limit, suspend or prohibit students from participation in practice or games for behavioral problems as they deem necessary.

SCOS Sportsmanship: Code of Conduct

1. BE COURTEOUS TO ALL (participants, coaches, staff, and fans).

DO: Respectfully address officials during competition and thank them for their performance, regardless of agreement with calls.

DON'T: Turn backs or make disrespectful actions towards opponents at a game.

2. KNOW THE RULES, ABIDE BY AND RESPECT THE OFFICIALS' DECISIONS.

DO: Applaud the official on a call that demonstrates a solid enforcement of the rules.

DON'T: Yell at the official for making a call you don't like or making a call that does not go in your team's favor.

3. WIN WITH CHARACTER AND LOSE WITH DIGNITY.

DO: Shake hands of opposing players and coaches at the end of contest, regardless of outcome.

DON'T: Whine, blame loss on officials, coaching, individual player's performance or other rationalizations.

4. DISPLAY APPRECIATION FOR GOOD PERFORMANCE REGARDLESS OF THE TEAM.

DO: Recognize an outstanding participant's performance with applause.

DON'T: Laugh, point fingers, call names, etc., directed to opponents in an attempt to distract.

5. EXERCISE SELF-CONTROL AND REFLECT POSITIVELY UPON YOURSELF, THE TEAM, AND SCHOOL.

6. PERMIT ONLY POSITIVE SPORTSMANLIKE BEHAVIOR REFLECTING ON YOUR SCHOOL OR ITS ACTIVITIES.

Game Day Protocol

1. All games are deemed mandatory. If a player must miss, they need to clear it with a coach beforehand.
2. Parents will make sure that if a student is going to be late to school, leave in the middle, or not attend for any reason they need to contact the school before 8:30 a.m. that day, or the student athlete will not be able to participate in practice or games that day.
3. Players that are released early from school are expected to get what they will miss from teachers.

Uniforms

1. Are to be kept clean and washed after every game. a. Uniforms should be washed in cold water and on the gentle cycle then HANG THEM TO DRY. b. PLEASE DO NOT USE FABRIC SOFTENER.
2. The uniform is given to the player only; therefore no one else should be wearing it. If the uniform is damaged or lost, the player/parents will be responsible to pay for a replacement. Uniforms should ONLY be worn to games and on picture day.
3. When the season is over, uniforms must be returned within one (1) week or a late charge of \$10 will be incurred. If the uniform is not turned in or is ruined from improper care, there will be a \$50 charge to replace that uniform.

To be eligible to participate in 6th – 8th grade sports, return this form to be on file in the school office.

Student

Parent

Principal

Date