You are the light of the world. A city set on a mountain cannot be hidden.

“Yousted son la luz del mundo. No se puede ocultar una ciudad construida en lo alto de un monte”.

Mass Schedule  (Horario de Misas)

Saturday: 5:30 PM

Sunday:  AM  PM
7:30  12:00 (Español)
9:00  1:30

Confessions: Saturday — 4 to 5:30
Sick Or Emergency Calls:
Call the Rectory at 892-3232

Devotions:
- Círculo De Oración: lunes, 7 a 9.00PM
- Miraculous Medal Novena
  Monday after 12:15 PM Mass
- Exposición del Santísimo y Coronilla de la Divina Misericordia: miércoles, 7PM
- Eucharistic Adoration
  Thursday between the 8:30 & 12:15 Masses
- Sacred Heart Novena: Thursday, Noon
- English Bible Study: Tuesday, 1 PM & 7:30PM
  and Sunday 11:30AM
- Spanish Bible Study: Tuesday, 7:00PM
- Rosary: Wednesday, 1:00PM
Pray the Stations of the Cross

Since Lent is a penitential season of preparation for Easter, the Stations of the Cross, which follow the path of Christ from Pontius Pilate's praetorium to Christ's tomb have become a popular devotion in parishes. In the 16th century, this pathway was officially entitled the "Via Dolorosa" (Sorrowful Way) or simply Way of the Cross or Stations of the Cross.

This devotion has evolved over time. Tradition holds that our Blessed Mother visited daily the scenes of our Lord's passion. After Constantine legalized Christianity in the year 312, this pathway was marked with its important stations. St. Jerome (342-420), living in Bethlehem during the latter part of his life, attested to the crowds of pilgrims from various countries who visited those holy places and followed the Way of the Cross. The devotion grew in popularity, and in the fifth century, an interest developed in the Church to "reproduce" the holy places in other areas so pilgrims who could not actually travel to the Holy Land could do so in a pious, devotional spiritual way in their hearts. For instance, St. Petronius, Bishop of Bologna, constructed a group of chapels at the monastery of San Stefano, which depicted the more important shrines of the Holy Land, including several of the pious stations. (The same notion inspired the building of the Franciscan Monastery of the Holy Land in Washington, where one can visit and see reproductions of the Bethlehem Chapel, the tomb of our Lord, and other important shrines of the Holy Land.)

In 1342, the Franciscans were appointed as guardians of the shrines of the Holy Land. The faithful received indulgences for praying at the following stations: At Pilate's house, where Christ met His mother, where He spoke to the women, where He met Simon of Cyrene, where the soldiers stripped Him of His clothes where He was nailed to the cross, and at His tomb. William Wey, an English pilgrim, visited the Holy Land in 1462, and is credited with the term "stations." He described the manner in which a pilgrim followed the steps of Christ. Prior to this time, the path usually followed the reverse course of ours today—moving from Mount Calvary to Pilate's house. At this time, the reverse — going from Pilate's house to Calvary — seems to have taken hold.

When the Moslem Turks blocked the access to the Holy Land, reproductions of the stations were erected at popular spiritual centers, including the Dominican Friary at Cordova and the Poor Clare Convent of Messina (early 1400s); Nuremberg (1468); Louvain (1505); Bamberg, Fribourg and Rhodes (1507); and Antwerp (1520). Many of these stations were reproduced by renowned artists and are considered masterpieces today. By 1587, Zuallardo reported that the Moslems forbade anyone "to make any halt, nor to pay veneration to [the stations] with an uncovered head, nor to make any other demonstration," basically suppressing this devotion in the Holy Land. Nevertheless, the devotion continued to grow in popularity in Europe. At this time, the number of stations varied. William Wey's account has 14 stations, but only five agreed on their own. Some versions included the house of Dives (the rich man in the Lazarus story), the city gate through which Christ passed, and the houses of Herod and Simon the Pharisee. In 1584, a book was written by Adrichomius entitled, Jerusalem "sicut Christi Tempore floruit," which gives 12 stations that match those in our present version. This book was translated into several languages and circulated widely. In the 16th century, devotional books appeared especially in the Low Countries, which had 14 stations with prayers for each one.

At the end of the 17th century, the erection of stations in churches became more popular. In 1686, Pope Innocent XI, realizing that few people could travel to the Holy Land due to the Moslem oppression, granted the right to erect stations in all Franciscan churches and that the same indulgences would be given to the Franciscans and those affiliated with them for practicing the devotion as if on an actual pilgrimage. Pope Benedict XIII extended these indulgences to all of the faithful in 1726. Five years later, Pope Clement XII permitted stations to be created in all churches and fixed the number at 14. In 1742, Pope Benedict XIV exhorted all priests to enrich their churches with the Way of the Cross, which must include fourteen crosses and are usually accompanied with pictures or images of each particular station. The popularity of the devotion was also encouraged by preachers like St. Leonard Casanova (1676-1751) of Porto Maurizio, Italy, who reportedly erected over 600 sets of stations throughout Italy. To date, there are 14 traditional stations: Pilate condemns Christ to death; Jesus carries the cross; the first fall; Jesus meets His Blessed Mother; Simon of Cyrene helps to carry the cross; Veronica wipes the face of Jesus; the second fall; Jesus speaks to the women of Jerusalem; the third fall; Jesus is stripped of His garments; Jesus is nailed to the cross; Jesus dies on the cross; Jesus is taken down from the cross; and Jesus is laid in the tomb. Because of the intrinsic relationship between the passion and death of our Lord with His resurrection, several of the current devotional booklets now include a 15th station, which honors and commemorates the Resurrection. A plenary indulgence is granted for those who piously exercise the Way of the Cross, actually moving from station to station where they are legitimately erected and while meditating on the passion and death of our Lord Jesus ("Enchiridion of Indulgences," No. 63).

