

## Healthy Snack Ideas

### Chewy Honey Granola Bars

#### Ingredients

- 3 cups old-fashioned oats
- 2 cups unsweetened puffed wheat cereal
- 1 cup all-purpose flour
- 1/3 cup chopped walnuts (or any nut)
- 1/3 cup raisins
- 1/3 cup miniature semisweet chocolate chips
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1 cup honey
- 1/4 cup butter, melted
- 1 teaspoon vanilla extract



#### Directions

- Preheat oven to 350°. In a large bowl, combine the first 8 ingredients. In a small bowl, combine honey, butter and vanilla; pour over oat mixture and mix well. (Mixture will be sticky.)
- Press into a 13x9-in. baking pan coated with cooking spray. Bake 14-18 minutes or until set and edges are lightly browned. Cool on a wire rack. Cut into bars.