

CHURCH OF OUR SAVIOUR

59 Park Ave. (at 38th St.), New York, NY 10016

CHAPEL OF THE SACRED HEARTS OF JESUS AND MARY

325 East 33rd St. (bet. 1st and 2nd Aves.), New York, NY 10016

Parish Office (*Our Saviour*): (212) 679-8166 ♦ office@oursaviournyc.org ♦ Chapel: (212) 213-6027

Serving the Murray Hill and Kips Bay Communities

SIXTH SUNDAY IN ORDINARY TIME – February 14, 2021

Sunday Masses

5:00 p.m. (*Our Saviour*) – *Saturday Vigil*
8:00 a.m. (*Sacred Hearts*)
10:00 a.m. (*Our Saviour*)
12:00 Noon (*Sacred Hearts*) – *Live streamed via YouTube*
3:00 p.m. (*Sacred Hearts*) – *Korean-English bilingual*
5:00 p.m. (*Our Saviour*)

Adoration of the Blessed Sacrament

Thursday from 2:30–4:45 p.m. (*Sacred Hearts*)
Friday from 8:15–11:50 a.m. (*Our Saviour*)

Daily Masses (Monday-Friday)

7:45 a.m. (*Our Saviour*)
12:00 Noon (*Our Saviour*)
5:15 p.m. (*Sacred Hearts*)

Confessions

Mon., Wed., Fri.: 11:40–11:55 a.m. (*Our Saviour*)
Tues. & Thurs.: 7:20–7:40 a.m. (*Our Saviour*)
Thurs.: 4:45–5:10 p.m. (*Sacred Hearts*)
Sat.: 4:30–4:45 p.m. (*Our Saviour*)

MASS INTENTIONS

Sunday, February 14 – Sixth Sunday in Ordinary Time

5:00 p.m. Ina Murphy +
8:00 a.m. Children & Youth Served by CCNY
10:00 a.m. MaryJane Richardson +
12:00 p.m. Deacon Arnaldo Rodriguez +
5:00 p.m. *All Parishioners Living and Deceased*

Monday, February 15 – Weekday

7:45 a.m. Children & Youth Served by CCNY

Tuesday, February 16 – Weekday

7:45 a.m. Children & Youth Served by CCNY
12:00 p.m. Mikayela Scarano +
5:15 p.m. Children & Youth Served by CCNY

Wednesday, February 17 – Ash Wednesday

7:45 a.m. Norma Bustos +
12:00 p.m. Genevieve Coleman +
3:00 p.m. *Liturgy of the Word*
5:15 p.m. Victor Manuel Rivera +

Thursday, February 18 – Thursday after Ash Wednesday

7:45 a.m. Children & Youth Served by CCNY
12:00 p.m. Jack Burke +
5:15 p.m. Children & Youth Served by CCNY

Friday, February 19 – Friday after Ash Wednesday

7:45 a.m. Children & Youth Served by CCNY
12:00 p.m. Nicola Lombardo +
5:15 p.m. Lucy Rosario +

Saturday, February 13 – Saturday after Ash Wednesday

5:00 p.m. Marge Shea (L)

Mass Intentions may be reserved through the Parish Office.

In your prayers, please remember all those who are infected with COVID-19, and all those who are hospitalized in the hospitals within our parish, as well as Daniel Bianco, Lily Cheng Erica, Honrado Erica, Maria Fasulo, and Domenick and Lee Zernone, who are ill.

The Holy Father's Intention for February 2021: *Violence against women.* We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

Digital Outreach: Since the beginning of the pandemic, many churches have developed an online platform to reach out to those unable to attend in person and our parish has been streaming the Sunday Noon mass from the Chapel of the Sacred Hearts through a YouTube channel. We realize that our "digital outreach" must be improved and therefore we are looking for skilled people who understand the importance of reaching individuals in the community through technology.

If there is anyone who has any skills, ideas, etc., please let us know at digitaloutreach@oursaviournyc.org. Thank you!

President's Day: The Parish Office and the Chapel will be closed on Monday, February 15th and only one Mass will be celebrated at 7:45 a.m. at *Our Saviour*.

Ash Wednesday – February 17th

Ash Wednesday is a day of universal fast and abstinence.

Schedule of Liturgies at *Our Saviour*

7:45 a.m. Mass

12:00 Noon Mass

3:00 p.m. Liturgy of the Word

Mass at *Sacred Hearts*

5:15 p.m.

Ashes will be imposed at all liturgies on Ash Wednesday.