Those who are impeded from visiting a church may gain the same indulgence by piously reading and meditating on the passion and death of our Lord for one-half hour. The continued importance of the stations in the devotional life of Catholics is attested by both Pope Paul VI, who approved a new Gospel-based version of the stations in 1975, and Pope John Paul II, who has also written his own version.

Fasting and Abstinence Regulations during Lent for Catholics.

1) Abstinence on all the Fridays of Lent, and on Ash Wednesday and Good Friday
No meat may be eaten on days of abstinence. Catholics 14 years and older are bound to abstain from meat. Invalids, pregnant and nursing mothers are exempt. (Fish and all cold-blooded animals may be eaten, e.g., frogs, clams, turtles, alligators, etc.)

2) Fast on Ash Wednesday and Good Friday
Fasting means having only one full meal to maintain one's strength. Two smaller, meatless and penitential meals are permitted according to one's needs, but they should not together equal the one full meal. Eating solid foods between meals is not permitted. Catholics who have reached the completion of the eighteenth year to the beginning of the sixtieth year are bound to fast. Again, invalids, pregnant and nursing mothers are exempt.

3) Friday Abstinence Outside of Lent
It should be noted that Fridays throughout the year are designated days of penance. The Code of Canon Law states that Friday is a day of abstinence from meat throughout the year. The American Bishops have allowed us to choose a different form of penance rather than abstaining from meat, but there must be some form of penance, for this is the day we commemorate Christ's suffering and death. The bishops stress that "among the works of voluntary self-denial and personal penance...we give first place to abstinence from flesh meat" (Pastoral Statement on Fasting and Abstinence).

STATIONAL CHURCHES

Stational churches are the churches that are appointed for special morning and evening services during Lent, Easter and some other important days during the Liturgical Year. This ancient Roman tradition started in order to strengthen the sense of community within the Church in Rome, as this system meant that the Holy Father would visit each part of the city and celebrate Mass with the congregation. So vividly was the station saint before the minds of the assembled people that he seemed present in their very midst, spoke and worshipped with them. Therefore the missal still reads,
Saint David of Wales—March 1

David is the patron saint of Wales and perhaps the most famous of British saints. Ironically, we have little reliable information about him. It is known that he became a priest, engaged in missionary work, and founded many monasteries, including his principal abbey in southwestern Wales. Many stories and legends sprang up about David and his Welsh monks. Their austerity was extreme. They worked in silence without the help of animals to till the soil, and their food was limited to bread, vegetables, and water. In about the year 550, David attended a synod where his eloquence impressed his fellow monks to such a degree that he was elected primate of the region. The episcopal see was moved to Mynyw, where he held his monastery, now called St. David's. He ruled his diocese until he had reached a very old age. He died on March 1, 589, and his last words to his monks and subjects were: "Be joyful, brothers and sisters. Keep your faith, and do the little things that you have seen and heard with me." Saint David is pictured standing on a mound with a dove on his shoulder. The legend is that once while he was preaching a dove descended to his shoulder and the earth resounded with applause. Above the people so that he could be heard. Over 50 churches in South Wales were dedicated to him in pre-Reformation days.

St. Katherine Drexel - March 3

Katharine Drexel was born in Philadelphia in 1858. She had an excellent education and traveled widely. As a rich girl, she had a systematic aid to Native American missions. In about the year 1889, "The feast of Saint Joseph brought me the grace to give the remainder of my life to the Indians and the Colored."

Newspaper headlines "Gives Up Seven Million!" After three and a half years of training, she and her first band of nuns (Sisters of the Blessed Sacrament for Indians and Colored) opened a small school of African American Catholic schools in thirteen states, plus forty mission centers and twenty-three rural schools. Segregationists harassed her work, even burning a school in Pennsylvania. In all, she established fifty missions for Native Americans in sixteen states.

Two saints met when she was advised by Mother Cabrini about the "politics of getting her order's Rules and Constitutions approved in Rome. Her crowning achievement was the founding of Xavier University in New Orleans, the first university in the United States for African Americans. At age seventy-seven, she suffered a heart attack and was forced to retire. It seemed her life was over. But now came almost twenty years of quiet, intense prayer from a small room overlooking the sanctuary. Some small notebooks and slips of paper record her various prayers, ceaseless aspirations and meditation. She died at ninety-six and was later canonized in 2000. She is the second American to be canonized a saint and the first one born a U.S. citizen.

