SACRED HEART HIGH SCHOOL
EDUCATING MINDS & NURTURING HEARTS SINCE 1923
EXCELLENCE IN CO-EDUCATION
VIEWBOOK
Sacred Heart High School offers a secondary education beyond our walls, creating diverse opportunities for young men and women to realize their potential in a nurturing environment rooted in Catholic values.

OUR MISSION
Sacred Heart High School seeks to provide a secondary education beyond our walls, allowing young men and women a diverse series of experiences by cultivating their love of learning, growth in character, and commitment to service.
Sacred Heart High School opened in 1923. In 1925, Rev. Cyprian Abler, O.F.M. Cap, completed the high school by adding four rooms to the building, which then served as a preparatory Capuchin Seminary. He and the Sisters of St. Agnes received full State accreditation in 1926. Affiliation with the University of New York and accreditation by the Board of Regents were achieved on April 30, 1930.

Our school began to grow, and in the late 40’s and early 50’s we were able to accommodate more than 200 students. In 1954, the Archdiocese gave Father Finian Sullivan permission to expand the facilities. Through his efforts, two wings were added to the school. Upon completion, there were 16 additional classrooms, a cafeteria, and a library.

The DeLaSalle Brothers of the Christian Schools came to Sacred Heart in September, 1965. Their arrival coincided with Sacred Heart changing from a co-institutional to a co-educational school. By 1967, the circular building was completed for occupancy, containing science laboratories with the latest in modern equipment, carpeted classrooms, and a 2,178 square foot gymnasium.

Presently, Sacred Heart is staffed by dedicated lay teachers. We are committed to providing excellent and affordable Catholic education for the young men and women of Westchester, Bronx, Manhattan, and beyond. Our student body consists of students from a variety of different backgrounds, all of whom share the common goal of reaching their highest potential. Sacred Heart High School is accredited by the Middle States Association of Colleges and Secondary Schools.
Quick Facts

2019-2020 Tuition
$8,700

The graduating class of 2016 received over $4.3 million in merit and athletic scholarships.

Enrollment
300

Student/Faculty Ratio
15:1

Sacred Heart High School awards over $25,000 to incoming freshmen based on TACHS score and applicant record.

Our graduates are accepted to major colleges and universities all over the country.

98% of graduates pursue post secondary education.
Sacred Heart graduates have been accepted to the following colleges and universities:

Adelphi University
Albertus Magnus College
Albright College
Barnard College
Baruch College
Boston College
Boston University
Cedar Crest College
Champlain College
Colgate University
College of Mt. St. Vincent
College of New Rochelle
Columbia University
Concordia College
D'Youville College
Drake University
Fairfield University
Fisher College
Florida A&M University
Fordham University
Franklin Pierce College
Georgetown University
Georgia State University
Harvard University
Hofstra University
Hunter College
Iona College
Ithaca College
John Jay College
Johnson & Wales University
Johnson C. Smith College
Lehman College
Lincoln University
Long Island University, Post
Manhattan College
Manhattanville College
Marist College
Marymount College
Massachusetts College
Mercy College
Mt. St. Mary College
New York University
Northeastern University
Northland College
Norwich University
Pace University
Penn State
Polytechnic University
Princeton University
Quinnipiac University
Rochester Institute of Technology
Sacred Heart University
Seton Hall University
Siena College
St. Bonaventure University
St. John’s University
St. Joseph’s University
St. Thomas Aquinas College
Sweet Briar College
Syracuse University
The Art Institute
The Juilliard School
University of Bridgeport
University of Connecticut
University of Hartford
University of Maine
University of Maryland
University of Massachusetts
University of New Haven
University of Pennsylvania
Vaughn College of Aeronautics
Virginia Commonwealth University
Virginia State University
Virginia Union University
Western New England College
Yale University

State Universities of New York
Albany
Binghamton
Buffalo
Cornell
Cortland
Farmingdale
Fashion Institute of Technology
Maritime
New Paltz
Oswego
Plattsburgh
Stony Brook
FRESHMAN YEAR AT A GLANCE

- Theology
- English
- World History I
- Mathematics
- Living Environment
- Modern Language
- Health
- Physical Education

Honors Courses

Regents, Honors and College Credit courses are offered according to the interests and abilities of the students.

Upper Classmen Electives

Sacred Heart High School’s academic program includes elective courses in all departments. These classes allow students the opportunity to explore possible career paths that they would like to pursue once they are in college. The following is a list of some of the elective classes recently offered at Sacred Heart:

- AP United States Government and Politics
- AP Calculus
- AP Studio Art: Drawing
- College Level Astronomy
- College Level Business Management
- College Level English
- College Level Fitness
- College Level Pre-Calculus
- Business Mathematics
- Criminal Justice
- Forensic Science
- Oceanography
- Physics
- Psychology
- Sculpture

GRADUATION REQUIREMENTS

Sacred Heart High School prides itself on its high academic standards. Our requirements surpass those established by the New York State Board of Regents.

