MY HOLY WEEK JOURNAL

NAME_________________________ YEAR_______
IDEAS FOR USING YOUR HOLY WEEK JOURNAL

ON THE LINED PAGES:

• Copy your favorite verse from the Bible
• Write a reflection on the Gospel
• Take notes during the homily at Mass
• Make a list of virtues you see lived out in this Gospel story
• Write your own prayer
• Journal using the steps of Lectio Divina:
  • Lectio
  • Meditatio
  • Oratio
  • Contemplatio

ON THE BLANK PAGES:

• Draw a picture of the events that take place in this Gospel story
• Write your favorite Bible verse in fancy handwriting
• Follow the drawing prompt on the bottom of each page
• Draw a symbol representing that day of Holy Week
• Create a banner to hang up in your home for Holy Week
• Design a stained glass window
At the last supper, Jesus gathered with his Apostles and gave them the gift of the Eucharist. We receive this same gift at every Mass. Let’s pray that we will open our eyes, minds, and hearts to truly see Jesus present in this Sacrament: Body, Blood, Soul, and Divinity.

Use the back of this page to draw a picture of the last supper.
Today we remember the worst thing that has ever happened, the death of Jesus on the cross. So why is it called “Good” Friday? This day is named Good Friday because it is also the best thing that has ever happened. Jesus’ death frees us from sin and allows us to be welcomed into heaven.

Use the back of this page to draw the scene of the crucifixion.
HOLY SATURDAY

GOSPEL OF THE DAY: MATTHEW 28:1-10

Tonight at the Easter vigil, the new Paschal Candle is blessed and lit. This Candle will remind us all year that Jesus Christ, who has risen from the dead, is the Light of the World!

Use the back of this page to draw your own Paschal Candle.
EASTER SUNDAY
GOSPEL OF THE DAY: JOHN 20:1-9

The traditional Paschal Greeting is: “ALLELUIA! HE IS RISEN!”

And the response is: “HE IS RISEN INDEED!”

Use the back of this page make your own Alleluia banner!