St. Casimir - March 4

St. Casimir, to whom the Poles gave the title of "The Peacemaker," was the third of the thirteen children of Casimir IV, King of Poland, and Elizabeth of Austria, daughter of Emperor Albert II. Devout from his infancy, the boy gave himself up to devotion and penance and had a horror of anything approaching softness or self-indulgence. His bed was often the ground, and he often spent a great part of the night in prayer and meditation, chiefly on the passion of our Saviour. His clothes were plain, and under them, he wore a rough shirt. Living in the presence of God, he was invariably serene and cheerful and pleasant to all. The saint's love of God showed itself in his love of the poor who are all Christ's members, and for the relief of these, the young prince gave all he possessed, using on their behalf the influence he had with his father and with his brother Ladislaus when he became king of Bohemia. In honor of the Blessed Virgin Mary, Casimir frequently recited the long Latin hymn "Omnis die dixit Maria," a copy of which was by his desire buried with him. This hymn, part of which is familiar to us through Bittleston's version, "Daily, daily sing to Mary," is not uncommonly called the Hymn of St Casimir, but it was certainly not composed by him; it is three centuries older than his time. The nobles of Hungary, dissatisfied with their king, Matthias Corvinus, in 1471 begged the King of Poland to allow them to place his son Casimir on the throne. The saint, at that time not fifteen years old, was very unwilling to consent, but in obedience to his father, he went to the frontier at the head of an army. There, hearing that Matthias had himself assembled a large body of troops, and finding that his own soldiers were deserting in large numbers because they could not get their pay, he decided upon the advice of his officers to return home. The knowledge that Pope Sixtus IV had sent an emissary to his father to deter him from the expedition made the young prince carry out his resolution with the firmer conviction that he was acting rightly. King Casimir, however, was greatly incensed at the failure of his ambitious projects and would not permit his son to return to Cracow, but relegated him to the castle of Dobzi. The young man obeyed and remained in confinement there for three months. Convinced of the injustice of the war upon which he had so nearly embarked, and determined to have no further part in any of these internecine conflicts which only facilitated the further progress into Europe of the Turks, St Casimir could never again be persuaded to take up arms though urged to do so by his father and invited once more by the disaffected Hungarian magnates. He returned to his studies and his prayers, though for a time he was the viceroy in Poland during the absence of his father. An attempt was made to induce him to marry a daughter of Emperor Frederick III, but he refused to relax the celibacy he had imposed on himself. St Casimir's austerities did not spring from a desire to escape from which he suffered, and he died at the age of twenty-six in 1484 and was buried at Vilna, where his relics still rest in the church of St Stanislaus. Miracles were reported at his tomb, and he was canonized in 1521.

Sts. Perpetua and Felicity - March 7

Vibia Perpetua, a well-to-do young woman and mother, and Felicitas, a slave who gave birth to a child three days before suffering a martyr's death, were catechumens. Against such prospective converts, the persecution of Septimius Severus was particularly severe. These two holy women suffered death on the seventh of March in Carthage. The Breviary relates the following touching episode:

Now the day had arrived when they were to be thrown to the wild beasts. Felicitas began to be sorrowful because she feared she would have to wait longer than her companions. For eight months she had been pregnant and therefore, according to Roman law, could not be executed before the birth of the child. But the gentle suffering hastened her time, and she gave birth to a baby girl. While she was suffering from the pains of childbirth, one of the guards called out to her, "If you are suffering so much now, what will you do when you are thrown to the wild beasts?" "Now I suffer," she answered, "but there Another will be in me, who will suffer for me, because I will suffer for Him." When she was in travail, she had sorrow; but when she was set before the wild beasts, she rejoiced (Martyrology).
MARCH 1, 2020

On the seventh of March in the year AD 203, these heroic women were led into the amphitheater and severely scourged. Then they were tossed about by an exceptionally wild bull, goreed, and thrown to the ground. Finally, they were killed by the sword. Their names are still mentioned together in the Roman Canon of the Mass.

La tentation de doute

Chers freres et soeurs,

Chaque premier Dimanche du careme, nous meditons sur les tentations de Jesus. Le careme est autrement compris comme le temps du combat spirituel contre les racines du mal. Les tentations font parti de notre vie quotidienne. Comment est-ce que nous gerons les tentations? En lisant attentivement l’evangile de ce jour, nous pouvons tirer les elements important qui doivent nous aider dans ce combat spirituel.

L’evangile nous presente Jesus en face des trois grandes tentations: tentation d’interet personnel, tentation du pouvoir et la tentation de mettre Dieu a l’epreuve. Au delà de ces trois tentations, il y a la tentation du doute. Chaque tentation commence ainsi: "Si tu es le fils de Dieu..." C’est la tentation du doute. Le diable veut tenter Jesus a remettre en question son identité du fils de Dieu. Jesus ne cede pas a la tentation parce qu’il se connait tres bien. Jesus ne doute pas qu’il est le fils de Dieu et qu’il a la mission de sauver l’humanité. Toutefois, il ne cherche pas a pouver au diable qu’il est le fils de Dieu. Ce n’est pas du tout necessaire.

