A reading from the holy Gospel of Matthew

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him.
He began to teach them, saying:

“Blessed are the poor in spirit, for theirs is the Kingdom of heaven.
Blessed are they who mourn, for they will be comforted.
Blessed are the meek, for they will inherit the land.
Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
Blessed are the merciful, for they will be shown mercy.
Blessed are the clean of heart, for they will see God.
Blessed are the peacemakers, for they will be called children of God.
Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven.
Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.
Rejoice and be glad, for your reward will be great in heaven.”
A reading from the holy gospel according to John

Jesus said to the crowds:
“Everything that the Father gives me will come to me,
and I will not reject anyone who comes to me,
because I came down from heaven not to do my own will
but the will of the one who sent me.

And this is the will of the one who sent me,
that I should not lose anything of what he gave me,
but that I should raise it on the last day.

For this is the will of my Father,
that everyone who sees the Son and believes in him
may have eternal life,
and I shall raise him up on the last day.”
Psalm 146:7, 8-9, 9-10 (1b)

The Lord keeps faith forever,  
secures justice for the oppressed,  
gives food to the hungry.  
The Lord sets captives free.

The Lord gives sight to the blind;  
The Lord raises up those who were bowed down.  
The Lord loves the just;  
The Lord protects strangers.

The fatherless and the widow he sustains,  
but the way of the wicked he thwarts.  
The Lord shall reign forever;  
your God, O Zion, through all generations.  
Alleluia.