

Church of the Holy Spirit

Confirmation Name

Why do we choose a saint's name for Confirmation?

At Confirmation, we deepen our commitment to the Church and our faith. As a symbol of this change in our lives, we choose a "new name" for ourselves. During Confirmation, the bishop says "name, be sealed with the gift of the Holy Spirit" as he anoints us with the Chrism Oil. This name is the name of a person who has officially been declared a saint, blessed or venerable or who is one of the faithful from the Bible. It can be our formal Baptismal name. When chosen, the saint becomes our special patron and can be called upon in prayer to intercede, your patron saint.

Your saint name project can be a poster, essay, PowerPoint presentation, skit, or other creative way to let others know about the saint.

Below you will find a list of approved internet resources for saint searches. You can also use books and other resources provided during class or in the Religious Ed Office.

Researching Saints

Take the time to read the lives of the saints and find something in common or inspiring about them. You can read about a saint who has similar interests to yours (music, career choice, sports), one whose feast day is your birthday or maybe a family name. The internet has websites on saints. Make sure you are looking for Catholic saints. Not all of the saints lists on the internet are Catholic, real people or approved saints. The bishop knows the saints very well and he may ask you for information about your saint at Confirmation. Be sure you have the correct information and double check it with other resources. Some websites for saint research are:

www.americancatholic.org
www.catholic.org/saints

You need to include the following in your saint project:

- When and where was your saint born and die?
- When is the saint's feast day?
- What are they the patron saint of?
- Why did you choose this saint?
- Name a way this saint was a disciple and witness of Jesus Christ.
- Name of quality of your saint that you want for yourself.