

Student Name _____ Grade _____

CHOOSING YOUR CONFIRMATION NAME

Your Name – Your Identity.

Your name gives you an identity; it tells others who you are. When you were born, your parents chose your name; ask them why they decided on it, if you don't already know. At your Baptism, you were called by this name and christened as a child of God. Your first name is therefore your "Christened Name," and Baptism is your membership in the Christian Community. Think of your name as the most important gift you've received.

In the Rite of Confirmation, you are also called by name, but this time, YOU choose it. The Church encourages you to select a saint's name, or choose the name you were given at Baptism as your Confirmation Name to emphasize the strong connection between these two Sacraments.

Do Some Research.

Now is the time to decide which saint name you'll choose for Confirmation. A great starting point would be this post from the LifeTeen blog, which speaks to why choosing a Confirmation name is so important, and also gives a great listing of possible choices: <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>. Lists have also been uploaded to <https://bedfordcatholic.org/9and10> to help you with your research. And one last example can be found at <https://www.ewtn.com/catholicism/saints>.

It is important to learn as much as you can about the saint you've chosen; after all, you are choosing this saint to be your spiritual friend, and an advocate and intercessor for life. What stood out to you about this saint? What do you admire? Could you relate to their story? What did you find encouraging or empowering about their approach to life, their faith, and their journey?

Your Assignment – Due December 6.

Please write a short essay (no longer than one page is necessary) on the saint whose name you've chosen, and why their particular qualities or virtues appeal to you. By imitating the qualities of this saint, you can more fully live out our beautiful Catholic faith and the Baptism you are confirming in the Fall of 2021.

Please take some time over the next few weeks to do your research, really think about your choice, and thoughtfully prepare your essay. When you are finished and happy with your work, please save it as a PDF and email it to Michelle Colasante at reled6_10@bedfordcatholic.org, with "Confirmation Name Essay" in the Subject line. If you are part of a virtual classroom, please "cc" your catechist as well.

All essays are due on or before Sunday, December 6, 2020.