Quand nous cedons aux tentations c’est parce que nous avons oublié qui nous sommes. Nous n’avons pas pris en compte notre identité. Qui sommes-nous? Nous sommes les enfants de Dieu par le bapteme. Ce meme bapteme nous consacre pour etre pretre, prophete et roi. Ainsi notre identite des enfants de Dieu recu des le depart doit etre approfondi. Prenons dont le temps pendant ce careme pour rendre au Seigneur pour le don de notre foi et en meme temps lui demander la grace de savoir resister aux tentations divers du diable.

Bon Dimanche

Pere Andrew Berinyuy

Three Regional Lenten Events

1. An Evening of Recollection and Prayer on Thurs., March 12 at 7PM in English at St. Frances de Chantal, directed by Father Charles Mangano and his sister, Laurie; they are internationally known musicians and directors of parish days of prayer and recollection. Parking is available.

2. A Day of Recollection on Wednesday, March 18 in English will be directed by the Sisters of Life at their retreat house in Connecticut. The day begins with Mass at 8AM at St. Frances de Chantal. The bus leaves at 8:30AM and returns at 3:30PM. Tickets are $45, which includes the bus, lunch, and a donation to the Sisters; seating is limited and reservations are required.

3. An Evening of Recollection and Prayer on Thurs., March 26 at 7PM in Spanish at St. Frances de Chantal, directed by Father Joseph Espaillat, pastor of St. Anthony of Padua in the Bronx and Charismatic speaker. Parking is available.

2020 Cardinal’s Appeal Needs Your Support

Many parishioners have already received letters from Cardinal Dolan concerning the Appeal. Cardinal Dolan will celebrate Mass here at St. Helena’s on Sunday, March 15 at 1:30PM. This year, our parish goal has been set at $49,000. So far, four parishioners have responded to the Appeal and have donated $2,650. Thank you so very much. You may complete a pledge card or pledge online at www.cardinalsappeal.org.

PARISH ANNOUNCEMENTS

• 50/50—The February winner is #49 @ $200. Special pink envelopes are available at the two Church entrances or in your packet. It only costs $5.00 to participate. The lucky March winner will be picked Monday, March 30.

• FIRST COMMUNION FAMILY SESSION takes place today Sunday, March 1 at 11:30AM in the cafeteria.

• SPANISH FAMILY SESSION will take place on Sunday, March 8 at 1:30PM in the cafeteria.

• ENGLISH CHARISMATIC PRAYER GROUP meets every Saturday from 1PM to 3PM, in the Green Building.

• SPANISH CHARISMATIC PRAYER GROUP meets every Monday from 7-9PM in the Church. The monthly Mass is on Monday, March 2 at 7PM.

• ALTAR SERVERS MEETING on Saturday, March 7 from 3-5PM.

• DAYLIGHT SAVINGS TIME begins Sunday, March 8. Move your clock’s ahead one hour.

• THE LEGION OF MARY is now meeting on Saturdays from 11-12:30PM in the Peralta downstairs rectory room.

• NEXT BAPTISM PREP CLASSES will be held at 7PM on Thursday, March 5 in English and March 12 in Spanish. Prior arrangements must be made in person at the Rectory to take the one-hour Baptismal class.

• STATIONS OF THE CROSS takes place in the church every Friday of Lent. They are at 1PM and 8PM in English and at 7PM in Spanish.

• ADORATION OF THE BLESSED SACRAMENT takes place at St. Helena every Thursday from 9AM-12PM and on all First Friday’s from 1-7PM in the church. This Friday, March 6 is First Friday.

• THE DIVINE OFFICE AT ST. HELENA—We pray morning prayer everyday during the 8:30AM Mass and Evening Prayer everyday Tuesday and Thursday in the church at 5:30PM. Everyone is welcome to attend.

• BIBLE STUDY—We are beginning a 10-week Lenten Bible Study entitled Jesus: The Way, The Truth, and The Life. The class takes place today at 11:50AM, and on Tues., March 3 at 1PM and 7:30PM. The study explores the entirety of Jesus’ life, who He is, what He taught, and what He did for our salvation. Please join us for this exciting Lenten study.

• THE RELIGIOUS GOODS ROOM is open every Sunday from 8AM-1:30PM. New items have recently arrived.

• BOY SCOUTS meet every Wednesday at 6:30PM in the cafeteria. Our Cub Scouts meet in the Calasanz Room on select Saturdays from 9:30AM-NOON.

• BOY SCOUT MERIT BADGE FAIR on Saturday, March 7 from 8AM-4PM in the school and cafeteria.

• CALASANZ MOVEMENT YOUTH GROUP meets every Friday, from 7-9PM in the gym.

• CIVIL RIGHTS ICON, CLAUDETTE COLVIN STREET NAMING CEREMONY will take place on Friday, March 6 from 3:30-6:30PM first in the church and then in the gym. A light dinner will be served. On March 2, 1955, she was arrested at the age of 15 in Montgomery, Alabama for refusing to give up her seat to a white woman on a crowded segregated bus. She was one of five plaintiffs in the first federal court case to challenge bus segregation in the city. The judges then determined bus segregation was unconstitutional. All are welcome to attend.

