

Saint Project

Part I: Collect Information

Step 1

Choosing a Saint Name..... How to choose.....

- Pray to the Holy Spirit for guidance in finding a Saint whose life you would like to imitate. This Saint will become your heavenly patron or patroness on your own journey of faith.
 - Canonized Catholic Saints: <http://www.Saints.SQPN.com>
 - www.catholic.org/saint/stsindex
 - www.theworkofgod.org/saints
 - www.americancatholic.org
 - www.catholic-forum.com/saints
 - www.loyalpress.com/saints-stories-for-kids.htm
 - www.ewtn.com/library/mary/patrons.htm
 - St. Andrew Parish Library – use the on-line catalog from home via website
- Reflect on the stories of your selected Saints. For example, St. Lawrence showed a sense of humor and charity in difficulties; St. Joan exhibited a spirit of justice and loyalty to God's word; St. Francis led a simple life of poverty and cared for all God's creatures; St. Teresa of Calcutta dedicated her life to care for the poor out of love for God; St. Maximilian Kolbe laid down his life to save another person's life in an act of tremendous generosity.
- Choose 2-3 Saints that you feel best fit your personality. Share your thoughts and ideas with your sponsor, close family member, or some other adult that knows you very well. Together choose one that best fits you.
- Pray to the Saint whose name you chose to be your confirmation name or the one you choose for your Saint Board. Ask your Saint to intercede (pray) before God for you!

Step 2

Complete the factual information sheet about your Saint.

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Part II

Body of your Report: This part of the process is the exciting part –

Look for stories about their faith life:

- Spirituality in which they were raised
- Spiritual influences
- Conversion experience

Why does the Catholic Church recognize this person as a Saint?

- By their actions....what did they do with their life for others or toward others
- What miracles have they been known for?
- What was their lifestyle like: - how did they exhibit themselves: piety? Virtues? Notable characteristics?
- What effect did they have on the Church?
- What did this person do in their daily life that showed they were a true follower of Jesus?

After collecting this information you will need to keep notes and SOURCES where you found them. DO NOT PLAGERIZE -copy out of a book, website, pamphlet and use the words as your own. Watching a full length movie about your saint is another resource you may use. Keeping your information short in note form will help you.

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Part III

During this section your job will be to live your life as your Saint in this modern day world. Be creative and have fun! See where your Saint takes you on your Faith Journey – Remember to pray to your saint every day for his/her intercession on your behalf as you try to emulate your Saint's life.

- Keep track of what you did and the reaction of those in the secular world.
- Reflect on the aspects of your saint that were difficult...what did you do to try and amend it to fit your world at school, during sports, extra-curricular activities, with friends, family?
- What aspects of your Saints life were easy to incorporate into your world?
- What qualities of this Saint helped you to live your life as a better Christian and follow Jesus more reverently?
- What are you doing now, as a result of following this Saint, that you were not doing prior to knowing him/her?