

The Church of the Sacred Heart

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My Dear Parishioners,

This weekend we celebrate the Fourth Sunday in Lent. You and I have never experienced a Lent like this. It is a darkness and starkness no one wants to feel. Yet the reality is this is where we are. But let me remind you that we are strong people because we are steeped in Christ. The Responsorial Psalm for Sunday tells us: The Lord is my shepherd; there is nothing I shall want. We are encouraged and strengthened by this simple statement. Christ is our Leader, our Guide, our Protector, our Strength at all times but especially now in these most unusual circumstances.

St. Paul's letter to the Ephesians reminds them that they were once in darkness but now they are light in the Lord. The darkness that pervades us because of this virus cannot and will not get the better of us because we are people living in the light of Christ. We need to believe this ever more today. Christ and He alone can give us what you and I need to battle this insidious disease. He will conquer it and bring us back once again to our Church, to our loved ones and to our community.

The Gospel verse reminds us that those who follow Jesus will have the light of life. The darkness of this disease cannot stop the light of Christ that lives within you and me from shining brightly even in the midst of these pressing times.

Please know that all of the Priests and Deacon Robert are praying for you and your loved ones. Keep us in your prayers.

Below is a prayer I strongly urge you to pray.

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.

Finally, if you know of any elderly parishioner who is in need, please call us with their name, address and phone number. We have a group of people who are willing to reach out to them.

God Bless you and stay healthy,

Rev. Moon