• GRACIAS CHOIR EASTER CANTATA on Friday, March 13 from 7:30-9:30PM. This is our third year for this free concert from an internationally recognized choir. The Easter Cantata is a special performance that portrays the death and resurrection of Jesus Christ. It is based on the Scripture. The Gracias Choir takes the audience back in time two thousand years ago to Jerusalem for a historical reenactment, which is followed by choir selections.

• GOLDEN JUBILEE WEDDING MASS on Sun., June 7 at 2:30PM at St. Patrick’s Cathedral for couples celebrating
their 50th Wedding Anniversary anytime during 2020. You must contact the rectory at 718-892-3232 to register either to attend the Mass (with up to four guests) or to just receive the certificate. Deadline to register is Sunday, May 18.

- **REGISTER NOW FOR YOUR MOBILE NO-COST BREAST CANCER SCREENING** in front of St. Helena on Sunday, March 22 from 9AM-5PM. To qualify, you must be a woman age 40-79 who lives in NYC and has not had a mammogram in the past 12 months. Walk-ins are accepted on an availability basis. If you have health insurance, please bring your card. You will not be charged for this screening. Appointments are required, so either call the rectory at 718-892-3232 or call 877-628-9090.

- **PARISH TRIP TO SIGHT AND SOUND THEATRE** on Saturday, September 19. Enjoy a delightful ride in a genuine Amish buggy to visit a working Amish farm, then dinner at the Plain & Fancy Restaurant, and finally, center seats to see Sight & Sound's newest production *Queen Esther*. Esther is one of the most beloved characters in all of the Old Testament. So loved is she, and so important was her role that a Feast was created in her honor, celebrated to this day as Purim. The total cost for the trip is $170, including roundtrip transportation in a deluxe motor coach. Discounted rates for children 12 and under. Buses leave promptly at 11AM, and a $50 deposit is required to hold your seat. To make a reservation, call the rectory at 718-892-3232.

- **BIRTHDAY CARDS FOR PRISONERS**- If you have unused Birthday Cards, you may bring them to the rectory. They will be used to send birthday greetings to those who are imprisoned. They make a big difference.

- **COMMUNION TO THE SICK OR HOMEBOUND**- Call the rectory if you know of someone who is very sick or homebound and is not able to come to Mass to receive Holy Communion.

- **THE NEW BOX TOPS FOR EDUCATION**- The new and improved Box Tops mobile app uses new state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online. Use the new Box Tops app to scan your receipt. Box Tops are still worth 10¢ each for St. Helena. The app will find participating products purchased at any store and will instantly add cash to your school's earnings. For more info, go to boxtopsforeducation.com

- **ANNOUNCED MASS INTENTIONS**- Come to the rectory and reserve your special Mass Intentions for 2020. Masses are reserved on a first-come, first-served basis. We now have $25 Perpetual Mass Enrollment Cards.

- **FREE RESOURCES ON FORMED**- We hope you are enjoying the free parish subscription to www.formed.org. Choose one of their Bible Studies, and keep in mind that FORMED now offers you more access choices: ROKU, Apple TV, Android, and iOS. Today is the 11th Sunday in Lent. Study: *Into the Desert or A Lent to Remember*. Register to receive Daily Lenten Reflections by Dr. Tim Gray at formed.org/lent. Watch: *Lectio: Salvation* or listen to: *My Beloved Son: Meditations for Lent*. On the 7th watch: *The Passion of Saint Perpetua* or with children, *The Story of St. Perpetua*. Not on FORMED? There is now a new and easier way to log onto FORMED. 1.Log into FORMED. org; 2. Type in your parish name, zip code or city. Scroll down, select your correct parish, and click Next; 3. Enter your name and e-mail address; 4. Click on Sign Up and you are logged onto the platform.

- **AA BIG BOOK STUDY** meets every Saturday, 7-8:30PM in the green building. New members are always welcome.


- **AL-ANON MEETINGS** will begin here on Saturday, March 7 from 11AM-12PM in the green building. Al-Anon is a worldwide fellowship that offers a program of recovery for the families and friends of alcoholics.

- **CO-DEPENDENTS ANONYMOUS (CODA)** meets every Monday from 7-8:30PM in the rectory meeting room. We help confirm and develop healthy relationships.

**COMMUNITY ANNOUNCEMENTS**

- **IMPORTANT SCHOOL NOTICE** - Effective March 2, 2020, ALL students and school personnel at any Catholic School in the Archdiocese of New York returning from international travel are required to get written medical clearance from their physician before returning to school. Parents MUST submit this written medical clearance letter signed and stamped by a licensed physician to the principal.

- **JOB OPENINGS FOR TWO PART-TIME MEDICAL ADMINISTRATIVE ASSISTANTS**- Will train in: medical data entries, medical billing and coding, and patient info and demographics. Must be enthusiastic and have HS Diploma or GED and have basic computer and keyboarding skills. To apply, contact Moghen at 516-498-9448.

