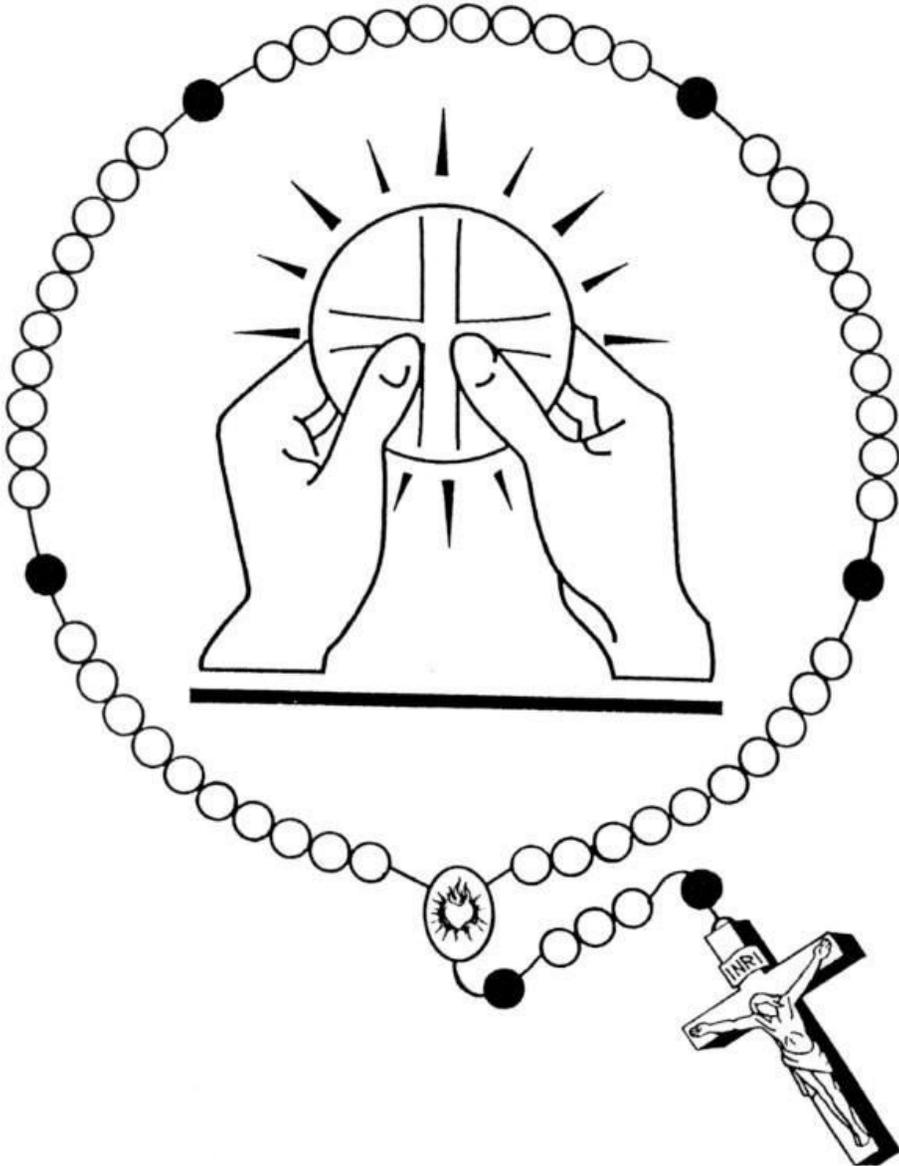


An Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love you above all things, and I long for You in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though You have already come, I embrace you and unite myself entirely to You; never permit me to be separated from you . Amen

CHILDREN: Please color the picture below and place it somewhere in your home to help you pray!



CHURCH OF SAINT JOSEPH

108 Third Street NE
Mandan, ND 58554
701-663-9562

www.stjosephmandan.com



Resources of our Parishioners

Links to use

Parish Facebook: <https://www.facebook.com/stjosephs.catholicchurch.1>
Masses will be live streamed from our Facebook Page.