<table>
<thead>
<tr>
<th>Subject</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Religious Studies</td>
<td>4</td>
</tr>
<tr>
<td>English</td>
<td>4</td>
</tr>
<tr>
<td>History</td>
<td>4</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3</td>
</tr>
<tr>
<td>Science</td>
<td>3</td>
</tr>
<tr>
<td>Modern Language</td>
<td>2</td>
</tr>
<tr>
<td>Physical Education</td>
<td>2</td>
</tr>
<tr>
<td>Art</td>
<td>1</td>
</tr>
<tr>
<td>Health</td>
<td>1</td>
</tr>
<tr>
<td>Computer Technology</td>
<td>1</td>
</tr>
</tbody>
</table>
ACADEMIC ADVISING

• Address academic and career issues
• Advise course selection goals
• Prepare for college entrance exams (SAT/ACT/SAT Subject Tests)
• Test-taking strategies
• Manage college application process
• Track school and New York State Regents graduation requirements
• Develop letters of recommendation for college and scholarship applications
• Promote academic achievement
• Coordinate parent-teacher conferences

NATIONAL HONOR SOCIETY

The National Honor Society of Sacred Heart High School offers free tutoring each morning to any student upon his or her request. Students having difficulty with a subject or a concept can come and get the extra help and support they need in order to improve their understanding of the subject area.
ACE PROGRAM

Sacred Heart offers students the opportunity to participate in the Advanced College Experience Program (ACE Program).

The ACE Program is an academic partnership between Westchester Community College and Sacred Heart High School, which enables our students to enroll in college level courses and earn college credit during their final year(s) of high school. Classes are taught by approved, college-qualified teachers. Students must meet all college pre-requisites and follow the Westchester Community College syllabuses. All classes take place in the high school during the regular school day. Students who complete all required coursework receive a grade, which is recorded on an official transcript. These grades can then be forwarded to the student’s college of choice upon graduation, earning him or her a valuable step ahead upon entering college.
Sacred Heart recognizes that parents and guardians are the primary educators of their children. True partnership and open communication between parents, students, and Sacred Heart is of the utmost importance.

Here are some of the ways in which Sacred Heart strives to partner with parents and guardians:

- Rediker Online Grading System and Student Information Portal
- All Students Receive @sacredhearts.org email addresses upon entrance
- Evening Workshops for Parents
- Annual College Fair - over 40 Colleges attend as well as Financial Aid Advisors
- Senior Parent Night
- Financial Aid Workshop
- Junior Parent Night
- ADAPP Presentation for Parents
- Active and Growing Parents Association
Prayer

Friendship

Care for Creation

Servant Leadership
STUDENT ACTIVITIES

CLUBS
• Student Government
• International Travel Club
• National Honor Society
• Students for Life
• Art Club
• Dance Club
• Magic Club
• Campus Ministry Leaders
• Culinary
• Engineering
• Weightlifting

PUBLICATIONS
• Literary Magazine
• Newspaper “Heartbeat”
• Yearbook “LANCE”

NEW EXPERIENCES

ENRICHMENT
CAMPUS MINISTRY

Our Campus Ministry Office seeks to provide students with the best of what our Catholic faith has to offer.

Our Campus Ministry Office seeks to provide students with the best of what our Catholic Faith has to offer, rooting its mission in love for Christ, faithfulness to the Church, and care for our neighbor. We pride ourselves on vibrant liturgies and prayer services, class retreats and trips to a local soup kitchen. Mass is celebrated each Thursday in the Chapel of Our Lady before school begins and the Chapel remains open throughout the day for personal prayer and meditation. Our Campus Ministry Office also offers RCIA (Rite of Christian Initiation for Adults) for students who wish to become fully initiated into the Catholic Church. Our community gathers regularly for school-wide liturgies and prayer services. Each grade level completes a retreat and a class “pilgrimage” each year. Sacred Heart also sponsors its own chapter of Students for Life as well as a youth group drawing upon the Franciscan roots of our school’s founders.

INTERNATIONAL TRAVEL

Ciao! Buon Giorno!

Come and explore the wonders of Europe with fellow classmates and teachers here at Sacred Heart! High School is a time of expanding horizons. Each day the world becomes more connected through opportunities provided by social media: yet nothing can replace the actual experience of encountering new cultures. Each year, a group of Sacred Heart students explores the wonders and marvels of modern Europe.

