| And TEW | October Weekly Menu | |
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| ILW | Week of 10/4-10/8 | |
| M | Pizza | |
| | BBQ Meatballs | _ |
| T . | Buttered Noodles | |
| W | Spaghetti with Red Sauce and Ground Beef | |
| 1 | Hamburger Rice Hot Dish | _ |
| T | Dinner Rolls | |
| | Grilled Cheese Sandwiches | _ |
| F | Knoephla Soup | |
| | The Daily Salad Bar includes: | |
| S | Lettuce, Peppers, Carrots, Broccoli, Cauliflower, Celery, Cucumbers, Tomatoes, Hard Boiled Eggs, Cubed Cheese, | |
| S | Cottage Cheese, Peas, Onions and Beans, along with two choices of fruit: one fresh and one canned. | _ |