- **PRESIDENT TRUMP’S ASH WEDNESDAY MESSAGE** “This powerful and sacred tradition reminds us all of our shared mortality, Christ’s saving love, and the need to repent and accept the Gospel more fully.”

- **USCCB LAMENTS FAILURE OF LEGISLATION IN SENATE**,”It is appalling that even one senator, let alone more than 40, voted to continue the brutal dismemberment of nearly full-grown infants, and voted against protecting babies who survive abortion,” Archbishop Joseph Naumann of Kansas City (KS) said following Senate votes on the Born-Alive Abortion Survivors Protection Act and Pain-Capable Unborn Child Protection Act. Each bill passed by a 53-44 margin but short of the 60 needed to overcome a filibuster.

- **CORONA VIRUS UPDATE**-Corona Virus is a group of viruses that cause respiratory tract infections. Currently, there are NO confirmed corona virus cases in NYC and the risk to New Yorkers is low, and people should just practice general flu prevention measurers such as washing your hands regularly. For updates, visit: nyc.gov/health.

- **CHINA CLOSES ALL HOUSES OF WORSHIP**- Citing the coronavirus epidemic, the Communist Party and government stated that they “have unified requirements to quickly suspend the opening of religious venues, suspend all collective religious activities, delay the opening of religious schools, strengthen publicity and guidance for religious people, who actively donate goods, and do a lot of work to win the fight against epidemic prevention and control.”

- **PRESTON HIGH SCHOOL CARD PARTY**- Join us on Saturday, March 21 at 6:00PM for Preston’s annual Card Party at Preston High School 2780 Schurz Avenue, Bx. Tickets are $25 per person or $200 for a table of 10 and available for purchase at the door or through our website: www.prestonhs.org. For more info, contact Grace Fragale at gfragale@prestonhs.org or 718-863-9134 ext. 143.

- **PRESTON HIGH SCHOOL ALUMNAE REUNION** will take place on Saturday, March 28th at Preston High School 2780 Schurz Avenue Bx. Join us at 11:00AM for Mass and stay for the luncheon catered by Posto 22 from 12:00-4PM. Tickets are $75 per person and are available online through www.prestonhs.org. For more info contact Grace Fragale at gfragale@prestonhs.org or 718-863-9134 ext. 143.
Our weekly budget, (Nuestro presupuesto) is $5,192.31. Thank you all for your generosity and support and for all that you do. Gracias a todos por su generosidad y por todo lo que hacen.

**ELECTION 2020**-We all have a duty to vote in an informed way in the 2020 elections. Visit www.ProLifeVote.com to view a series of short videos on this subject.

**MARRIAGE SAVEHOUSE**-Problems in your marriage? This ministry helps spouses overcome the stress and issues that plague so many couples. For more info, call Deacon Mike at 718-828-3403 X107.

**ARCHWAYS**-The quarterly magazine of the Archdiocese, is available online. To view it, go to https://www.archy.org/archways.

**ANGIE:** HIGH QUALITY PROFESSIONAL HAIR CARE, 1670 Metropolitan Avenue, Apt 2C. 347-981-5806.

**CELEBRAR QUE ESTAMOS VIVOS**

Celebrar que estamos vivos, que tenemos una llamada especial, una misión que llevar a cabo a lo largo de nuestra existencia, es motivo de alegría y satisfacción que se identifica con lo que ya somos: proyecto de felicidad. Cada día, especialmente cada cumpleaños, nos recuerda que estamos en el camino, que mirar adelante no es escapar del pasado, sino adentrarse en la esencia de lo que somos: obra acabada de un Dios que nos quiere felices.

Cuando vivimos con esta consciencia del presente abierto a un futuro de esperanza, comprendemos las bellas palabras de San Pablo: "sea que comamos o bebamos, sea que hagamos lo que hagamos, lo hagamos siempre para la gloria de Dios."


La felicidad es estar en camino hacia lo que podemos ser. Para llegar ahí hemos de comenzar por percibirnos de distinta forma, pensar distinto acerca de nosotros mismos, hemos de querernos más, con mirada más compasiva y amorosa, que nos lleve al perdón de nosotros mismos. Entonces la felicidad surgirá como manantial, de dentro afuera.

Cuando vivimos desde esta nueva perspectiva, nuestra vida cambia, nos hacemos mejores personas, y ayudamos a otros a crecer, porque descubrimos que también ellos son felicidad que estaba dormida. Les ayudamos así a auto valorarse y, en definitiva, a descubrir que la felicidad no está tan lejos como a veces hemos pensado o nos han hecho creer.

