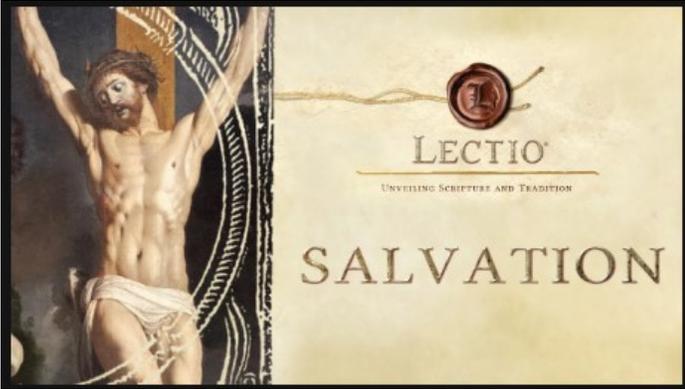


Lenten Offerings at St. Mary's for 2020



1

SALVATION*—Parish Program

Join a small group on Monday evenings, set up your own, or do the program by yourself.

Join us for a captivating Bible study on Salvation At every Sunday Mass, Catholics confess that Jesus came down from heaven “for us men and for our salvation.”

But what does “salvation” mean? In this remarkable 10-part video series, Scripture scholar and theologian Michael Patrick Barber provides a thorough, deeply Catholic, and deeply biblical, answer. Based on the best-selling book *Salvation: What Every Catholic Should Know* this video series is inspiring, engaging, and accessible to anyone.

There is no substitute for coming together to help us growing in our faith. None of us is meant to do this on our own. And yet, we are so busy that it is hard for us to always be available when a program is offered.

Thanks to our parish wide access to FORMED.org, you can use this program in whatever way works best for you.

Option A: MONDAY EVENINGS. Please sign up to join us on Monday evenings at 6:45 PM. Sign up at the doors to receive a book, watch the short video segment together, and then join in the discussion as you are so prompted.

Option B: INDEPENDENT GROUP. If Monday’s don’t work for you, set up a group viewing at your own home. For the 10 weeks, you can set a specific day/time and show the videos in the comfort of your own home. You can set up your own group, or let us know and we’ll announce the day/time for others to join you.

Option C: ON YOUR OWN. If you’re not able to commit to Mondays for the parish program or to your own group/day/time, you can still get the workbook and view online.

SALVATION
NEW LIFE IN CHRIST

*The Way
of the Cross
for
Couples*

2

The Way of the Cross for Couples*

Praying with the one you love...

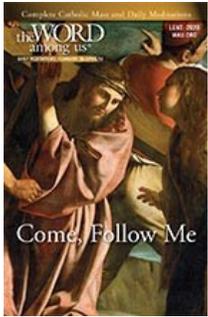
This beautiful Way of the Cross will take you through the Passion and Death of Jesus to the joy of renewed and resurrected love in Christ. Each of the fourteen stations is an invitation to place your life together in the footsteps of Christ, who laid down his life for the ones he loved.

This Way of the Cross culminates with a proposed “Way of Love for Couples,” a time of profound meditation that concludes with a renewal of marriage vows.

Perfect for all couples—no matter what the season of their love.

*Both programs require sign up. Limited quantities apply. A \$10.00 donation is requested for either. Sign up sheets are at each door.

Resources Available at the Doors Next Week



The Word Among Us

Each month these booklets are available at the doors of the chapel/church.

They are an ideal resources if you are looking to follow the readings of the daily Masses Daily meditations based on the Mass. Practical featured articles on Lent and the

3



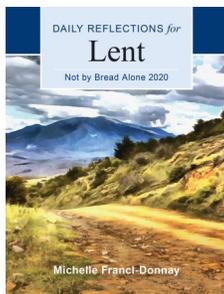
Little Black Book

Daily Reflections from our friends in Saginaw Wisconsin.

The easiest program to use if you're intimidated about looking too holy!

Yup that's really a picture of a little black book.

4



Not by Bread Alone

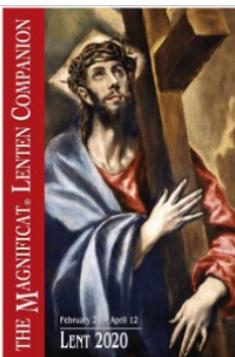
Prayerfully journey through Lent with Michelle Franci-Donnay's fresh and meaningful reflections on the daily Mass readings. In just minutes per day, the insightful meditations of *Not by Bread Alone* can deepen your experience of this solemn season of prayer and penance and prepare you to participate more fully in the joy of the great Easter mystery.

5

Magnificat Lenten Companion

Lent is a time to refocus our hearts and revive our love of the Lord and one another

6



A Companion for the Forty Days of Lent (from Ash Wednesday to Easter Sunday)

Designed in a convenient, easy-to-use format:

- Inspiring reflections from some of the most gifted Catholic writers for each day
- Faith-filled essays
- Prayers, poetry, and devotions
- Meditations for the Way of the Cross
- A treasury of spiritual insights

By spending a few moments meditating on the inspiring daily reflections and the short prayers that follow them, you will discover all that is true, good, and beautiful about the Catholic Faith.

Let the profound yet practical insights you will find in this little spiritual treasury form and focus your spiritual life, filling it with new conviction and purpose.

Another idea...

Join our local Knights of Columbus to support the food pantry at the Canton Church and Community. Bring a canned food product (or other non perishable) each day of Lent



And just a few more ideas...

1. Read the Sunday scriptures before you go to Mass each week.
2. Try a new spiritual practice: like making a daily visit to the church, Holy Hour for Vocations on Tuesday at 4:10.
3. Think about what you usually spend your money on. Clothes? Dinners out? Pick one time of expenditure and "fast" from it for Lent.
4. Take something on—40 days of letter writing, 40 acts of kindness, or 40 phone calls to important people in your life.
5. Go to Daily Mass during the week. Or at least one day a week.
6. If you don't have a cross in your room/apartment/house, buy a simple one. (Bonus: Ask Father to bless it!)
7. Attend Stations of the Cross on Fridays at 5:15 here in Canton or at many of the neighboring parishes.
8. Join friends for a Fish Fry on Fridays
9. Drive in silence. Don't be surprised if He speaks to you on the way.
10. As part of your almsgiving, make a point to learn more about a particular social issue (e.g. immigration, abortion, human trafficking, racism, physician assisted suicide, poverty). Give money to an organization that supports the dignity of the human person
11. Celebrate the Sacrament of Reconciliation. Saturday (3:45-4:45, Tuesday & Friday (5:45 PM), plus our Day of Mercy TBA
12. No eating after dinner. You probably know all about fasting each Ash Wednesday and Good Friday. But how about a little fast each day?

—Thank you to our friends at Busted Halo

LENT

Pray + Fast + Give