Our tours have ranged from Italy, Spain, France, Sweden, Ireland, and more! This program provides our students the opportunity to take their education beyond the walls of the school building. Grab a few Euros, passport, and plane ticket and meet us underneath the Eiffel Tower in Paris or in front of the Trevi Fountain in Rome!
Since September ’99, the Sacred Heart Players Drama Club has been committed to bringing quality theater to the community by producing a fall play and spring musical annually. Led by a professional director/producer, choreographer and musical director, the shows are run by high school actors and crews from all grades. Students are involved in all aspects, including acting, singing, dancing, stage management, sound and lighting, sets and scenery, costumes and makeup, and more! The Sacred Heart Players also attend local plays and musicals on Broadway Educational Days.

PAST PERFORMANCES

<table>
<thead>
<tr>
<th>Year</th>
<th>Fall Play</th>
<th>Spring Musical</th>
</tr>
</thead>
<tbody>
<tr>
<td>‘17/18</td>
<td>Lend Me a Tenor • Footloose</td>
<td>‘08/’09</td>
</tr>
<tr>
<td>‘16/17</td>
<td>The Diary of Anne Frank • Sister Act</td>
<td>‘07/’08</td>
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<tr>
<td>‘15/16</td>
<td>The Game’s Afoot or Holmes for the Holidays • Thoroughly Modern Millie</td>
<td>‘06/’07</td>
</tr>
<tr>
<td>‘14/’15</td>
<td>Rumors • In the Heights</td>
<td>‘05/’06</td>
</tr>
<tr>
<td>‘13/’14</td>
<td>Harvey • Anything Goes</td>
<td>‘04/’05</td>
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<tr>
<td>‘12/’13</td>
<td>The Odd Couple • How to Succeed in Business Without Really Trying</td>
<td>‘03/’04</td>
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<tr>
<td>‘11/’12</td>
<td>The Late Christopher Bean • 42nd Street</td>
<td>‘02/’03</td>
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<tr>
<td>‘10/’11</td>
<td>Our Town • Hairspray</td>
<td>‘01/’02</td>
</tr>
<tr>
<td>‘09/’10</td>
<td>Lost in Yonkers • Guys &amp; Dolls</td>
<td>‘00/’01</td>
</tr>
<tr>
<td>Fall ’09</td>
<td>Scenes, Songs &amp; Steps (The Alumni Show)</td>
<td>‘99/’00</td>
</tr>
</tbody>
</table>
Our sports teams are a source of pride for the entire student body, whether one is on the court, in the field, or cheering them on from the stands!

Sacred Heart is a member of the Catholic High School Athletic Association of the Archdiocese of New York. We boast one of the largest gyms in Westchester County.

**GIRLS’ TEAMS**
- Varsity Soccer
- Varsity Volleyball
- Varsity Basketball
- Varsity Softball
- JV Volleyball
- JV Basketball

**BOYS’ TEAMS**
- Varsity Soccer
- Varsity Basketball
- Varsity Baseball
- JV Basketball
ADMISSIONS POLICY
Acceptance to Sacred Heart is based on the Archdiocesan TACHS Examination and grammar school record. Sacred Heart’s TACHS code is 312. You may select Sacred Heart as your 1st, 2nd or 3rd choice. Honors Program participation is based on the results of the Sacred Heart’s Scholarship Test and academic record.

For those who do not take the TACHS test, an entrance examination and personal interview is required.

Students who wish to transfer to Sacred Heart should contact the Main Office at 914.965.3114.

TUITION
• Tuition for the 2018 - 2019 school year is $8,700.
• All tuition is collected through Smart Tuition.
• Sacred Heart provides two tuition payment options:
  • Tuition Plan A: In order to take advantage of a 3% discount, payment must be paid in full by August 5th of the school year.
  • Tuition Plan B: Ten (10) Monthly Payments: Begins August 5th and is due the 5th of each month. With either plan, payments can be made by electronic withdrawal, from a checking/savings account, or by credit card.

For more information, please contact the Director of Tuition Management, Mrs. Maura Friend at mfriend@sacredhearths.org or 914.965.3114, ext. 113.

ACADEMIC SCHOLARSHIPS
Academic scholarships range from $500 to a four-year, full tuition Presidential Scholarship. Awards are based on Scholarship Test results and academic record.

FINANCIAL INFORMATION
Grants through our Tuition Aid Program (TAP) are based on the financial situation of potential students. Those interested are required to complete an application. The application can be turned in starting February 1 through March 31, 2018. Information regarding our current tuition and fees can be obtained on our website at sacredhearths.org/tuition-and-fees.
SPEND-A-DAY

Spending a day at Sacred Heart gives future students an idea of what their days at the Heart will be. 8th Graders will be paired with current students and walk through a typical day with them.

If you would like to schedule a Spend-A-Day for your 8th grade student or schedule a personal tour, please contact our Main Office at 914.965.3114.