Thank you for your **financial support**. There are cash boxes in the Church and Chapel for you to drop your offering. We are also able to accept offerings through our website oursaviournyc.org/donate.

Important: Please take this newsletter away with you. Do not leave it in the pew or return it to the literature tables.

Dear Parishioners:

Lent 2021 is upon us. This year more than ever – we can't afford to ignore it and go about business as usual. We need Lent as a Church, we need Lent as a parish. Our city, nation and world craves Lenten witness. We need Lent as individuals. In 2021, I require Lent. We have to focus on the saving death and resurrection of Jesus Christ with an intensity that cuts through the darkness that threatens to overwhelm us.

More than Giving up Chocolate

I have mentioned before that Lent is more than “giving up chocolate.” (Nothing wrong with giving up chocolate, but if that's all we do then we're selling Lent short.) Lent's heart is simple: getting us in better shape to celebrate Jesus' death on Good Friday and his resurrection on Easter Sunday, and – here's the central point – making those mysteries a deeper part of our daily lives.

Prayer, Fasting, Almsgiving

Traditionally there have been three types of Lenten practices to get us in shape: prayer, fasting, and almsgiving. There are volumes you can consult about these. Let me try to succinctly capture some of this and help us to better appreciate the breath and importance of each:

Prayer: talking and listening to God. formal prayers ♦ reading the Bible ♦ other spiritual reading ♦ informal talking to God, ♦ complaining to God, ♦ asking something from God ♦ saying thank you to God ♦ silent listening ... All these fall under the category of prayer. Prayer focuses us on God.

Fasting: not eating, eating less, and not eating certain things (e.g. chocolate). I also like to expand fasting to include sacrifice and discipline. All three focus us on not merely going with the flow, but intentionally focusing on what I personally do, or not do – doing some things differently. Fasting, sacrifice, and discipline focus us, in a non-narcissistic way, on ourselves.

Almsgiving: being charitable to others with money, but also helping others, being of service, volunteering, being kind and caring. Almsgiving, serving, and helping focus us on others.

Personal

If I am asking you to undertake these practices, I thought I should share with you some of what I am doing. I hope to do more!

Prayer: 15 minutes more daily prayer. I'll go down to church 15 minutes early each morning to pray before the 7:45 a.m. Mass.

Fasting: Intermittent fasting (only eat during an 8-hour period; no food for other 16 hours).

Almsgiving: Give \$1 to everyone on the street who asks me. (I've done this before and have been surprised how few dollars I've actually given away.) It's about more than the \$1.

One More Item: In Person Mass Attendance

As our city begins to further “re-open” and begin to shop, dine indoors, and return to the office, we should include Mass attendance as part of our personal “re-opening” plans. Why not consider coming back to in-person worship for Lent?

- People attending Mass are being careful and respectful. We have room for more people at our Sunday Masses and observe public health protocols.
- Stay safe. We are still in the middle of this pandemic. Please know you are welcome and encouraged, but not at the expense of your health and safety.
- Perhaps you might also consider daily Mass – either morning, (7:45 a.m.) mid-day at the Church, (12:00 Noon) or in the late afternoon at the Chapel. (5:15 p.m.). Plenty of space.
- Why not stop in at for a few moments or longer of private prayer at either the Church or the Chapel? Both are open during daylight hours.

Sincerely,
Msgr. Kevin Sullivan

Bishop Robert Barron, Auxiliary Bishop of the Archdiocese of Los Angeles and founder of *Word on Fire* Catholic Ministries offers daily reflections for Lent. Beginning on Ash Wednesday, these reflections will be featured on our parish website and at lentreflections.com.

This Sunday, February 14th, is **World Marriage Day**. We give thanks to God for the Sacrament of Holy Matrimony and remember in a special way all those married couples and all those who are preparing for marriage. Pray also for those couples who are struggling in difficult marriages.

Lenten Disciplines include *prayer, fasting, and almsgiving*. Ash Wednesday and Good Friday are days of fast and abstinence. Fridays in Lent are days of abstinence.

Fasting means only one full meal a day may be taken. Two smaller meals can be eaten to maintain physical strength but together they should not equal another full meal in quantity. Snacking between meals is not permitted. Catholics aged 18–59 are obliged to fast on Ash Wednesday and Good Friday. Those who are not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

Abstinence forbids the eating of meat or poultry. Those who have reached the age of 14 are obliged to abstain on Ash Wednesday and all Fridays of Lent and continues to oblige throughout their lives. Those who are not specifically obliged to abstain from eating meat are urged to join in the discipline of abstaining to the extent that they are able.

