

NAME THAT SPORT!

Match the description to the sport and perform the exercise.

Color in each box when completed.

Basketball= RED

Volleyball=PURPLE

Bowling=GREEN

5 Push Ups

10 Jump Squats

15 Jumping Jacks

Bump, Set, Spike

The ball is rolled in this game.

This game has a net in the middle of the court

You move the ball by dribbling and passing

There are 10 pins in this game.

The ball is served in this game.

A strike is when you knock down all the pins

Free throws are worth 1 point

Traveling and double dribble are turnovers

In this game, try to keep the ball in the air

This game can be played on a court or in the sand.

This game is played indoors on a lane.

5 players on the court at a time.

3 strikes = a turkey

There are 4 quarters in this game.