Para ser felices, hemos de vivir desde la confianza de que nuestra vida tiene sentido, de que tu vida y la mía tienen una finalidad concreta, mucho más bella y hermosa de la que podemos imaginar aquí y ahora. Pero hemos de desatar los nudos

**Please Pray for the Sick of Our Parish**

Carmelle and Nicole Antoine, Indrowdi Sadu, Rosa Pena, Luzvina Vega, Augustine Ayala, Joyce Hoyt, Leena Shaji, Florence Churchill, Myrna Perez, Heyline Cardona, Genil Alcantara, Maria Barro, Erica Vargas, Gina Fay, Vayron Leah Rodriguez, Alen George, Philippe Williams, Marie Lopez, Jose Vargas, Pat Callahan, Sabina Acosta, Margarita Torres, Thomas Darrigo, Ralphie Lugo, Lydia Sifreda, Stella Caballero, Pylar Pagan, Roseanne Pane, Rosa Maria Santos, Mary Brennan, Jenny Mauro, David Sheehan, Jr., Mary Charlotte, Ana Espinosa, Montserrat Riveria, Peggy Ward, Maria Teresa Roque, Nicole Cancel, James Leung, Millie Morales, Gabrielle Tingue, Josefina Gonzalez and Maritiza Gonzalez, Sandra Miller, Paul Harper, Nancy Calderon, Miriam Ortiz, Michael Signorini, Linu Kutty and Leena, Terique Collins, Annette - a newborn baby born with defective lungs and is in the hospital, Jacqueline French and Nancy Rosado, Alex Francis, Miguel A. Maldonado, Baby Ahinoah Zoe Marrero Huertas. Celina Blanco

**Please Pray for the Deceased and their Grieving Families:**

Antonio Goodsell, Luis Felipe Maldonado, Luis Capellan, William Culpepper, Jimmy Vaquer, Steven H. King

---

**DAILY GOSPEL REFLECTION**-Receive a daily Gospel reflection in your email inbox each morning. It's free! Here's something simple to enhance your Lent this year. Visit: https://dailycatholicgospel.com/lent

**ARE YOU WITHOUT IMMIGRATION STATUS?**-STAND UP is a campaign to protect the rights and welfare of immigrants, especially the undocumented. It is confidential, dependable, and secure. For info, call 212-736-8500 X305.

**ONLINE TRAINING FOR ALL LECTORS AND ECUMENICAL MINISTERS**-Are you a lector or a Eucharistic Minister who wants to learn more about the Eucharist? Do you want to become certified? Sign up for a new online training program, offered in English and Spanish. You will watch an instructional video, and be certified in as little as two hours. Register at nyliturgy.teachable.com

**WEEKLY OFFERING ENVELOPES**

Sunday, February 23

**$5,662.52**

Our weekly budget, (Nuestro presupuesto) is $5,192.31. Thank you all for your generosity and support and for all that you do. Gracias a todos por su generosidad y por todo lo que hacen.
de un pasado que nos aprisiona. Es el pasado arisco y oscuro que hemos amasado con nuestras actitudes y acciones de las que nos sentimos avergonzados, heridos, mutilados, esclavizados y anclados en el mar de los miedos, complejos y culpabilidades malsanas.

Es hora de que despiertes y desates los nudos que te tienen amarrado con argollas a la infelicidad. Declara hoy y para siempre que eres la felicidad que busca, y que la reflejarás en tu ser y hacer.

**P. Fernando**

---

### INFORMACION Y EVENTOS

**Mar. 12** Clase de Bautismo. 7 pm en la Iglesia. Traer los documentos requeridos. Traer el Certificado de Nacimiento del niño/a. Si los padrinos son casados deben traer el **Certificado de Matrimonio de la Iglesia**.

Si el padrino o madrina son solteros deben traer su Certificado de confirmación.

**Inscripciones para Bautismo.** Martes de 1 a 4 pm. Jueves de 1 a 8 pm. 40 días para toda la vida presenta la película *Unplanned* en español el domingo 8 de marzo de 1:30-4PM en el gimnasio. *Unplanned* es un enfoque dramático para un tema controversial. Todo lo que Abby Johnson siempre quiso hacer fue girar en el gimnasio.

**Una noche de reconocimiento y oración** el jueves 26 de marzo a las 7PM en español en St. Frances de Chantal, dirigida por el Padre Joseph Espaillat, pastor de St. Anthony of Padua en el Bronx y conferencista carismático. Estacionamiento disponible.

---

### ACTIVIDADES EN ESPAÑOL

<table>
<thead>
<tr>
<th>DÍA</th>
<th>HORA</th>
<th>ACTIVIDAD</th>
</tr>
</thead>
<tbody>
<tr>
<td>LUNES</td>
<td>7-9  pm</td>
<td>Grupo Carismático de Oración. Misa cada primer lunes</td>
</tr>
<tr>
<td>MIERC.</td>
<td>10 am</td>
<td>Grupo Santa Madre Teresa de Calcul: Visita a pacientes de Rebeka Misa en Rebeka: segundos lunes de mes a las 10.30 am</td>
</tr>
</tbody>
</table>