Parish App: text “App” to 88202 This will give you a direct link to download it on your device. Once you have it download, find our parish and save it in your favorites. We will be putting messages out here as well, please continue to watch it.

Parish Website: www.stjosephmandan.com - the live stream of the Mass will be up on our website after the Mass is complete. You will also find information on there about contributions and other links you can check out.

FORMED.ORG - www.stjosephmandan.formed.org. This is a FREE Catholic resource with lots of movies, books, audio, and more for the WHOLE family! It is paid for by the Church of St. Joseph. You can find it in “MyParishApp” or you can find a separate app for FORMED on your device. It can also be streamed for your computer.

10:30 AM Sunday Mass will be live-streamed via Facebook Live on our Parish Facebook Page.

Live Stream will start about 15 minutes prior to Mass for personal prayer and reflection.

Confessions Schedule through Easter:

Saturdays from 3pm—5pm

Wednesday, April 8th: 3pm—7pm

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me, AMEN.

Bishop Kagan has asked the faithful of the Diocese of Bismarck to pray the Memorare after every Mass, or daily if possible, during this particular time.



Ideas to do with your family and loved ones to keep growing in faith and love of Christ

Read the Scriptures

- We have updated our Lighthouse Kiosk in the church. We have study guides for all of the gospels and the Acts of the Apostles. Stop by the church and pick on up.
- Read the Daily Readings they can be found in the Word Among Us or at www.usccb.org. Also, you can access the Magificat for free at www.usmagnificat.net/free

Pray a Rosary

- There is a CD in our Lighthouse Kiosk to listen to the rosary.
- You can also find the rosary on the "MyParishApp"
- Search for "The Holy Rosary" on YouTube.
- You can find the prayers for the rosary here: <https://www.catholic.org/prayers/rosary.php>

Do an Examination of Conscience

- The "MyParishApp" has an examination of conscience you can do
- You can also find one on our website: <https://www.stjosephmandan.com/sacrament-of-reconciliation>
- For our children, you can find an examination here: teachingcatholickids.com/help-kids-prepare-for-confession-with-an-examination-of-conscience/

Research a saint

- Go to FORMED and watch a video on a saint
- Go to www.catholic.org/saints/ and find out about all the saints in the church

Pray the Divine Mercy Chaplet

- There is a CD in our Lighthouse Kiosk for you to listen to the Divine Mercy Chaplet
- Search for "Divine Mercy Chaplet" on YouTube.

Pray the Stations of the Cross with your family

- Listen to Fr. Waltz recite the Stations of the Cross from the parish here: <https://www.youtube.com/watch?v=dB-afK8kcM&t=183s>

Visit the Church & Light a Devotional Candle

- The Church will be open from 8:30am to 9pm Monday through Friday. All are welcome to come and pray

Other Great Ideas you can do as a family:

- Watch a video as a family on FORMED.org or other religious movie (A Case for Christ, God's Not Dead, etc.)
- Call a family member, neighbor, or friend and check on them
- Write a letter to a family member or friend and let them know how much they mean to you
- Research online about the Holy Triduum and talk about Holy Week
- Say an Our Father, Hail Mary, and Glory Be everyday
- Talk a walk and enjoy God's creation outdoors
- Say a prayer daily for our Pope, Bishop, and priests. Also pray for our local and national leaders
- Pray for the healing of those suffering from the COVID-19 virus and for the medical personnel who are helping them
- Continue to support the Church and local businesses as you are able
- Color religious pictures and hang them in your homes and on your windows.
- Pray the Meal Prayer before and after each meal
 - Before:** "Bless us, O Lord, for these thy gifts, which we are about to receive from Thy bounty, Through Christ, our Lord, Amen."
 - After:** "We give The Thanks, Almighty God, for all thy benefits, Who lives and reigns for ever and ever, Amen."
- Receive this extra time as a family as a blessing! Enjoy your time as a family!