“Twitter” version:

No meat: Ash Wednesday, Good Friday and all Lenten Fridays.

Ash Wednesday and Good Friday: *Less food*, one regular meal and two small ones. No snacking in between. (*Exemption for health reasons.*)

The readings and congregational prayers for today's Mass can be viewed on your smart phone at <https://oursaviournyc.org/sunday-mass> or scan the QR code below.



Introit

Psalm 31(30):3, 4, 2

*Be my protector, O God, a mighty stronghold to save me.
For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.*

Hymn at the Procession

Gaudeamus pariter

Praise the Lord, his glories show, alleluia.
Saints within his courts below, alleluia.
Angels 'round his throne above, alleluia.
All that see and share his love, alleluia.

Praise the Lord, his mercies trace, alleluia.
Praise his providence and grace, alleluia.
All that he for us hath done, alleluia.
All he sends us through his Son, alleluia.

Earth to heav'n and heav'n to earth, alleluia.
Tell his wonders, sing his worth, alleluia.
Age to age and shore to shore, alleluia.
Praise him, praise him evermore, alleluia!

Strings and voices, hearts upraise, alleluia.
In creation's songful praise, alleluia.
All that breathe, your Lord adore, alleluia.
Praise him, praise him evermore, alleluia!

Text: Psalm 150 paraphrase, H.F. Lyte (1793–1847)

Penitential Act

Mass of St. John Henry Newman

Paul Murray (b. 1982)

Gloria

Jean-Paul Lécot (b. 1947)

Sung by all



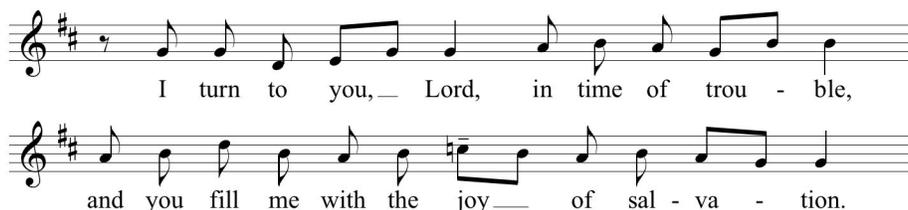
Glo - - - ri - a in ex-cel - sis De - o,
Glo - - - ri - a in ex-cel - sis De - o.

First Reading

Job 7:1–4, 6–7

Responsorial Psalm

Psalm 32(31):1–2, 5, 11
Theodore Marier (1912–2001)



I turn to you, Lord, in time of trou - ble,
and you fill me with the joy of sal - va - tion.

Copyright © 1983, BACS Publishing Company, assigned to Boston Boy Choir, Inc. All rights reserved.

Second Reading

I Corinthians 9:16–19, 22–23

Gospel Acclamation

Chant, Mode I

Gospel

Mark 1:29–39

Offertory

Psalm 119(118):12, 13

*Blessed are you, O Lord, teach me your statutes;
with my lips I have pronounced all the judgements of your mouth.*

Important: Please take this newsletter away with you. Do not leave it in the pew or return it to the literature tables.

Sanctus

Mass of St. John Henry Newman

Paul Murray

Ho-ly, Ho-ly, Ho - ly Lord God of hosts.
 Heav'n and earth are full of your glo - ry. Ho-san - na, ho-
 san - na in the high - est. Blessed is he who comes in the
 name of the Lord. Ho-san - na, ho-san - na in the high - est.

Text: Copyright © 2010, International Commission on English in the Liturgy Corporation. All rights reserved.
 Music: Copyright © 2020, Paul J. Murray. All rights reserved.

Agnus Dei

Mass of St. John Henry Newman

Paul Murray

Lamb of God, you take a - way the sins of the world, have
 mer - cy on us. Lamb of God, you take a - way the
 sins of the world, grant us, grant us peace.

Copyright © 2020, Paul J. Murray. All rights reserved.

Communion

Psalm 78(77):29–30

*They ate and had their fill, and what they craved the Lord gave them;
 they were not disappointed in what they craved.*

Psalm 41(40):2–3, 4–5, 13–14
 Theodore Marier

Lord, heal my soul, for I have sinned a - gainst you.

Copyright © 1999, Boston Boy Choir, Inc. All rights reserved.

Organ Voluntary

Trumpet Tune

Frederick Swann (b. 1931)

Musicians for today's Mass:
 Emily Okaah, *Cantor*
 Paul J. Murray, *Director of Music and Organist*