---

---

### Mass Intentions

**SUNDAY, March 1, 2020-First Sunday in Lent**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Terence Lorino-FDNY</td>
</tr>
<tr>
<td>9:00</td>
<td>Eileen Mullaney-Health Intention</td>
</tr>
<tr>
<td>10:30</td>
<td>A Mother’s Intention for David Savino</td>
</tr>
<tr>
<td>12:00</td>
<td>Digna Zee; Vidal Rivera; Concepcion Espitia; Luis and Manuel Perez and Sylvia Calzado; Othoniel Bizardi and Fermina Alimonte</td>
</tr>
<tr>
<td>1:30</td>
<td>Virgilio Rolon; Flavio, Josefina, Nestor and Nelson Bayoneta and Dale Suana</td>
</tr>
<tr>
<td>5:00</td>
<td>Ester Morales-Intention</td>
</tr>
<tr>
<td>6:00</td>
<td>Margaret Bongyii and Raphael Mbinkar; Les Ames del Purgatorio La Protection du Togo &amp; des Togolais, Repos de L’awe de Georgette Povigbikpi; Masse Pour le Protection Divine de la Vierge Marie Sur la Famille Monle et la Famille Hounsamenou; Colette, Emmanuel, Feliatu Attodikpe-Protection Divine</td>
</tr>
</tbody>
</table>

**MONDAY, March 2, 2020-St. Chad**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>In Thanksgiving for Favors</td>
</tr>
<tr>
<td>8:30</td>
<td>Vincente McDonnell-Intentions</td>
</tr>
<tr>
<td>12:15</td>
<td>Souls in Purgatory</td>
</tr>
<tr>
<td>7:00</td>
<td>Pedro Morales</td>
</tr>
</tbody>
</table>

**TUESDAY, March 3, 2020–St. Katherine Drexel**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>Divine Justice for the Persecution of Christians in Nigeria</td>
</tr>
<tr>
<td>8:30</td>
<td>Ruben Mercado; Patrick Blanchet</td>
</tr>
<tr>
<td>12:15</td>
<td>David Sheehan, Sr.</td>
</tr>
</tbody>
</table>

**WEDNESDAY, March 4, 2020–St. Casimir**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>Vincente McDonnell-Intention</td>
</tr>
<tr>
<td>8:30</td>
<td>In Thanksgiving for Favors</td>
</tr>
<tr>
<td>12:15</td>
<td>Joan Gaetano</td>
</tr>
<tr>
<td>7:00</td>
<td>Alina Hernandez</td>
</tr>
</tbody>
</table>

**THURSDAY, March 5, 2020-St. John Joseph of the Cross**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>Divine Justice for Undeserved Difficulties of a Grandmother and Her Granddaughter</td>
</tr>
<tr>
<td>8:30</td>
<td>In Thanksgiving for Favors</td>
</tr>
<tr>
<td>12:15</td>
<td>Eduardo Bruno; Peter Flynn</td>
</tr>
</tbody>
</table>

**FRIDAY, March 6, 2020-St. Colette First Friday**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>In Thanksgiving for Favors</td>
</tr>
<tr>
<td>8:30</td>
<td>Intentions for Joanne Savino’s Eyesight</td>
</tr>
<tr>
<td>12:15</td>
<td>Guido, Bellizzi and Tamburi Families</td>
</tr>
</tbody>
</table>

**SATURDAY, March 7, 2020-Sts. Perpetua and Felicity**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>Eternal Rest of Eddie Frame</td>
</tr>
<tr>
<td>8:30</td>
<td>In Thanksgiving for Favors</td>
</tr>
<tr>
<td>10:00</td>
<td>Cremans Mass-Luis Capellán</td>
</tr>
<tr>
<td>11:00</td>
<td>Cremans Mass-Stephen H. King</td>
</tr>
<tr>
<td>12:15</td>
<td>Philip E. Parker, Jr.</td>
</tr>
<tr>
<td>5:30</td>
<td>Divine Protection &amp; Assistance for Therese Dalia’s Family</td>
</tr>
</tbody>
</table>

**SUNDAY, March 8, 2020—Second Sunday of Lent**

<table>
<thead>
<tr>
<th>HORA</th>
<th>ORACIÓN</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Lisa Macharek</td>
</tr>
<tr>
<td>9:00</td>
<td>For the Promotion of Praying the Rosary to Prevent Crime and Other Evils</td>
</tr>
<tr>
<td>10:30</td>
<td>In Honor of St. Jude</td>
</tr>
<tr>
<td>12:00</td>
<td>Bertha Mero; Kristal Nicole Delgado; Marinagelys Figueroa Ferrer</td>
</tr>
<tr>
<td>1:30</td>
<td>Helen Junta</td>
</tr>
<tr>
<td>5:00</td>
<td>Vincente McDonnell-Intentions</td>
</tr>
<tr>
<td>6:00</td>
<td>Les ames du Purgatoire. Pour le repos de l’ame de Georgette Povigbikpi; Pour la protection divine de Togo et des Togolais; Pour la Protection Divine de la Vierge Marie Sur la Famille Monle et la Famille Hounsamenou</td>
</tr>
</tbody>
</table>

**Names only said in Prayer are in Italics**

Readings for the week of March 1, 2020

Sunday: Gna 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 [cf. 3a]/Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11; Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:33/Mt 25:31-46; Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15; Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32; Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2abc, 2cde-3, 7c-8 [3a]/Mt 7:7-12; Friday: Ezv 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/M: 5:20-26; Saturday: Dc 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48; Next Sunday: Gna 12:1-4a/Ps 33:4-5, 18-19, 20, 22 [22]/Tm 1:8b-10/Mt 17:1-9 |